



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	540	José Madeira	Individual	Male	1	MSenior	1	01:22:40	5'30"/km
2	531	Diogo Simal Santos	EDV - VIANA TRAIL	Male	2	MSenior	2	01:33:48	6'15"/km
3	530	Nelson Rodrigues	Galhardos Runners	Male	3	MSenior	3	01:34:13	6'16"/km
4	525	Daniel Esperança	Herminivs Runners	Male	4	MSenior	4	01:35:10	6'20"/km
5	535	Toni Lágeo	Galhardos Runners	Male	5	M40	1	01:38:40	6'34"/km
6	534	Orlando Rocha	EDV - VIANA TRAIL	Male	6	M40	2	01:42:03	6'48"/km
7	509	Ricardo Fernandes Martins	Individual	Male	7	MSenior	5	01:49:16	7'17"/km
8	514	Pedro Sousa	Individual	Male	8	MSenior	6	01:51:20	7'25"/km
9	536	Diogo Lopes	Individual	Male	9	MSenior	7	01:51:55	7'27"/km
10	508	Rodrigo Fernandes Martins	Individual	Male	10	MSenior	8	01:52:54	7'31"/km
11	539	Eduardo Jose Fonseca Marques	Galhardos Runners	Male	11	M50	1	01:53:50	7'35"/km
12	526	Miguel Cursino	Herminivs Runners	Male	12	MSenior	9	01:54:32	7'38"/km
13	513	Paulo Sousa	Individual	Male	13	M40	3	01:56:40	7'46"/km
14	527	Carlos Lopes	Individual	Male	14	M50	2	01:56:57	7'47"/km
15	522	Tiago Nascimento	ADFA-Desportos de Natureza	Male	15	M40	4	01:57:10	7'48"/km
16	510	Tomás Jordão	Individual	Male	16	MSenior	10	02:03:22	8'13"/km
17	543	Nuno Figueiredo	Galhardos Runners	Male	17	M40	5	02:03:50	8'15"/km
18	505	Marcos Paiva	ADM Trail Team	Male	18	MSenior	11	02:04:01	8'16"/km
19	529	António Rebelo	Trilhados - ACD Santiago	Male	19	M60	1	02:07:00	8'28"/km
20	524	Pedro Pinto	Bombos S. Sebastião/ LusoPrint/ Casa Lourenço	Male	20	M40	6	02:07:00	8'28"/km
21	519	João Brás	Sena Clube	Male	21	MSenior	12	02:07:01	8'28"/km
22	533	Andreia Maria	TRAIL - Grupo Desportivo de Trancoso	Female	1	FSenior	1	02:12:28	8'49"/km
23	504	Marília Miguel	Centro Municipal de Marcha e Corrida de Grândola	Female	2	FSenior	2	02:12:30	8'50"/km
24	503	Paulo Lourenço	Juventude Desportiva do Carvalhal	Male	22	MSenior	13	02:12:31	8'50"/km
25	532	Antonio Almeida Andrade	Trilhados - ACD Santiago	Male	23	M50	3	02:14:30	8'58"/km
26	506	Luís Figueiredo	Individual	Male	24	MSenior	14	02:15:34	9'02"/km
27	523	Tiago Assunção	Individual	Male	25	MSenior	15	02:19:25	9'17"/km
28	544	Nuno Tomé	Galhardos Runners	Male	26	M40	7	02:25:42	9'42"/km
29	528	Pedro Ferreira	Individual	Male	27	M50	4	02:26:03	9'44"/km
30	507	Margarida Pinto Amaral Costa	Galhardos Runners	Female	3	FSenior	3	02:26:06	9'44"/km
31	512	Pedro Tenreiro Gouveia Pinto	Individual	Male	28	MSenior	16	02:29:44	9'58"/km
32	520	Teresa Gomes	Individual	Female	4	FSenior	4	02:39:05	10'36"/km
33	511	Gabriela J.	AD Manteigas Trail Team	Female	5	FSenior	5	02:43:00	10'52"/km
34	501	Cláudio Abrantes	Barbearia Buffon	Male	29	MSenior	17	02:44:14	10'56"/km
35	517	Flávia Patrícia Isento Grilo	AD Manteigas Trail Team	Female	6	FSenior	6	02:46:30	11'06"/km