



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	541	Rafael Matias	Clube Desportivo de Espite	Male	1	MSenior	1	01:42:24	5'41"/km
2	512	Sergio Junqueira	CPR A-DO-BARBAS	Male	2	M40	1	01:44:17	5'47"/km
3	555	Flavio Boto	Individual	Male	3	MSenior	2	01:44:21	5'47"/km
4	505	Gonçalo Fernandes	Agroal Trail Team	Male	4	M40	2	01:44:33	5'48"/km
5	578	Bruno Mordomo	Clube Desportivo de Espite	Male	5	M40	3	01:45:49	5'52"/km
6	553	Luís Fernandes	CUMIBROA RUNNING TEAM	Male	6	M40	4	01:55:31	6'25"/km
7	575	Pedro Manuel Lopes Quelhas	Trail da Amizade Runners	Male	7	M40	5	01:58:06	6'33"/km
8	513	Célia Amaro	Serra D'Aire Trail Team	Female	1	FSenior	1	01:58:12	6'34"/km
9	579	André Filipe Dionísio Franco	Individual	Male	8	M40	6	01:59:25	6'38"/km
10	588	Bruno Valente	Trail da Amizade Runners	Male	9	MS23	1	02:00:03	6'40"/km
11	595	João Pedro	Individual	Male	10	M40	7	02:00:24	6'41"/km
12	590	Sofia Vieira	Clube Desportivo de Espite	Female	2	F40	1	02:00:30	6'41"/km
13	562	Joel Costa	Individual	Male	11	M40	8	02:00:52	6'42"/km
14	580	Luis Filipe Silva Rodrigues	SCPOMBAL/TRAIL TEAM	Male	12	M40	9	02:02:43	6'49"/km
15	599	Afonso	Trail da Ladeia Running Team	Male	13	MS23	2	02:02:47	6'49"/km
16	506	Bruno Antunes	Vilaventura Trail	Male	14	MSenior	3	02:02:52	6'49"/km
17	545	Alexandre Marcelo	Ansibikers	Male	15	M40	10	02:03:54	6'53"/km
18	531	Rúben Vieira	Vilaventura Trail	Male	16	MS23	3	02:04:30	6'55"/km
19	597	Eduardo Ferreira	Atletismo Clube da Tocha	Male	17	M40	11	02:05:15	6'57"/km
20	508	Hugo Alexandre Costa Marques	Individual	Male	18	MSenior	4	02:06:21	7'01"/km
21	20	João Sacramento	SCPOMBAL/TRAIL TEAM	Male	19	MSenior	5	02:06:23	7'01"/km
22	557	Gabriel Gonçalves	Trail da Amizade Runners	Male	20	MS23	4	02:06:35	7'01"/km
23	586	Norberto Rosa	Malamens	Male	21	M40	12	02:10:18	7'14"/km
24	524	André Coimbra Rodrigues	Individual	Male	22	MSenior	6	02:10:38	7'15"/km
25	523	Dinis Da Conceição Santos	NCA Águias	Male	23	M50	1	02:11:18	7'17"/km
26	546	Hernâni Gonçalves Ferreira	Vilaventura Trail	Male	24	MSenior	7	02:13:19	7'24"/km
27	544	Filipe Rodrigues	Almoester Mais Ativa	Male	25	M40	13	02:13:56	7'26"/km
28	593	Carlos Capitão	Vilaventura Trail	Male	26	MS23	5	02:15:43	7'32"/km
29	537	Carlos Duarte	100 Gás Trail Team	Male	27	M50	2	02:18:03	7'40"/km
30	525	José Dias	100 Gás Trail Team	Male	28	M50	3	02:18:47	7'42"/km
31	582	Eurico Mendes	Lentidão Furiosa Freixianda	Male	29	M40	14	02:19:04	7'43"/km
32	548	Filipe Antonio	Trail da Ladeia Running Team	Male	30	M50	4	02:19:27	7'44"/km
33	535	Carlos Jorge Da Silva Matias	Trail da Ladeia Running Team	Male	31	M40	15	02:21:27	7'51"/km
34	587	Rui Neves	Wolf Team	Male	32	M40	16	02:22:41	7'55"/km
35	510	Jorge Henriques	Lourival Bike Team	Male	33	MSenior	8	02:25:08	8'03"/km
36	1089	Filipe Carvalheiro	g.a.u.bajouca	Male	34	M60	1	02:25:12	8'04"/km
37	592	Joel Batista	Trail da Amizade Runners	Male	35	MSenior	9	02:25:23	8'04"/km
38	584	Pedro Coelho	Individual	Male	36	MSenior	10	02:25:25	8'04"/km
39	504	Jorge Santos	Avelar Sunset Trail	Male	37	M60	2	02:25:34	8'05"/km
40	585	Manuel Gaspar	Malamens	Male	38	M50	5	02:25:40	8'05"/km
41	1085	Gina Maria Estrela Domingues	SCPOMBAL/TRAIL TEAM	Female	3	F40	2	02:27:26	8'11"/km
42	565	Helio Pereira Francisco	SerranosRun Team	Male	39	M40	17	02:29:25	8'18"/km
43	517	João Monteiro	Individual	Male	40	MSenior	11	02:29:31	8'18"/km
44	543	Marco Lopes	Individual	Male	41	MSenior	12	02:29:32	8'18"/km
45	507	Tomé Lopes	100 Gás Trail Team	Male	42	MSenior	13	02:29:41	8'18"/km
46	602	Fernando Medeiros	Avelar Sunset Trail	Male	43	M50	6	02:29:57	8'19"/km
47	572	Mickael Freire	Individual	Male	44	MSenior	14	02:30:06	8'20"/km
48	536	Miguel Mourão	Individual	Male	45	MSenior	15	02:31:12	8'24"/km
49	560	Pedro Natário	100 Gás Trail Team	Male	46	M40	18	02:31:50	8'26"/km
50	515	José Martins	Trail da Ladeia Running Team	Male	47	M40	19	02:32:16	8'27"/km
51	577	Dina Teresa Oliveira Martins	Serra D'Aire Trail Team	Female	4	F40	3	02:32:37	8'28"/km
52	594	Marcos Afonso	CUMIBROA RUNNING TEAM	Male	48	MSenior	16	02:36:30	8'41"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
53	509	Marília Teixeira	Agroal Trail Team	Female	5	F40	4	02:36:59	8'43"/km
54	521	Sónia Belém	Trail da Amizade Runners	Female	6	F40	5	02:38:21	8'47"/km
55	566	João Dinis Graça Fernandes	Bora lá Vizinho	Male	49	M40	20	02:39:24	8'51"/km
56	563	Luís Gadanha	Trail da Amizade Runners	Male	50	M40	21	02:40:28	8'54"/km
57	559	Fábio Gomes	Trail da Amizade Runners	Male	51	MSenior	17	02:41:18	8'57"/km
58	571	Francisco Ribeiro Gomes	Trail da Amizade Runners	Male	52	MS23	6	02:41:18	8'57"/km
59	516	Silvina Baptista	Trail da Ladeia Running Team	Female	7	F50	1	02:42:27	9'01"/km
60	534	David Marques	Individual	Male	53	MSenior	18	02:52:17	9'34"/km
61	514	Ana Marques	Academia de Desportos de Condeixa	Female	8	F40	6	02:52:17	9'34"/km
62	603	Antonio Neves	Individual	Male	54	M40	22	02:53:11	9'37"/km
63	596	André Gonçalves	Individual	Male	55	MSenior	19	02:53:29	9'38"/km
64	583	David Silva	Individual	Male	56	M40	23	02:55:05	9'43"/km
65	522	Cláudia De Sá	Trail da Amizade Runners	Female	9	F40	7	02:55:13	9'44"/km
66	558	Nélia Anastácio	Vilaventura Trail	Female	10	FSenior	2	02:56:33	9'48"/km
67	547	Marco Pascoal	Vilaventura Trail	Male	57	M40	24	02:57:24	9'51"/km
68	539	Jorge Rocha	100 Gás Trail Team	Male	58	M40	25	02:57:33	9'51"/km
69	530	Sandra Antunes	As Gazelas	Female	11	F40	8	02:59:08	9'57"/km
70	600	Ricardo Silva	Adões Trail	Male	59	M40	26	03:00:26	10'01"/km
71	564	Nuno Gomes	Trail da Amizade Runners	Male	60	M40	27	03:03:12	10'10"/km
72	554	Maria João	As Gazelas	Female	12	F50	2	03:04:00	10'13"/km
73	529	Luís Simões	Trail da Ladeia Running Team	Male	61	M50	7	03:04:05	10'13"/km
74	532	Isabel Trindade	O Mundo da Corrida	Female	13	F50	3	03:05:24	10'18"/km
75	527	Sabina Ferreira	Trail da Ladeia Running Team	Female	14	F40	9	03:08:17	10'27"/km
76	518	André Monteiro	Individual	Male	62	MSenior	20	03:08:43	10'29"/km
77	573	Guilherme Marques	100 Gás Trail Team	Male	63	MSenior	21	03:11:28	10'38"/km
78	551	Rúben Margarido	Trail da Ladeia Running Team	Male	64	MSenior	22	03:28:48	11'36"/km
79	520	Melanie Fernandez Pires	Trail da Amizade Runners	Female	15	FSenior	3	03:28:49	11'36"/km
80	500	Tiago Santos	Chícharo Run Team A. Alvaiázere	Male	65	MSenior	23	03:35:15	11'57"/km
81	605	Joel Humberto Domingo Salgueiro	Individual	Male	66			03:41:19	12'17"/km
82	604	Stacy Pinheiro Morgado	Individual	Female	16			03:41:22	12'17"/km
83	519	Francisco João Gonçalves Santana	Individual	Male	67	MSenior	24	03:59:09	13'17"/km