

VII Trail Trilhos do Ceireiro

Mini Trail

POS	Bib	Name	Team	Gender	PosGe	Cat	PosC	Time	AVG
1	595	Diogo Pimenta	DCI / Trilhos Luso Bussaco	Male	1	MSenior	1	0:53:00	5'18"/km
2	545	Nuno Sousa	Silgueiros Runners	Male	2	MSenior	2	0:55:11	5'31"/km
3	579	Rodrigo Magalhães	CR Ferreira de Aves	Male	3	MSenior	3	0:57:23	5'44"/km
4	577	Luís Manuel Lírio Mor	C. R. Ferreira de Aves	Male	4	M40	1	0:58:15	5'49"/km
5	596	Jorge Pimenta	DCI / Trilhos Luso Bussaco	Male	5	MSenior	4	0:59:12	5'55"/km
6	580	Henrique José Gomes	Runners SERNANCELHE Terra d	Male	6	MSenior	5	1:03:31	6'21"/km
7	590	Victor Manuel Figueir	CR Ferreira de Aves	Male	7	M40	2	1:04:39	6'27"/km
8	589	Francisco André Fons	LAMEGO PELOS TRILHOS	Male	8	MSub23	1	1:06:32	6'39"/km
9	571	António Almeida	Runners SERNANCELHE Terra d	Male	9	M50	1	1:06:38	6'39"/km
10	566	Fernando Teixeira	Reset Gym	Male	10	M45	1	1:06:45	6'40"/km
11	573	Filipe Morais Monteir	C. R. Ferreira de Aves	Male	11	M40	3	1:07:02	6'42"/km
12	585	Filipe Fonseca	ADFA-Desportos de Natureza	Male	12	MSub23	2	1:08:01	6'48"/km
13	539	Pedro Rebelo	Trilhados - ACD Santiago	Male	13	M40	4	1:08:11	6'49"/km
14	533	Diogo Silva	GDR Granja - TRUTAS DO MAU	Male	14	MSenior	6	1:08:12	6'49"/km
15	578	Anabela Arrais Rodrig	C. R. Ferreira de Aves	Female	1	F40	1	1:08:17	6'49"/km
16	600	Tiago Miguel	Reset Gym	Male	15	MSenior	7	1:08:38	6'51"/km
17	593	Arsénio Fernandes	ARSM - ASSOCIAÇÃO RECREATI	Male	16	M65	1	1:08:50	6'53"/km
18	575	João Martins	Individual	Male	17	MSenior	8	1:09:40	6'58"/km
19	548	Eduardo Oliveira	Espigueiros Runners - Caparrosi	Male	18	M60	1	1:10:21	7'02"/km
20	503	Severino Costa	GDR Granja - TRUTAS DO MAU	Male	19	M65	2	1:10:26	7'02"/km
21	584	Tiago Nascimento	ADFA-Desportos de Natureza	Male	20	M40	5	1:11:32	7'09"/km
22	504	José Almeida (zito)	GDR Granja - TRUTAS DO MAU	Male	21	M65	3	1:11:35	7'09"/km
23	582	Ana Lages	Boavista Trail	Female	2	F45	1	1:11:40	7'10"/km
24	555	Tânia Sofia Sousa Alm	CLUBE DESPORTIVO DE LEOMIL	Female	3	FSenior	1	1:14:25	7'26"/km
25	543	Raquel Lopes Morgad	CLUBE DESPORTIVO DE LEOMIL	Female	4	FSub23	1	1:15:51	7'35"/km
26	524	Rodrigo Afonso	Reset Gym	Male	22	MSub23	3	1:15:59	7'35"/km
27	594	Lígia Coelho	ARSM - ASSOCIAÇÃO RECREATI	Female	5	F50	1	1:16:38	7'39"/km
28	608	Mauro Monteiro	Individual	Male	23	MSenior	9	1:17:00	7'42"/km
29	567	Isabel Machado	Reset Gym	Female	6	F40	2	1:18:14	7'49"/km
30	583	Diogo Marques De So	Reset Gym	Male	24	MSenior	10	1:18:39	7'51"/km
31	521	Sylvie Santos Pina	GDR Granja - TRUTAS DO MAU	Female	7	FSenior	2	1:19:05	7'54"/km
32	606	Antonio Andrade	Trilhados - ACD Santiago	Male	25	M60	2	1:19:22	7'56"/km
33	604	Guilherme Silva	ADVD ATELIER	Male	26	MSub23	4	1:20:12	8'01"/km
34	506	Acácio Fonseca	GDR Granja - TRUTAS DO MAU	Male	27	M65	4	1:20:47	8'04"/km
35	561	Diogo Filipe Teixeira	Individual	Male	28	MSenior	11	1:22:00	8'12"/km
36	586	Manuel Gadelho	Individual	Male	29	M55	1	1:22:22	8'14"/km
37	609	Antonio Pedro	Runners Do Demo	Male	30	M50	2	1:22:24	8'14"/km
38	542	Ana Bela Morgado	CLUBE DESPORTIVO DE LEOMIL	Female	8	F45	2	1:22:40	8'16"/km
39	518	Olga Sofia Chaves Roc	Reset Gym	Female	9	FSenior	3	1:23:55	8'23"/km
40	554	Martim Carvalho	Individual	Male	31	MSub23	5	1:25:54	8'35"/km
41	510	Marina Amaral Couto	Espigueiros Runners - Caparros	Female	10	FSenior	4	1:26:27	8'38"/km
42	587	Maria Bramco	Individual	Female	11	F60	1	1:26:33	8'39"/km
43	552	Helder Carvalho	Individual	Male	32	M50	3	1:29:23	8'56"/km
44	520	Maria Albina F. Almei	PERNAS INERTES - LENTOS DES	Female	12	F50	2	1:29:37	8'57"/km
45	603	Jose David Silva	ADVD ATELIER	Male	33	M45	2	1:29:57	8'59"/km
46	562	Fábio Martins	Espigueiros Runners - Caparrosi	Male	34	MSenior	12	1:30:31	9'03"/km
47	591	Bruno Silva	Gente da Nave	Male	35	M40	6	1:31:07	9'06"/km
48	537	Celso Ribeiro	Atletico Clube de Travanca	Male	36	M55	2	1:32:44	9'16"/km
49	551	Cristina Neto	Runners Do Demo	Female	13	FSenior	5	1:32:48	9'16"/km

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50	549 Ana Varanda	Individual	Female 14	FSenior 6	1:32:48	9'16"/km
51	576 Edgar Figueiredo	Individual	Male 37	M40 7	1:33:34	9'21"/km
52	574 Sara Martins	Individual	Female 15	FSenior 7	1:33:38	9'21"/km
53	568 Zamfir Ionut Iancu	Trilhados - ACD Santiago	Male 38	MSenior 13	1:34:12	9'25"/km
54	569 Tomás Augusto Rodríguez	Trilhados - ACD Santiago	Male 39	MSenior 14	1:34:15	9'25"/km
55	599 Marlene Martins	DCI / Trilhos Luso Bussaco	Female 16	FSenior 8	1:34:15	9'25"/km
56	522 Filipa Ribeiro	Esgalhada Trail Team	Female 17	FSenior 9	1:34:45	9'28"/km
57	523 Tatiana Varandas	Individual	Female 18	FSenior 10	1:34:47	9'28"/km
58	610 Graciete Salvador	Runners Do Demo	Female 19	F45 3	1:36:04	9'36"/km
59	507 José Coelho	BARRELAS BIKE	Male 40	M65 5	1:36:37	9'39"/km
60	505 Rui Pedro Carvalho Almeida	Individual	Male 41	MSenior 15	1:37:10	9'43"/km
61	511 Lurdes Moreira	Individual	Female 20	F45 4	1:37:37	9'45"/km
62	544 Manuel Carlos Pires	Individual	Male 42	M55 3	1:39:48	9'58"/km
63	570 André Gomes	Individual	Male 43	MSenior 16	1:41:46	10'10"/km
64	501 Rosa Isabel Ferreira D	VVTR VALONGO VOUGA TRAIL	Female 21	F45 5	1:42:58	10'17"/km
65	602 Maria Dulce Marques	CATR	Female 22	F50 3	1:42:59	10'17"/km
66	532 Raul Carvalho	Individual	Male 44	M65 6	1:43:06	10'18"/km
67	530 José Aires	PERNAS INERTES - LENTOS DESI	Male 45	M65 7	1:43:08	10'18"/km
68	601 Abel Joaquim Gomes	Individual	Male 46	MSenior 17	1:44:22	10'26"/km
69	500 Maria Luísa Ferreira D	VVTR VALONGO VOUGA TRAIL	Female 23	F45 6	1:44:37	10'27"/km
70	563 Conceição Melo	Reset Gym	Female 24	F65 1	1:45:59	10'35"/km
71	534 Carlos Santos	Trilhados - ACD Santiago	Male 47	M60 3	1:46:26	10'38"/km
72	592 Joanafsilva	Runners Do Demo	Female 25	FSenior 11	1:46:52	10'41"/km
73	519 Nuno Lopes	Espigueiros Runners - Caparrosi	Male 48	MSenior 18	1:46:57	10'41"/km
74	528 Maria Nascimento	Individual	Female 26	F65 2	1:48:39	10'51"/km
75	527 Jose Nascimento	Individual	Male 49	M65 8	1:48:39	10'51"/km
76	607 Ines Fonseca Cruz	Individual	Female 27	FSub23 2	1:48:49	10'52"/km
77	540 José Carlos Reis Ferreira	Reset Gym	Male 50	M55 4	1:51:44	11'10"/km
78	535 Fernando Matias	Trilhados - ACD Santiago	Male 51	M40 8	1:51:44	11'10"/km
79	541 Vanessa Moreira Ferraz	Reset Gym	Female 28	FSenior 12	1:51:45	11'10"/km
80	553 Ivone Carvalho	Individual	Female 29	F45 7	1:51:55	11'11"/km
81	509 Liliana Santos	Individual	Female 30	F40 3	1:52:04	11'12"/km
82	547 Manuel Rocha	Individual	Male 52	M50 4	1:54:51	11'29"/km
83	536 Vera Ferreira	Viseu 360	Female 31	F40 4	1:55:09	11'30"/km
84	565 António Monteiro	Reset Gym	Male 53	M60 4	1:56:48	11'40"/km
85	564 Alzira Monteiro	Reset Gym	Female 32	F60 2	1:56:49	11'40"/km
86	598 Maria Da Luz Pimenta	DCI / Trilhos Luso Bussaco	Female 33	F65 3	1:56:53	11'41"/km
87	502 Ana Miguel Silva Marçal	VVTR VALONGO VOUGA TRAIL	Female 34	FSenior 13	1:58:19	11'49"/km
88	581 Tânia Patrícia Matias	Trilhados - ACD Santiago	Female 35	FSenior 14	2:01:14	12'07"/km
89	550 Clara Malta	Individual	Female 36	FSenior 15	2:01:17	12'07"/km
90	531 António Albuquerque	Trilhados - ACD Santiago	Male 54	M40 9	2:01:23	12'08"/km
91	538 Carlos Albuquerque	Trilhados - ACD Santiago	Male 55	M40 10	2:06:17	12'37"/km
92	529 Maria José Matos	Trilhados - ACD Santiago	Female 37	F55 1	2:09:09	12'54"/km
93	558 Ângela Alves	Individual	Female 38	F50 4	2:29:49	14'58"/km
94	559 Claudio Alves	Individual	Male 56	M45 3	2:29:50	14'59"/km
95	556 Mário Vieira	Individual	Male 57	M45 4	2:29:51	14'59"/km
96	605 Graciete Andrade	Trilhados - ACD Santiago	Male 58	M50 5	2:31:38	15'09"/km
97	514 Susana André	Individual	Female 39	F40 5	2:34:28	15'26"/km
98	515 Sílvia Sequeira	ACCM BTTeam	Female 40	F40 6	2:34:35	15'27"/km
99	597 António Pimenta	DCI / Trilhos Luso Bussaco	Male 59	M65 9	2:43:27	16'20"/km