



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	2	Nuno Paiva	DAP Trail TEAM	Male	1	M35	1	06:08:54	7'22"/km
2	3048	Daniel Santos	ADACS	Male	2	M45	1	06:34:59	7'53"/km
3	3061	Luís Mendes	Monsanto Running Team	Male	3	M35	2	06:45:05	8'06"/km
4	3025	Diogo Simões	Vilaventura Trail	Male	4	M35	3	06:51:41	8'14"/km
5	3050	Amaro Teixeira	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	5	M35	4	06:53:46	8'16"/km
6	3052	Vitor Miguel Patricio	AD Manteigas Trail Team	Male	6	M45	2	07:01:35	8'25"/km
7	3057	Pedro Silva	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	7	M35	5	07:17:32	8'45"/km
8	3033	Paulo Delgado	Grupo Desportivo da Mata	Male	8	M45	3	07:39:52	9'11"/km
9	3049	Raul Jesus	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	9	MSenior	1	07:50:05	9'24"/km
10	3045	Andrew Douglas	Grifo Trail	Male	10	M40	1	07:50:12	9'24"/km
11	3027	Carlos Parente	Os Trinca Espinhas	Male	11	M50	1	08:00:03	9'36"/km
12	3034	Francisco Ramos	CLUBE TAP PORTUGAL	Male	12	M45	4	08:05:34	9'42"/km
13	3047	Helder Neves	AD Manteigas Trail Team	Male	13	M35	6	08:08:59	9'46"/km
14	3011	Filipe André Da Luz Rito	Individual	Male	14	M35	7	08:16:22	9'55"/km
15	3056	Guilherme David	Individual	Male	15	M60	1	08:16:26	9'55"/km
16	3063	Glória Vieira	Trilhos do Costume	Female	1	F45	1	08:24:15	10'05"/km
17	3043	Rui Leal	Trail do Texugo	Male	16	M40	2	08:32:56	10'15"/km
18	3040	Luís Amaral	Sport Arronches e Benfica	Male	17	MSenior	2	08:42:52	10'27"/km
19	3018	Glória Serrazina	CRP RIBAFRIA	Female	2	F65	1	08:50:31	10'36"/km
20	3037	Maria Da Conceição Dias Alves	Individual	Female	3	F60	1	09:02:35	10'51"/km
21	3054	Cláudio Santarém	AD Manteigas Trail Team	Male	18	M35	8	09:04:52	10'53"/km
22	3055	Hélio Costa	AD Manteigas Trail Team	Male	19	M45	5	09:04:53	10'53"/km
23	3053	Maria Marques	AD Manteigas Trail Team	Female	4	F55	1	09:07:10	10'56"/km
24	3030	António Pedro Moreira	Linces de Noudar - BARRANCOS	Male	20	M45	6	09:40:49	11'37"/km
25	3036	César Bermúdez	CLUBE TAP PORTUGAL	Male	21	M45	7	09:40:51	11'37"/km
26	3016	Jose Roberto Sanchez Moro	IBERICOS SIMON MARTIN	Male	22	M50	2	09:55:52	11'55"/km
27	3017	Raquel Villaron Garcia	IBERICOS SIMON MARTIN	Female	5	F45	2	09:55:53	11'55"/km
28	3001	Luís Ferreira	Coimbra Trail Running	Male	23	M45	8	09:57:34	11'57"/km
29	3029	Paula Cristina Cordeiro	Os Trinca Espinhas	Female	6	F50	1	09:58:04	11'57"/km
30	3062	Francisco Figueiredo	GRVilaverdense	Male	24	M50	3	09:59:01	11'58"/km
31	3005	Ilídio Moreira	Campo Maior Trail Runners	Male	25	MSenior	3	09:59:33	11'59"/km
32	3035	Dina Ferreira	CLUBE TAP PORTUGAL	Female	7	F45	3	10:02:52	12'03"/km
33	3064	David Faustino	SS CGD	Male	26	M55	1	10:05:03	12'06"/km
34	3014	Pedro Ramos	Trilhos do Costume	Male	27	M55	2	10:13:55	12'16"/km
35	3046	Claudia Rocha	Clube de Montanha do Funchal	Female	8	F35	1	10:15:53	12'19"/km
36	3012	João Filipe Afonso Gameiro	Individual	Male	28	M35	9	10:21:03	12'25"/km
37	3060	Lara Fernandes	Linces do Marão	Female	9	FS23	1	10:41:42	12'50"/km
38	3059	João Gil	Linces do Marão	Male	29	M65	1	10:41:42	12'50"/km
39	3065	Juliana Pinheiral	Associação Desportiva de Esposende- ADE Trail Runing	Female	10	F35	2	10:44:01	12'52"/km
40	3051	Mónica Napita	Os Trinca Espinhas	Female	11	F40	1	10:44:03	12'52"/km
41	3042	Glória Brás	Associação Desportiva de Esposende- ADE Trail Runing	Female	12	F50	2	10:44:03	12'52"/km
42	3066	David Silva	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	30	MSenior	4	11:00:09	13'12"/km
43	3007	Bruno Esteves	CORRER POR CASTELO BRANCO	Male	31	M40	3	11:22:35	13'39"/km
44	3058	Ana Catarina Ferreira Da Costa	Clube Montanhismo da Guarda	Female	13	F35	3	11:50:01	14'12"/km
45	3004	Paulo Arguelles	Sport Arronches e Benfica	Male	32	M45	9	11:50:55	14'13"/km