



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	10	Fábio André Tavares Mendes	ARCD Venda da Luísa	Male	1	MSenior	1	01:58:27	5'09"/km
2	22	José Manuel Gomes Nunes	Fox Running Team	Male	2	M40	1	02:07:39	5'33"/km
3	12	Rui Pisco	Individual	Male	3	MSenior	2	02:09:10	5'36"/km
4	7	Filipe Saraiva	AD Manteigas Trail Team	Male	4	MSenior	3	02:13:48	5'49"/km
5	16	Richard Fernandes Dias	GDCR LAJES	Male	5	MSenior	4	02:20:02	6'05"/km
6	19	Francisco Serapicos	Individual	Male	6	M40	2	02:21:08	6'08"/km
7	14	Gonçalo Alves	Sena Clube	Male	7	M40	3	02:38:57	6'54"/km
8	9	José Pereira	Individual	Male	8	M50	1	02:39:03	6'54"/km
9	8	Luís Filipe F. Brito	VNRUNNERS	Male	9	MSenior	5	02:48:34	7'19"/km
10	23	David Teixeira	TRAIL - Grupo Desportivo de Trancoso	Male	10	M40	4	02:49:29	7'22"/km
11	4	Marcos Daniel Salvado Tacanho	AD Manteigas Trail Team	Male	11	MSenior	6	02:51:26	7'27"/km
12	2	Pedro Daniel Galvão Pereira	Individual	Male	12	MSenior	7	02:51:47	7'28"/km
13	5	Nuno Pinheiro	AD Manteigas Trail Team	Male	13	MSenior	8	02:59:57	7'49"/km
14	20	Nelson Teixeira	Herminivs Runners	Male	14	MSenior	9	03:02:42	7'56"/km
15	15	Miguel Fonseca	ADFA-Desportos de Natureza	Male	15	MSenior	10	03:17:59	8'36"/km
16	17	André Mendes	GDCR LAJES	Male	16	M40	5	03:20:00	8'41"/km
17	18	Marta Vicente	GDCR LAJES	Female	1	F40	1	03:23:47	8'51"/km
18	6	Pedro Caramelo	Esgalhada Trail Team	Male	17	MSenior	11	03:26:10	8'57"/km
19	21	David Almeida Assis	Casa do Povo de Mangualde	Male	18	M50	2	03:45:16	9'47"/km
20	11	Ângela Grilo	AD Manteigas Trail Team	Female	2	FSenior	1	03:51:23	10'03"/km