

IV Trail e Caminhada Rota da Maçã de Montanha

Trail

19/10/2024



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	39	Marco Correia	Futebol Clube Vizela	Male	1	M40	1	01:23:06	4'37"/km
2	27	Luís Carlos Morgado	Individual	Male	2	M40	2	01:27:51	4'52"/km
3	15	André Joaquim Barbosa Oliveira	AFIPRE TEAM	Male	3	M40	3	01:32:54	5'09"/km
4	38	Bruno	Individual	Male	4	MSenior	1	01:35:23	5'17"/km
5	33	Davide	DURIUS - ATLÉTICO CLUBE PESQUEIRA	Male	5	MSenior	2	01:36:29	5'21"/km
6	26	João Pedro Sá Borges	AFIPRE TEAM	Male	6	MS23	1	01:38:07	5'27"/km
7	18	Nelson Leandro Dos Santos Martins Pinto	F.C Vizela	Male	7	M40	4	01:38:55	5'29"/km
8	2	Filipe Pereira	Clube de Canoagem de Ovar	Male	8	M40	5	01:39:57	5'33"/km
9	4	Manuel Gomes	LAMEGO PELOS TRILHOS	Male	9	M50	1	01:40:11	5'33"/km
10	11	Bruno Costa	HsantamariaRT	Male	10	M40	6	01:41:40	5'38"/km
11	7	Nelson Videira	Ara alfandeguense	Male	11	M40	7	01:42:08	5'40"/km
12	16	Vítor Alexandre Marques Mota	AFIPRE TEAM	Male	12	M50	2	01:46:35	5'55"/km
13	20	Mauro Santos	Atletismo de Miranda do Douro C.D.M.D.	Male	13	MSenior	3	01:46:40	5'55"/km
14	12	Alcino Mendonça	DouroExcellence Runners	Male	14	M40	8	01:48:07	6'00"/km
15	9	Sergio Lopes	Lamaecus D'Ouro	Male	15	M40	9	01:49:21	6'04"/km
16	13	Sérgio Cunha	Linces do Marão	Male	16	M40	10	01:49:42	6'05"/km
17	32	Daniel Machado	Fc Vizela	Male	17	MSenior	4	01:50:26	6'08"/km
18	25	Hélio José Esteves Simões	AFIPRE TEAM	Male	18	M40	11	01:50:45	6'09"/km
19	34	Valentim Henriques	ADA Amarante	Male	19	M50	3	01:51:16	6'10"/km
20	6	Fábio André Soares Da Silva	AFIPRE TEAM	Male	20	MSenior	5	01:53:09	6'17"/km
21	37	Daniela Falcão	CLUBE DESPORTIVO DE LEOMIL	Female	1	FSenior	1	01:54:42	6'22"/km
22	3	Pedro Emanuel Monteiro Gomes Vicente	LAMEGO PELOS TRILHOS	Male	21	MSenior	6	01:55:15	6'24"/km
23	19	Carlos Lopes	Individual	Male	22	M50	4	01:55:57	6'26"/km
24	23	Francisco Cardoso	TRILHEIROS DE SANTA MARTA DE PENAGUIÃO	Male	23	M40	12	01:56:01	6'26"/km
25	14	Sandra De Sousa Costa	AFIPRE TEAM	Female	2	FSenior	2	01:57:28	6'31"/km
26	24	Hélder Pereira Borges	AFIPRE TEAM	Male	24	M40	13	01:57:29	6'31"/km
27	30	Ana Sofia Lopes Jubilado Correia	CLUBE DESPORTIVO DE LEOMIL	Female	3	F40	1	01:58:03	6'33"/km
28	8	Nuno Amaral	Individual	Male	25	M50	5	02:02:17	6'47"/km
29	31	Raul Machado	Fc Vizela	Male	26	M40	14	02:07:37	7'05"/km
30	29	José Luís Gomes Pinto Correia	CLUBE DESPORTIVO DE LEOMIL	Male	27	M40	15	02:12:38	7'22"/km
31	1	Belmira. Ribeiro	Individual	Female	4	F50	1	02:15:51	7'32"/km
32	5	Eduardo Ferreira	LAMEGO PELOS TRILHOS	Male	28	MSenior	7	02:16:11	7'33"/km
33	28	Jorge Nogueira	TRILHEIROS DE SANTA MARTA DE PENAGUIÃO	Male	29	MSenior	8	02:17:50	7'39"/km
34	17	Paula Alexandra Cunha Azevedo	AFIPRE TEAM	Female	5	F40	2	02:24:58	8'03"/km
35	35	Pedro Silva	CLUBE DESPORTIVO DE LEOMIL	Male	30	M40	16	02:25:11	8'03"/km
36	10	Nelson Nogueira	Individual	Male	31	M50	6	02:25:23	8'04"/km
37	563	Aurora Silva	AFIPRE TEAM	Female	6	F50	2	02:33:59	8'33"/km
38	21	Samy Costa	AFIPRE TEAM	Female	7	F50	3	02:34:00	8'33"/km