



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	9	Nelson Santos	Runners do demo	Male	1	M40	1	02:14:43	5'36"/km
2	31	Jorge Filipe Loureiro Duarte	Runners do demo	Male	2	M40	2	02:27:05	6'07"/km
4	45	Daniel Marques	Fox Running Team	Male	4	MSenior	1	02:41:01	6'42"/km
5	41	Daniel Lopes	ASDREQ	Male	5	MSenior	2	02:44:01	6'50"/km
6	44	José Costa	Runners do demo	Male	6	M50	1	02:46:13	6'55"/km
7	18	Fábio Marques	PDARUNNERS	Male	7	MSenior	3	02:53:08	7'12"/km
8	38	Ricardo Rodrigues	ASDREQ	Male	8	M40	4	02:53:14	7'13"/km
9	22	Rodrigo Silva Cabral	GDCR LAJES	Male	9	MS23	1	02:57:25	7'23"/km
10	32	Fábio Rebelo	Runners do Monte	Male	10	MSenior	4	02:58:05	7'25"/km
11	37	João Carlos Simões Marques	Individual	Male	11	M50	2	03:01:34	7'33"/km
12	23	José Cruz	Trail team Vila de Mouros	Male	12	M50	3	03:02:35	7'36"/km
13	43	Diogo Correia	GDCR LAJES	Male	13	MSenior	5	03:05:41	7'44"/km
14	30	Igor Amaral	PDARUNNERS	Male	14	MSenior	6	03:06:23	7'45"/km
15	35	Marco Marques	ASDREQ	Male	15	M40	5	03:06:44	7'46"/km
16	26	Vitor Pereira	DCI/Trilhos Luso Bussaco	Male	16	M40	6	03:10:43	7'56"/km
17	19	Jorge Emanuel Costa Coelho	ASDREQ	Male	17	M40	7	03:16:25	8'11"/km
18	27	Nuno Jorge Pais Martins Rodrigues	Tartarugas runners	Male	18	MSenior	7	03:17:11	8'12"/km
19	40	José Moura Cardoso José Moura Cardoso	Individual	Male	19	MSenior	8	03:18:41	8'16"/km
20	29	Paulo Sergio Palmeirão Loureiro	AGGVOUZELA	Male	20	MSenior	9	03:18:41	8'16"/km
21	10	Fernando Jose Nunes Dos Santos	Motoclube de Mangualde Runners	Male	21	M60	1	03:20:35	8'21"/km
22	33	Rui Ferreira	Viseu 360	Male	22	M40	8	03:22:46	8'26"/km
23	36	Filipe Ribeiro	Runners do demo	Male	23	MSenior	10	03:23:35	8'28"/km
24	15	Marco	Rodadianteira	Male	24	M40	9	03:28:31	8'41"/km
25	34	Gonçalo Alves	Sena Clube	Male	25	MSenior	11	03:29:13	8'43"/km
26	6	Pedro Neves	42run	Male	26	MSenior	12	03:31:09	8'47"/km
27	47	Nádia Jesus	Individual	Female	1	FSenior	1	03:33:19	8'53"/km
28	13	Sônia Fernandes	MIRO Trail	Female	2	F40	1	03:43:44	9'19"/km
29	12	Ricardo Ferreira Pinheiro	Individual	Male	27	MSenior	13	03:44:35	9'21"/km
30	14	José Antunes	Running4Fun Team Viseu	Male	28	M50	4	03:45:07	9'22"/km
31	5	Tiago Neves	42run	Male	29	MSenior	14	03:45:14	9'23"/km
32	2	Sónia Reis	Runners do Monte	Female	3	F40	2	03:46:43	9'26"/km
33	48	Sérgio Simões	Fresenius Kabi RUNNERS	Male	30	M40	10	03:54:03	9'45"/km
34	25	Gabriel Clara	Sena Clube	Male	31	M40	11	03:55:11	9'47"/km
35	42	Inês Amaral	tombaminis Trail Longo team	Female	4	F50	1	03:56:00	9'50"/km
36	4	Pedro Caretas	42run	Male	32	M40	12	04:33:11	11'22"/km
37	46	Sara Felicio	Individual	Female	5	FSenior	2	04:52:42	12'11"/km
38	52	Adelaide Coutinho	Individual	Female	6	FSenior	3	04:52:42	12'11"/km
39	3	Carlos Manuel Almeida Cunha Rodrigues	Individual	Male	33	M40	13	05:07:28	12'48"/km
40	1	João Luís Almeida Cunha Rodrigues	Tartarugas runners	Male	34	M40	14	05:07:29	12'48"/km
	39	Sérgio Mesquita	C.D.C. Nave / Trail Runners	Male		M40		02:33:33	6'23"/km