



Pos	Dorsal	Nome	Equipa	Sexo	Pos.	Cat	Pos	Tempo	Ritmo
1	162	Nelson Loureiro	Pegasus OCR ProTeam	Male	1	M40	1	01:09:13	5'46"/km
2	169	Luciano Pereira	Pegasus OCR ProTeam	Male	2	M40	2	01:11:01	5'55"/km
3	35	Pedro Miguel Gomes Gonçalves	Pegasus OCR ProTeam	Male	3	M35	1	01:11:49	5'59"/km
4	144	Samuel Castela	LynxRace Club	Male	4	M35	2	01:14:12	6'11"/km
5	796	Gonalo Sp�nola	Academia Militar	Male	5	M20	1	01:15:24	6'17"/km
6	789	Romel Agreda	Flavius Challenge OCR Te	Male	6	M30	1	01:17:01	6'25"/km
7	473	Cl�udio Bagulho	Ex�rcito	Male	7	M35	3	01:17:10	6'25"/km
8	355	F�bio Jos� Dos Santos Oliveira	Unique Adventure	Male	8	M30	2	01:17:31	6'27"/km
9	814	Jo�o Filipe De Sousa E Sousa B	Pegasus OCR ProTeam	Male	9	M35	4	01:17:35	6'27"/km
10	136	Ricardo Candeias	Unique Adventure	Male	10	M40	3	01:17:48	6'29"/km
11	644	Tiago Antunes	OCR Portugal Lab Club	Male	11	M30	3	01:18:03	6'30"/km
12	389	Carlos Pinto	Ex�rcito	Male	12	M35	5	01:20:26	6'42"/km
13	625	Rui Manuel Pires Da Silva	Pegasus OCR ProTeam	Male	13	M30	4	01:20:50	6'44"/km
14	319	Filipe Serra	OCR Portugal Lab Club	Male	14	M15/17	1	01:21:47	6'48"/km
15	503	Tito Batista	Pegasus OCR ProTeam	Male	15	M30	5	01:23:18	6'56"/km
16	68	Andr� Santos	Pegasus OCR ProTeam	Male	16	M35	6	01:23:37	6'58"/km
17	683	Ant�nio Vilhena	Ex�rcito	Male	17	M30	6	01:23:52	6'59"/km
18	105	H�lder Rodrigues	Pegasus OCR ProTeam	Male	18	M45	1	01:24:15	7'01"/km
19	329	Pedro Lopes	Pegasus OCR ProTeam	Male	19	M25	1	01:24:53	7'04"/km
20	41	Crist�v�o Filipe Santos Pedros	Urban Obstacles	Male	20	M35	7	01:25:33	7'07"/km
21	779	Fernando Narciso	Academia Militar	Male	21	M25	2	01:25:45	7'08"/km
22	119	Marco Lopes	Individual	Male	22	M45	2	01:26:49	7'14"/km
23	118	Pedro Marques	Ex�rcito	Male	23	M35	8	01:27:26	7'17"/km
24	608	Jo�o Leandro	Unique Adventure	Male	24	M30	7	01:27:40	7'18"/km
25	852	Francisco Abreu	Academia Militar	Male	25	M20	2	01:28:25	7'22"/km
26	256	Jo�o Paulo Marques	Unique Adventure	Male	26	M45	3	01:29:19	7'26"/km
27	213	Gonalo Martins	Individual	Male	27	M25	3	01:29:42	7'28"/km
28	116	Jos� Ant�nio Carvalho	Unique Adventure	Male	28	M35	9	01:29:56	7'29"/km
29	303	Marco Moura	LynxRace Club	Male	29	M45	4	01:30:02	7'30"/km
30	816	Pedro Ara�jo	Ex�rcito	Male	30	M25	4	01:30:05	7'30"/km
31	693	Vicente Paix�o	AVP	Male	31	M40	4	01:30:11	7'30"/km
32	698	Jo�o Alves	Pegasus OCR ProTeam	Male	32	M35	10	01:31:17	7'36"/km
33	318	Bruno Miguel Sousa	OCR Portugal Lab Club	Male	33	M18/19	1	01:31:18	7'36"/km
34	71	Luis Manuel Rosa Marques	Unique Adventure	Male	34	M45	5	01:31:24	7'37"/km
35	13	Carlos Milhano	Limited Edition Team	Male	35	M55	1	01:31:30	7'37"/km
36	343	Henrique Antunes	FENIX OCR	Male	36	M20	3	01:31:54	7'39"/km
37	94	Hugo Magalh�es	Pegasus OCR ProTeam	Male	37	M35	11	01:31:54	7'39"/km
38	396	Ricardo Salgueiro	FENIX OCR	Male	38	M40	5	01:32:30	7'42"/km
39	25	Bruno Sousa	OCR Portugal Lab Club	Male	39	M45	6	01:32:44	7'43"/km
40	110	Carlos Miranda	Individual	Male	40	M45	7	01:33:25	7'47"/km
41	743	Daniel Rodrigues Soares	T22	Male	41	M25	5	01:33:51	7'49"/km
42	82	Rui Cunha	OCR Portugal Lab Club	Male	42	M50	1	01:34:07	7'50"/km
43	327	Mauro Fonseca	Unique Adventure	Male	43	M40	6	01:35:00	7'55"/km
44	86	S�rgio Ramos	LynxRace Club	Male	44	M50	2	01:35:02	7'55"/km
45	756	Francisco Ribeiro	Sem limites	Male	45	M18/19	2	01:35:52	7'59"/km

46	228	Nuno Café	LynxRace Club	Male 46	M45 8	01:35:57	7'59"/km
47	211	Carolina Serra	Unique Adventure	Female 1	F30 1	01:36:01	8'00"/km
48	161	Marco Lopes	UrbanFit	Male 47	M45 9	01:36:03	8'00"/km
49	315	Alexandre Florindo	OCR Portugal Lab Club	Male 48	M15/17 2	01:36:18	8'01"/km
50	723	André Silva	LynxRace Club	Male 49	M30 8	01:36:56	8'04"/km
51	659	Mafalda Nogueira	Grupo Recreativo Gonçalves	Female 2	F18/19 1	01:37:07	8'05"/km
52	736	Ricardo Jorge Prazeres Duarte	TAP	Male 50	M30 9	01:37:24	8'07"/km
53	340	Diogo Azevedo	Fisbem ocr team	Male 51	M35 12	01:37:44	8'08"/km
54	379	Flávio Coelho	LynxRace Club	Male 52	M40 7	01:37:51	8'09"/km
55	856	Francisco Rodal	Flavius Challenge OCR Team	Male 53	M30 10	01:38:06	8'10"/km
56	130	Miguel Fernandes	LynxRace Club	Male 54	M50 3	01:38:12	8'11"/km
57	241	Vasyl Paliy	United Warriors OCR	Male 55	M45 10	01:38:32	8'12"/km
58	163	Henrique Loureiro	Pegasus OCR ProTeam	Male 56	M40 8	01:38:54	8'14"/km
59	604	André Seleiro	Razorback Warriors	Male 57	M35 13	01:39:00	8'15"/km
60	872	Mário Sousa	Simius	Male 58	M30 11	01:39:52	8'19"/km
61	290	Elisa De La Cruz	Bushiway	Female 3	F35 1	01:40:29	8'22"/km
62	687	João Pedro Preguiça Preguiça	United Warriors OCR	Male 59	M40 9	01:41:23	8'26"/km
63	808	Gonçalo Santos Marques	Unique Adventure	Male 60	M15/17 3	01:41:26	8'27"/km
64	531	Maikel Brito Varela	Simius	Male 61	M30 12	01:41:51	8'29"/km
65	27	Sofia Lobo	Sem limites	Female 4	F35 2	01:41:52	8'29"/km
66	113	Carlos Costa	Sem limites	Male 62	M30 13	01:43:00	8'35"/km
67	767	Jorge Silva	Flavius Challenge OCR Team	Male 63	M40 10	01:43:25	8'37"/km
68	182	Joana Sofia Figueiredo Lopes	Unique Adventure	Female 5	F40 1	01:47:05	8'55"/km
69	166	Joana Lopes	Urban Obstacles	Female 6	F35 3	01:47:08	8'55"/km
70	221	João Almeida	OCR Portugal Lab Club	Male 64	M25 6	01:48:00	9'00"/km
71	288	Hélder Silva	Pegasus OCR ProTeam	Male 65	M40 11	01:49:02	9'05"/km
72	681	Fábio Gonçalves	FENIX OCR	Male 66	M40 12	01:50:48	9'14"/km
73	439	Flavio Lopes Francisco	United Warriors OCR	Male 67	M40 13	01:51:01	9'15"/km
74	366	Susete Oliveira	FIREMAN CHALLENGE OCR	Female 7	F40 2	01:51:43	9'18"/km
75	74	Eugénia Lima Martins	OCR Portugal Lab Club	Female 8	F55 1	01:52:42	9'23"/km
76	291	Tiago Garcia	United Warriors OCR	Male 68	M20 4	01:53:44	9'28"/km
77	665	Cíntia Nunes	LynxRace Club	Female 9	F40 3	01:53:49	9'29"/km
78	170	Nelson André Azevedo Meira	Pegasus OCR ProTeam	Male 69	M35 14	01:53:55	9'29"/km
79	234	Elsa Rodrigues	Pegasus OCR ProTeam	Female 10	F35 4	01:54:15	9'31"/km
80	219	Vítor Pinto	Sem limites	Male 70	M40 14	01:54:37	9'33"/km
81	475	Inês Vicente	Exército	Female 11	F35 5	01:54:40	9'33"/km
82	502	Carolina Filipa Duarte Lopes	Pegasus OCR ProTeam	Female 12	F30 2	01:55:32	9'37"/km
83	248	João Pombo	Simius	Male 71	M35 15	01:55:39	9'38"/km
84	1	Mário Porfírio	OCR Portugal Lab Club	Male 72	M50 4	01:55:59	9'39"/km
85	712	Leonor Rocha	Bushiway	Female 13	F20 1	01:59:27	9'57"/km
86	714	Bruno Mendes	Strong Team OCR, Trail e	Male 73	M30 14	01:59:37	9'58"/km
87	215	Hugo Martins	Clube Naus OCR	Male 74	M35 16	01:59:43	9'58"/km
88	857	Anton Prado	Flavius Challenge OCR Team	Male 75	M25 7	02:00:18	10'01"/km
89	351	Carla Mochila	LynxRace Club	Female 14	F45 1	02:01:29	10'07"/km
90	321	Pedro Miguel Antunes Macha	UrbanFit	Male 76	M30 15	02:01:49	10'09"/km
91	742	Tiago Henriques Martins Filipe	United Warriors OCR	Male 77	M25 8	02:03:24	10'17"/km
92	836	Gonçalo Emanuel Morais Sousa	Individual	Male 78	M25 9	02:03:54	10'19"/km
93	342	Ricardo Rebelo	FENIX OCR	Male 79	M40 15	02:06:41	10'33"/km
94	762	Anderson Ferreira	FENIX OCR	Male 80	M35 17	02:06:51	10'34"/km
95	873	Vânia Morais	Simius	Female 15	F35 6	02:07:35	10'37"/km

96	821	Marisa Ferreira Hipólito	Exército	Female 16	F30 3	02:08:56	10'44"/km
97	763	Franklin Gomes Ferreira	FENIX OCR	Male 81	M35 18	02:09:15	10'46"/km
98	865	Vera Maia	LynxRace Club	Female 17	F40 4	02:12:00	11'00"/km
99	771	Miguel Graça	O Gordo vai à Baliza	Male 82	M40 16	02:21:18	11'46"/km
100	397	Juliana De Sousa Salgueiro	FENIX OCR	Female 18	F35 7	02:21:57	11'49"/km
101	757	Luis Casimiro	OCR Portugal Lab Club	Male 83	M60 1	02:21:58	11'49"/km
102	849	Jorge Calado	Ninja Factory	Male 84	M35 19	02:21:59	11'49"/km
103	360	Madalena Gonçalves	OCR Portugal Lab Club	Female 19	F15/17 1	02:22:33	11'52"/km
104	370	Lucie Teixeira	Exército	Female 20	F25 1	02:24:31	12'02"/km
105	674	Rute Ribeiro	LynxRace Club	Female 21	F40 5	02:25:23	12'06"/km
106	840	Francisco Pascoal Varela	Strong Team OCR, Trail e .	Male 85	M18/19 3	02:25:39	12'08"/km
107	824	Inês Lopes	Exército	Female 22	F20 2	02:25:49	12'09"/km
108	874	Ana Catarina Sousa	Strong Team OCR, Trail e .	Female 23	F30 4	02:27:50	12'19"/km
109	660	Lara Lopes	UrbanFit	Female 24	F15/17 2	02:28:49	12'24"/km
110	336	Janete Costa	Simius	Female 25	F40 6	02:37:17	13'06"/km
111	759	Sara Rute	OCR Portugal Lab Club	Female 26	F45 2	02:46:29	13'52"/km
112	338	Inês Filipa Rodrigues	Strong Team OCR, Trail e .	Female 27	F30 5	02:51:26	14'17"/km