



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	595	Tiago Carreira	ADFA - Desportos de Natureza	Male	1	Msenior	1	00:53:51	4'29"/km
2	517	Marco Capela	AD Manteigas Trail Team	Male	2	M40	1	00:56:44	4'43"/km
3	566	David Silva	Individual	Male	3	M40	2	00:59:57	4'59"/km
4	591	Julio Mano	Individual	Male	4	M40	3	01:01:00	5'05"/km
5	554	Marco Melo	Grupo Desportivo da Mata / CMMC	Male	5	Msenior	2	01:02:07	5'10"/km
6	533	Jorge Taborda	Trail Team Vila de Mouros	Male	6	Msenior	3	01:02:53	5'14"/km
7	552	Ruben Venâncio	Individual	Male	7	MS23	1	01:03:55	5'19"/km
8	589	Gonçalo Gonçalves	Trail Team Vila de Mouros	Male	8	M40	4	01:05:26	5'27"/km
9	551	Rui Amaro	Individual	Male	9	Msenior	4	01:05:43	5'28"/km
10	578	Vasco Ramos	CDCF ALDEIA DE SANTO ANTÓNIO SABUGAL	Male	10	MS23	2	01:06:03	5'30"/km
11	598	João Costa	CCDR Colmeal da Torre	Male	11	Msenior	5	01:06:37	5'33"/km
12	576	Pedro Passarinha	Grupo Desportivo da Mata / CMMC	Male	12	Msenior	6	01:06:44	5'33"/km
13	501	Rui Gonçalves	Belmonte Runners	Male	13	M40	5	01:08:50	5'44"/km
14	536	João Filipe Marques Pereira	Individual	Male	14	Msenior	7	01:09:54	5'49"/km
15	556	Tó-zé Morão	Belmonte Runners	Male	15	M40	6	01:10:05	5'50"/km
16	538	Nuno Figueira Amaro	Estrela CAFC	Male	16	M40	7	01:10:44	5'53"/km
17	588	Sérgio Caetano	TRAIL - Grupo Desportivo de Trancoso	Male	17	M40	8	01:11:59	5'59"/km
18	555	Norberto Simão Vaz	Individual	Male	18	M50	1	01:12:35	6'02"/km
19	575	Susana Terras	AD Manteigas Trail Team	Female	1	FSenior	1	01:13:24	6'07"/km
20	534	Diogo Gaspar	AD Manteigas Trail Team	Male	19	MS18	1	01:14:28	6'12"/km
21	573	Ricardo Morais	Individual	Male	20	Msenior	8	01:15:14	6'16"/km
22	535	Januário Pinheiro Gaspar	AD Manteigas Trail Team	Male	21	M40	9	01:15:15	6'16"/km
23	508	Jorge Assunção	Associação Corrida Noturna Parque das Nações	Male	22	M50	2	01:16:20	6'21"/km
24	549	Pedro Lopes	Belmonte Runners	Male	23	Msenior	9	01:17:21	6'26"/km
25	570	Hugo Cordeiro	Individual	Male	24	M40	10	01:19:03	6'35"/km
26	559	Ricardo Ramos	Individual	Male	25	M40	11	01:19:05	6'35"/km
27	502	Carina Salcedas	Belmonte Runners	Female	2	FSenior	2	01:20:11	6'40"/km
28	584	Duarte Vaz	Individual	Male	26	Msenior	10	01:20:21	6'41"/km
29	515	Claudia Sofia Freitas Rocha	Clube de Montanha do Funchal	Female	3	FSenior	3	01:20:55	6'44"/km
30	506	Luís Proença	Belmonte Runners	Male	27	M50	3	01:21:38	6'48"/km
31	577	Pedro Vinhas	CDCF ALDEIA DE SANTO ANTÓNIO SABUGAL	Male	28	Msenior	11	01:23:01	6'55"/km
32	582	Marcos Neca	CDCF ALDEIA DE SANTO ANTÓNIO SABUGAL	Male	29	Msenior	12	01:23:02	6'55"/km
33	583	Francisco Daniel Gabriel Morais	AD Manteigas Trail Team	Male	30	Msenior	13	01:24:28	7'02"/km
34	532	Inês Nunes	AD Manteigas Trail Team	Female	4	FSenior	4	01:27:07	7'15"/km
35	526	Rúben Fernandes	Individual	Male	31	Msenior	14	01:27:32	7'17"/km
36	590	Vera Silva	Trail Team Vila de Mouros	Female	5	F40	1	01:29:55	7'29"/km
37	579	Eliana Miranda	Individual	Female	6	F40	2	01:30:25	7'32"/km
38	562	Sérgio Ribeiro	AD Manteigas Trail Team	Male	32	MS18	2	01:31:02	7'35"/km
39	529	Emanuel Delgado	Grupo Desportivo da Mata / CMMC	Male	33	MS20	1	01:31:07	7'35"/km
40	530	Paulo Delgado	Grupo Desportivo da Mata / CMMC	Male	34	M40	12	01:31:14	7'36"/km
41	542	Carla Maria Costa Vinhas	Belmonte Runners	Female	7	F50	1	01:31:50	7'39"/km
42	520	Andréia Rodrigues	Individual	Female	8	FSenior	5	01:32:31	7'42"/km
43	561	Sofia Geraldés	Individual	Female	9	FSenior	6	01:32:42	7'43"/km
44	543	Ana Isabel Marins Da Conceição Cabeças Cabeças	Belmonte Runners	Female	10	F50	2	01:34:22	7'51"/km
45	594	António José Gaspar Correia	Grupo BTT de MANTEIGAS	Male	35	M50	4	01:34:37	7'53"/km
46	63	José Gil		Male	36	M50	5	01:35:16	7'56"/km
47	545	Carina Salgueiro	Belmonte Runners	Female	11	F40	3	01:36:06	8'00"/km
48	509	Anabela Assunção	Associação Corrida Noturna Parque das Nações	Female	12	F50	3	01:36:24	8'02"/km
49	572	Patrícia Quintela	Trail Team Vila de Mouros	Female	13	F50	4	01:36:25	8'02"/km
50	548	Catarina Leitão	Individual	Female	14	FSenior	7	01:36:29	8'02"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
51	581	Cláudia Vaz	Individual	Female	15	FSenior	8	01:37:21	8'06"/km
52	525	Maria Rosário Barros	RRBR	Female	16	F50	5	01:38:28	8'12"/km
53	516	Ivo Rocha	Individual	Male	37	Msenior	15	01:39:06	8'15"/km
54	571	Beatriz Cleto Martins	Individual	Female	17	FS23	1	01:40:22	8'21"/km
55	531	Ana Monsanto	AD Manteigas Trail Team	Female	18	F40	4	01:41:15	8'26"/km
56	546	Daniela Santos	Individual	Female	19	FSenior	9	01:42:14	8'31"/km
57	547	Marli Gomes	Trail Team Vila de Mouros	Female	20	FSenior	10	01:42:18	8'31"/km
58	558	Belmira Paula Valadas	Belmonte Runners	Female	21	F40	5	01:43:25	8'37"/km
59	585	Simão Pedro Nunes Pacheco	Individual	Male	38	Msenior	16	01:45:13	8'46"/km
60	568	Jorge Coelho	Grupo Desportivo da Mata / CMMC	Male	39	M60	1	01:46:02	8'50"/km
61	592	Guida Fernandes	Individual	Female	22	F50	6	01:46:17	8'51"/km
62	593	Maria José David Pinto	Grupo btt de Manteigas	Female	23	F50	7	01:46:32	8'52"/km
63	574	João Morais	Individual	Male	40	Msenior	17	01:48:26	9'02"/km
64	528	Luana Alexandra Mota Leal	Grupo Desportivo da Mata / CMMC	Female	24	FS18	1	01:50:07	9'10"/km
65	527	Marco Alexandre Silveira Leal	Grupo Desportivo da Mata / CMMC	Male	41	M40	13	01:50:09	9'10"/km
66	553	Luís Mends	Individual	Male	42	M60	2	01:51:07	9'15"/km
67	540	Maria Inês Raposo	Belmonte Runners	Female	25	FS20	1	01:54:44	9'33"/km
68	539	Isabel Palmeirão	Belmonte Runners	Female	26	F50	8	01:54:58	9'34"/km
69	560	Bruno Manuel Costa Madaleno	Individual	Male	43	M40	14	01:57:18	9'46"/km
70	514	Andreia Nascimento	Individual	Female	27	FSenior	11	01:59:09	9'55"/km
71	500	Paulo Borralhinho	Individual	Male	44	M50	6	01:59:18	9'56"/km
72	567	Dulce Porfírio	Grupo Desportivo da Mata / CMMC	Female	28	F50	9	02:01:00	10'05"/km
73	587	José António Ambrósio Inácio	Trail Team Vila de Mouros	Male	45	M50	7	02:01:01	10'05"/km
74	565	Lúcia Novais	Trail Team Vila de Mouros	Female	29	F50	10	02:01:01	10'05"/km
75	580	Lisete Pinto	Grupo Desportivo da Mata / CMMC	Female	30	F40	6	02:01:20	10'06"/km
76	586	Hugo Santos	GDAMATA	Male	46	M40	15	02:01:20	10'06"/km
77	522	Juliana Vieira	Individual	Female	31	F40	7	02:04:45	10'23"/km
78	521	Juliana Costa	Individual	Female	32	F40	8	02:04:46	10'23"/km
79	505	Patrícia Fernandes	Associação Corrida Noturna Parque das Nações	Female	33	F50	11	02:10:14	10'51"/km
80	14	Paula Gonçalves	Associação Corrida Noturna Parque das Nações	Female	34	F55	1	02:10:14	10'51"/km
81	523	Taciana Ruellas	Individual	Female	35	FSenior	12	02:15:22	11'16"/km
82	524	Diego Silva	Individual	Male	47	Msenior	18	02:15:38	11'18"/km
83	569	Jose Lindo	Individual	Male	48	M50	8	02:21:32	11'47"/km
84	510	Ana Sousa	ACNPN	Female	36	F60	1	02:23:26	11'57"/km
85	504	Alexandra Belo	Associação Corrida Noturna Parque das Nações	Female	37	F50	12	02:23:27	11'57"/km
86	5	Ana Cristina Inácio	Associação Corrida Noturna Parque das Nações	Female	38	F50	13	02:43:06	13'35"/km