



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	1025	Ricardo Brandão	Individual	Male	1	Masc	1	00:53:32	4'27"/km
2	1046	João Torres	Nocturnos de Paredes	Male	2	Masc	2	00:54:05	4'30"/km
3	1064	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	Male	3	Masc	3	00:57:00	4'45"/km
4	1095	Zé Bosnia	Leões de Tardariz Trail	Male	4	Masc	4	01:01:57	5'09"/km
5	1063	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	Male	5	Masc	5	01:03:06	5'15"/km
6	1112	João Abreu	Fojo Trail Team	Male	6	Masc	6	01:03:30	5'17"/km
7	1021	Vítor Guedes	Individual	Male	7	Masc	7	01:04:29	5'22"/km
8	1065	Paulo Santos	Lobos do Brunheiro de Chaves / Anteros	Male	8	Masc	8	01:04:46	5'23"/km
9	1075	João Graça	Núcleo de Atletismo de Vila Real	Male	9	Masc	9	01:07:24	5'37"/km
10	1019	Vitor Azevedo	Individual	Male	10	Masc	10	01:07:46	5'38"/km
11	1067	Candido Morais	Lobos do Brunheiro de Chaves / Anteros	Male	11	Masc	11	01:08:16	5'41"/km
12	1056	Gabriel Carvalho Dos Santos	Individual	Male	12	Masc	12	01:08:52	5'44"/km
13	1060	Tiago Durães	Individual	Male	13	Masc	13	01:10:03	5'50"/km
14	1050	Nuno Cunha	Geadas Running	Male	14	Masc	14	01:10:04	5'50"/km
15	1129	Carlos Ferreira	Geadas Running	Male	15	Masc	15	01:10:49	5'54"/km
16	1039	Nuno Santos	Individual	Male	16	Masc	16	01:11:53	5'59"/km
17	1062	Antony Leyser	Lobos do Brunheiro de Chaves / Anteros	Male	17	Masc	17	01:13:24	6'07"/km
18	1053	Manuel Pinto	AMIGOS DO TRAIL MESAO FRIO	Male	18	Masc	18	01:13:26	6'07"/km
19	552	Antonio Manuel Conde		Male	19	M50	1	01:13:31	6'07"/km
20	1121	Angélico Ferreira Loureiro	alibox	Male	20	Masc	19	01:14:25	6'12"/km
21	1123	António Marques	alibox	Male	21	Masc	20	01:14:40	6'13"/km
22	1090	Carla Sofia Pereira De Sousa	Individual	Female	1	Fem	1	01:14:51	6'14"/km
23	1031	David Fernandes	Individual	Male	22	Masc	21	01:14:57	6'14"/km
24	1061	Diogo Machado	Lobos do Brunheiro de Chaves / Anteros	Male	23	Masc	22	01:15:20	6'16"/km
25	1074	Gisela Lopes	Núcleo de Atletismo de Vila Real	Female	2	Fem	2	01:16:57	6'24"/km
26	1104	Fábio Morais	alibox	Male	24	Masc	23	01:18:15	6'31"/km
27	1105	Frederico José Martins Oliveira	alibox	Male	25	Masc	24	01:18:16	6'31"/km
28	1045	Sara Sousa Baptista	Running Espinho	Female	3	Fem	3	01:19:41	6'38"/km
29	550	Hugo João Pereira Da Cruz		Male	26	M35	1	01:20:30	6'42"/km
30	1109	Tiago Miguel Rodrigues Alves	AMIGOS DO TRAIL MESAO FRIO	Male	27	Masc	25	01:20:52	6'44"/km
31	726	Luis Alves	AMIGOS DO TRAIL MESAO FRIO	Male	28	Masc	26	01:20:52	6'44"/km
32	1052	Martim José Souto Gonçalves	Individual	Male	29	Masc	27	01:22:11	6'50"/km
33	1093	Pedro Neves	Realauto	Male	30	Masc	28	01:24:26	7'02"/km
34	1096	Rui Neves	Realauto	Male	31	Masc	29	01:24:27	7'02"/km
35	1041	Altino Amarante	Canastro Team	Male	32	Masc	30	01:24:43	7'03"/km
36	646	Daniel José Mesquita Andrade		Male	33	M35	2	01:25:07	7'05"/km
37	1103	Susana Lourenço	Individual	Female	4	Fem	4	01:25:28	7'07"/km
38	1023	Samuel José Marques Tavares	MondegoRunners	Male	34	Masc	31	01:25:47	7'08"/km
39	1026	António José Pereira Almeida	MondegoRunners	Male	35	Masc	32	01:25:48	7'09"/km
40	1110	Hugo Lourenço	Individual	Male	36	Masc	33	01:26:11	7'10"/km
41	1088	Rita Afonso	Pelvita	Female	5	Fem	5	01:27:22	7'16"/km
42	1102	Victor Cardoso	AMIGOS DO TRAIL MESAO FRIO	Male	37	Masc	34	01:29:39	7'28"/km
43	1130	Dorsal Sin Datos						01:29:54	7'29"/km
44	1080	Fernando Almeida	Núcleo de Atletismo de Vila Real	Male	38	Masc	35	01:30:44	7'33"/km
45	1115	Florencia Marcolino	HPWARE TEAM	Female	6	Fem	6	01:31:22	7'36"/km
46	279	Alexandra Silva		Female	7	F45	1	01:31:22	7'36"/km
47	1116	Helder Pereira	HPWARE TEAM	Male	39	Masc	36	01:31:22	7'36"/km
48	1107	Manuel Rodrigues	Individual	Male	40	Masc	37	01:32:05	7'40"/km
49	1030	Ricardo Menezes Rodrigues	Individual	Male	41	Masc	38	01:32:58	7'44"/km
50	1029	José Castro	Individual	Male	42	Masc	39	01:32:58	7'44"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
51	1124	Domingos José Monteiro Madeira Pinto	Individual	Male	43	Masc	40	01:33:55	7'49"/km
52	1125	Luiz Rego	Individual	Male	44	Masc	41	01:33:55	7'49"/km
53	1114	Marco Costa	Individual	Male	45	Masc	42	01:34:43	7'53"/km
54	1106	João Rua	alibox	Male	46	Masc	43	01:35:22	7'56"/km
55	669	Gonçalo Torres		Male	47	M40	1	01:35:33	7'57"/km
56	1077	Carmen Amaro	Núcleo de Atletismo de Vila Real	Female	8	Fem	7	01:37:56	8'09"/km
57	1002	Diana Raquel Do Souto Gonçalves	Individual	Female	9	Fem	8	01:37:57	8'09"/km
58	1006	Ricardo Vieira	Trepadores d'Ansiães	Male	48	Masc	44	01:38:42	8'13"/km
59	1022	Jaime Areia	Pés ao Caminho	Male	49	Masc	45	01:41:00	8'25"/km
60	1017	Pedro Couto	Individual	Male	50	Masc	46	01:44:06	8'40"/km
61	1049	Joana Fraga Barreiro	Fritz Team	Female	10	Fem	9	01:44:17	8'41"/km
62	1015	Jorge Dik	AMIGOS DO TRAIL MESAO FRIO	Male	51	Masc	47	01:56:11	9'40"/km
63	1099	Rodrigo Lopes Taveira	Individual	Male	52	Masc	48	01:57:11	9'45"/km
64	1048	Fernanda Maria Da Fraga Barreiro	Fritz Team	Female	11	Fem	10	01:57:15	9'46"/km
65	1034	Paula Cristina Morais Brás De Matos	Individual	Female	12	Fem	11	02:00:16	10'01"/km
66	1117	Ilda Rodrigues Cardadeiro	Azevim Nature	Female	13	Fem	12	02:01:01	10'05"/km
67	1072	Jorge Gomes Ponto	Individual	Male	53	Masc	49	02:03:15	10'16"/km
68	1003	Manuel Cordeiro	Individual	Male	54	Masc	50	02:04:22	10'21"/km
69	1094	Marta Silva	Individual	Female	14	Fem	13	02:06:12	10'31"/km
70	1081	Sonia Pinho		Female	15	Fem	14	02:06:13	10'31"/km
71	1043	Thiago Gonçalves	Individual	Male	55	Masc	51	02:13:51	11'09"/km
72	1042	Alexandrina Gonçalves	Individual	Female	16	Fem	15	02:13:52	11'09"/km
73	1142	Nuno Duarte	Linces do Marão	Male	56	Masc	52	02:21:10	11'45"/km
74	1000	Anabela Carvalho	100 Gás Trail Team	Female	17	Fem	16	02:27:24	12'17"/km
75	1032	Maria Helena Monteiro Rocha Chaves	Individual	Female	18	Fem	17	02:35:03	12'55"/km
76	1033	Manuel Joaquim Rebelo Chaves	Individual	Male	57	Masc	53	02:35:04	12'55"/km
77	1010	Raquel Lopes	ARRASTASSOLAS	Female	19	Fem	18	02:37:31	13'07"/km
78	1008	Sara Loureiro	ARRASTASSOLAS	Female	20	Fem	19	02:37:32	13'07"/km
79	1098	Suzana Igrejas	Individual	Female	21	Fem	20	02:45:25	13'47"/km
80	243	Pedro Alves		Male	58	M35	3	03:02:52	15'14"/km
81	1127	Carla Carvalho	Individual	Female	22	Fem	21	03:20:09	16'40"/km
82	1135	Dorsal Sin Datos						07:47:40	38'58"/km
83	1128	Mário Filipe Gomes De Araújo	Aminhacorida/Runextrem	Male	59	Masc	54	07:47:40	38'58"/km
84	1044	David Pascoal	Individual	Male	60	Masc	55	07:47:40	38'58"/km