

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	26	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	Male	1	MSenior	1	01:42:28	4'16"/km
2	103	Pedro Bastos	PNB	Male	2	M40	1	01:49:19	4'33"/km
3	40	Hugo Ferreira	G.D.A Ronda	Male	3	MSenior	2	01:51:46	4'39"/km
4	56	Manuel Silva	Pés doridos	Male	4	M40	2	01:52:12	4'40"/km
5	10	Luís Azevedo	Sport Clube Paradela	Male	5	M40	3	01:53:48	4'44"/km
6	98	João Pedro Rato Margarido	CLTT - Clinica Litoralis Trail Team	Male	6	M40	4	01:54:19	4'45"/km
7	24	Jorge Albuquerque	Adoes Trail	Male	7	MSenior	3	01:55:41	4'49"/km
8	105	Andre	G.D.A Ronda	Male	8	MSenior	4	02:01:54	5'04"/km
9	15	João Ferreira	Adões Trail	Male	9	MSenior	5	02:03:02	5'07"/km
10	19	Carlos Silva	Clube Trilheiros & Amigos	Male	10	M50	1	02:03:20	5'08"/km
11	82	Manuel Bastos	G.D.A Ronda	Male	11	M50	2	02:03:38	5'09"/km
12	67	João Rodrigues	Sport Clube Paradela	Male	12	MSenior	6	02:04:39	5'11"/km
13	90	Antonio Fernandes	Amigos do Trail OAZ	Male	13	M40	5	02:05:34	5'13"/km
14	115	Jose Cruz	Individual	Male	14	M40	6	02:06:09	5'15"/km
15	17	Helder Valente	Amigos do Trail OAZ	Male	15	M40	7	02:06:35	5'16"/km
16	35	Pedro Alves	Individual	Male	16	M40	8	02:06:47	5'16"/km
17	50	Bruno Paquete	Sport Clube Paradela	Male	17	M40	9	02:08:34	5'21"/km
18	112	Simão Martins	KENYA TEAM	Male	18	MSenior	7	02:10:13	5'25"/km
19	114	Dorsal Sin Datos	Individual	Mixed	1	Sem Dados	1	02:10:27	5'26"/km
20	51	Eduardo Garcia	Atletismo Clube da Tocha	Male	19	M40	10	02:10:47	5'26"/km
21	14	José Canha	DCI / Trilhos Luso Bussaco	Male	20	M60	1	02:11:04	5'27"/km
22	87	Tiago Gregório	DAR RECARDÃES	Male	21	M40	11	02:11:36	5'29"/km
23	116	Filipe Fonseca	Individual	Male	22	M40	12	02:11:56	5'29"/km
24	31	Alcides Relvas	Bravos e Bravitas	Male	23	M60	2	02:12:57	5'32"/km
25	85	Manuel António Roseiro Ferreira	ADABEM Running team	Male	24	M50	3	02:15:53	5'39"/km
26	77	Helder Mota	Run For Fun Laranjinhas	Male	25	M40	13	02:15:55	5'39"/km
27	30	Ana Antunes	Associação "Os Vouzelenses"	Female	1	FSenior	1	02:17:31	5'43"/km
28	13	Marisa João	Clube Atletismo de Ovar	Female	2	F40	1	02:19:40	5'49"/km
29	117	Toni Bri	Run For Fun Laranjinhas	Male	26	M50	4	02:20:35	5'51"/km
30	11	Lucia Marques	DCI / Trilhos Luso Bussaco	Female	3	F40	2	02:20:47	5'51"/km
31	78	Fátima Maria Soares Pinho	AFISOVAR	Female	4	FSenior	2	02:20:53	5'52"/km
32	57	António Silva	Pés doridos	Male	27	M60	3	02:22:00	5'55"/km
33	25	Tiago Ferreira	Serra D'Aire Trail Team	Male	28	MSenior	8	02:22:39	5'56"/km
34	72	Albino Amaro	Trilhos da Baga / K Run Team	Male	29	M40	14	02:23:24	5'58"/km
35	84	António David Cerveira Mateus	Individual	Male	30	M50	5	02:23:52	5'59"/km
36	33	Adão Antunes	G.D.CAMPIA	Male	31	M40	15	02:24:36	6'01"/km
37	104	Jorge Pereira	SEGIMPRIMA RUNNING TEAM	Male	32	MSenior	9	02:24:38	6'01"/km
38	109	João Saraiva	Clube desportivo de vila franca	Male	33	M40	16	02:25:41	6'04"/km
39	37	Bruno Parente	Os 4	Male	34	M40	17	02:25:45	6'04"/km
40	12	Júlia Santos	DCI / Trilhos Luso Bussaco	Female	5	F50	1	02:26:05	6'05"/km
41	43	Marco Balsinha	Individual	Male	35	M40	18	02:26:44	6'06"/km
42	9	Manuel Machado	GRUPO DESPORTIVO ASSEMPARK-AVEIRO	Male	36	M60	4	02:26:56	6'07"/km
43	1	João Rodrigues	Individual	Male	37	M50	6	02:27:04	6'07"/km
44	111	Cátia Simões Ferreira	JuveRunTeam	Female	6	FSenior	3	02:27:12	6'08"/km
45	102	Catarina Marques	ASSSCC - Ar Livre e Aventura	Female	7	F40	3	02:27:33	6'08"/km
46	83	Ana Melo	Saca Trilhos Anadia	Female	8	F40	4	02:28:46	6'11"/km
47	80	José Ricardo Rocha Figueiras	BEIRA-MAR RUNNERS	Male	38	M40	19	02:29:35	6'13"/km
48	69	Paula Cruz	AFISOVAR	Female	9	FSenior	4	02:31:31	6'18"/km
49	70	Luis Pereira	Passo a Passo	Male	39	M50	7	02:31:33	6'18"/km
50	18	Filomena Maria Da Costa Marques	BOTÃO CAMP	Female	10	F40	5	02:35:06	6'27"/km
51	16	Filipe Soto	BOTÃO CAMP	Male	40	M40	20	02:35:07	6'27"/km
52	97	Joana Dionísio	Soure Mov	Female	11	F40	6	02:35:33	6'28"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
53	55	Cristiano José Da Silva Godinho	Trilhos da Baga / K Run Team	Male	41	MSenior	10	02:35:34	6'28"/km
54	95	Emidio Marques	Individual	Male	42	M40	21	02:36:05	6'30"/km
55	61	José Francisco Valadão	Domus Trail	Male	43	M50	8	02:37:36	6'34"/km
56	42	Daniel Gonçalves Da Silva	Individual	Male	44	MSenior	11	02:37:38	6'34"/km
57	60	Pedro Correia	SosenseTrailTeam-Braga&Fernandes/Corind	Male	45	M40	22	02:38:10	6'35"/km
58	29	Sandra Silva	Bravos e Bravitas	Female	12	F40	7	02:38:50	6'37"/km
59	28	João Gomes	Bravos e Bravitas	Male	46	M50	9	02:38:53	6'37"/km
60	71	Sérgio Almeida	Bravos e Bravitas	Male	47	M50	10	02:38:56	6'37"/km
61	48	Nuno Teixeira	Caminhadas da Amizade	Male	48	M40	23	02:39:59	6'39"/km
62	64	Renato Esteves	MIRO TRAIL	Male	49	MS23	1	02:40:38	6'41"/km
63	108	António Fernandes	Individual	Male	50	M50	11	02:42:58	6'47"/km
64	79	Jorge Martins	Individual	Male	51	M40	24	02:45:48	6'54"/km
65	73	Álvaro Barbosa	Individual	Male	52	M40	25	02:45:48	6'54"/km
66	110	André Maurício De Sá Barbosa	Individual	Male	53	M40	26	02:46:51	6'57"/km
67	89	Vera Pessoa	Individual	Female	13	FSenior	5	02:46:51	6'57"/km
68	62	Carlos Monteiro	Individual	Male	54	MSenior	12	02:47:38	6'59"/km
69	2	Márcio Ferreira	OiaRunners	Male	55	M40	27	02:48:27	7'01"/km
70	75	Bruno Silveira	HUTRUNNERS AVEIRO	Male	56	M40	28	02:48:33	7'01"/km
71	36	Luís Carvalheiro	Os 4	Male	57	M40	29	02:48:56	7'02"/km
72	92	Miguel Santos	CDC S. Martinho da Gândara	Male	58	M40	30	02:48:57	7'02"/km
73	68	Carlos Santos	Passo a Passo	Male	59	M50	12	02:52:09	7'10"/km
74	63	Jonathan Bravo	Individual	Male	60	M50	13	02:53:59	7'14"/km
75	44	Elder Neves	Individual	Male	61	M40	31	02:54:44	7'16"/km
76	52	José Neves	TrepaTrilhos Trail team	Male	62	M50	14	03:00:40	7'31"/km
77	49	João Meireles	PERELHAL A CORRER	Male	63	MSenior	13	03:01:26	7'33"/km
78	107	Pedro Couto	HUTRUNNERS AVEIRO	Male	64	MSenior	14	03:01:33	7'33"/km
79	101	João Pedro Oliveira Silva	HUTRUNNERS AVEIRO	Male	65	M50	15	03:01:35	7'33"/km
80	106	João Pedro Duarte Lopes	Sport Clube Paradela	Male	66	M40	32	03:02:02	7'35"/km
81	96	Joel Baptista	Soure Mov	Male	67	M40	33	03:02:54	7'37"/km
82	8	Carlos Ortet	GRUPO DESPORTIVO ASSEMPARK-AVEIRO	Male	68	M50	16	03:07:40	7'49"/km
83	74	Guedes Alfredo	Inter da Mata	Male	69	M50	17	03:09:38	7'54"/km
84	58	Maria De Fátima De Jesus Malta	Miro Trail	Female	14	F50	2	03:09:54	7'54"/km
85	53	Lilibeth Santos	TrepaTrilhos Trail Team	Female	15	F40	8	03:11:42	7'59"/km
86	59	Marta Rodrigues	Trilhos da Baga / K Run Team	Female	16	F40	9	03:12:14	8'00"/km
87	91	Alexandre Oliveira	Domus Trail	Male	70	MSenior	15	03:12:16	8'00"/km
88	45	Armando Meireles	Gang do Copo	Male	71	M50	18	03:12:34	8'01"/km
89	22	João Teixeira	Marta & João	Male	72	M40	34	03:19:31	8'18"/km
90	23	Marta Mateus	Marta & João	Female	17	F40	10	03:19:32	8'18"/km
91	47	Nuno Pires	Clube de Orientação de Estarreja	Male	73	M50	19	03:22:50	8'27"/km
92	113	Dorsal Sin Datos	Individual	Mixed	2	Sem Dados	2	03:25:31	8'33"/km
93	94	Artur Salvador	Individual	Male	74	M50	20	03:31:38	8'49"/km
94	5	José Rodrigues Costa	Individual	Male	75	M50	21	03:31:44	8'49"/km