

1º GP Montanha da Covilhã - COVILHÃ UP HILL

Corrida

16/6/2024

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	49	Tiago Pereira	F C PENAFIEL	Male	1	MVet	1	00:38:40	3'52"/km
2	91	Marcelo Gonçalves	G D R DA GRANJA	Male	2	MSenior	1	00:39:45	3'58"/km
3	16	José Carvalho	CA MACEDO CAVALEIROS	Male	3	MVet	2	00:39:58	3'59"/km
4	61	Vítor Barbosa	G D C CASTELO PAIVA	Male	4	MVet	3	00:42:41	4'16"/km
5	44	Manuel Bessa	F C PENAFIEL	Male	5	MVet	4	00:43:23	4'20"/km
6	51	Fernando Matos	G C A DONAS	Male	6	MVet	5	00:44:48	4'28"/km
7	42	José Machado	F C PENAFIEL	Male	7	MSenior	2	00:45:01	4'30"/km
8	47	Raul Ferreira	F C PENAFIEL	Male	8	MVet	6	00:45:13	4'31"/km
9	102	Ricardo Oliveira	ASS JOVENS BRANCA	Male	9	MVet	7	00:46:02	4'36"/km
10	88	Miguel Ribeiro	PIRANHAS DO ALQUEVA	Male	10	MVet	8	00:46:04	4'36"/km
11	416	José Madeira	Individual	Male	11	MSenior	3	00:46:08	4'36"/km
12	62	Vítor Pinheiro	G D C CASTELO PAIVA	Male	12	MVet	9	00:46:39	4'39"/km
13	421	Mauo Silveira	GD MATA	Male	13	MVet	10	00:46:42	4'40"/km
14	17	Nuno Gamboa	C BENFICA C BRANCO	Male	14	MVet	11	00:46:47	4'40"/km
15	120	Miguel Pereira	PENTA CLUBE COVILHÃ	Male	15	MSenior	4	00:47:34	4'45"/km
16	28	Nuno Pires	C UNIÃO IDANHENSE	Male	16	MVet	12	00:47:40	4'46"/km
17	56	Luís Santos	G D C CASTELO PAIVA	Male	17	MVet	13	00:47:46	4'46"/km
18	116	Rafael Pereira	PENTA CLUBE COVILHÃ	Male	18	MSenior	5	00:47:52	4'47"/km
19	46	Mark Macedo	F C PENAFIEL	Male	19	MVet	14	00:47:58	4'47"/km
20	60	Sérgio Azevedo	G D C CASTELO PAIVA	Male	20	MVet	15	00:48:18	4'49"/km
21	53	Diogo Teixeira	G D C CASTELO PAIVA	Male	21	MSenior	6	00:48:27	4'50"/km
22	411	Jorge Matos	CF OS Belenenses	Male	22	MVet	16	00:48:34	4'51"/km
23	59	Rui Rodrigues	G D C CASTELO PAIVA	Male	23	MVet	17	00:49:01	4'54"/km
24	90	João Paulo Monteiro	G D R DA GRANJA	Male	24	MVet	18	00:49:09	4'54"/km
25	57	Nicolau Santos	G D C CASTELO PAIVA	Male	25	MVet	19	00:49:15	4'55"/km
26	37	Carlos Ferreira	F C PENAFIEL	Male	26	MVet	20	00:49:39	4'57"/km
27	58	Nuno Silva	G D C CASTELO PAIVA	Male	27	MVet	21	00:50:05	5'00"/km
28	52	Carlos Alberto Silva	G D C CASTELO PAIVA	Male	28	MVet	22	00:50:08	5'00"/km
29	73	Gonçalo Sá	GD MATA	Male	29	MVet	23	00:50:15	5'01"/km
30	50	Daniel Anastácio	G C A DONAS	Male	30	MVet	24	00:50:50	5'05"/km
31	119	Amélia Loureiro	VIRIATHVS RUNNERS	Female	1	FVet	1	00:51:04	5'06"/km
32	112	Luís Reis	PENTA CLUBE COVILHÃ	Male	31	MVet	25	00:51:21	5'08"/km
33	402	Pedro Santos	Boavista Trail	Male	32	MVet	26	00:51:59	5'11"/km
34	117	Rui Pais	PENTA CLUBE COVILHÃ	Male	33	MVet	27	00:52:50	5'17"/km
35	34	Ivan Pinto	E ATLETISMO TROFA	Male	34	MVet	28	00:52:53	5'17"/km
36	106	Virgílio Figueiredo	MARATONA VILA CHÃ	Male	35	MVet	29	00:53:13	5'19"/km
37	21	Gerson Faria	C DESP DE LEOMIL	Male	36	MVet	30	00:53:18	5'19"/km
38	107	Amaro Teixeira	PENTA CLUBE COVILHÃ	Male	37	MSenior	7	00:53:37	5'21"/km
39	105	José Gonçalves	MARATONA VILA CHÃ	Male	38	MVet	31	00:54:13	5'25"/km
40	419	Ricardo M. S. Baptista	Estrela Campo de Aviação F.C.-Covilhã	Male	39	MVet	32	00:54:16	5'25"/km
41	15	Paulo Neto	Associação Desportiva do Fundão	Male	40	MVet	33	00:54:24	5'26"/km
42	418	Tiago Afonso	Associação Desportiva do Fundão	Male	41	MVet	34	00:54:43	5'28"/km
43	404	Frederico Lanzinha	GD MATA	Male	42	MSenior	8	00:54:50	5'29"/km
44	65	Bruno Silveira	GD MATA	Male	43	MSenior	9	00:55:03	5'30"/km
45	33	Deolinda Oliveira	E ATLETISMO TROFA	Female	2	FVet	2	00:55:11	5'31"/km
46	39	Hugo Soares	F C PENAFIEL	Male	44	MSenior	10	00:55:25	5'32"/km
47	110	José Trigo	PENTA CLUBE COVILHÃ	Male	45	Sem Dados	1	00:55:55	5'35"/km
48	92	Paulo Manuel Costa	Individual	Male	46	MVet	35	00:56:02	5'36"/km
49	104	Jacinto Correia	MARATONA VILA CHÃ	Male	47	MVet	36	00:56:29	5'39"/km
50	87	Vitor Hugo Santos	GD MATA	Male	48	MVet	37	00:56:43	5'40"/km
51	81	Ricardo Santos	GD MATA	Male	49	MSenior	11	00:57:01	5'42"/km
52	108	Ana Oliveira	PENTA CLUBE COVILHÃ	Female	3	FSenior	1	00:57:12	5'43"/km
53	123	Luis Rodrigues	ACP	Male	50	MVet	38	00:57:13	5'43"/km

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Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
54	103	António Rodrigues	MARATONA VILA CHÃ	Male	51	MVet	39	00:57:28	5'44"/km
55	99	João Neves	ASS JOVENS BRANCA	Male	52	MVet	40	00:57:39	5'45"/km
56	95	Elia Rodrigues	ASS JOVENS BRANCA	Female	4	FVet	3	00:57:42	5'46"/km
57	43	Júlia Conceição	F C PENAFIEL	Female	5	FSenior	2	00:58:00	5'48"/km
58	78	Paulo Fernandes	GD MATA	Male	53	MVet	41	00:58:06	5'48"/km
59	115	Nélson Feiteira	PENTA CLUBE COVILHÃ	Male	54	MVet	42	00:58:20	5'50"/km
60	13	José Cardoso	ADCR DE VILA BOA	Male	55	MVet	43	00:58:51	5'53"/km
61	100	José Ferreira	ASS JOVENS BRANCA	Male	56	MVet	44	00:58:58	5'53"/km
62	19	Daniela Falcão	C DESP DE LEOMIL	Female	6	FSenior	3	00:59:22	5'56"/km
63	417	Francisco Batista	Estrela Campo de Aviação F.C.-Covilhã	Male	57	MVet	45	01:00:03	6'00"/km
64	93	Arlete Santos	ASS JOVENS BRANCA	Female	7	FVet	4	01:01:24	6'08"/km
65	427	Dorsal Sin Datos		Mixed	1	Sem Dados	2	01:01:28	6'08"/km
66	23	Maria Do Céu Nunes	C DESP DE LEOMIL	Female	8	FVet	5	01:01:53	6'11"/km
67	27	Marta Xavier	C UNIÃO IDANHENSE	Female	9	FVet	6	01:02:03	6'12"/km
68	80	Pedro Passarinha	GD MATA	Male	58	MVet	46	01:02:05	6'12"/km
69	121	Rosa Silva	C DESP DE LEOMIL	Female	10	FVet	7	01:02:10	6'13"/km
70	109	António Santos	PENTA CLUBE COVILHÃ	Male	59	MVet	47	01:02:34	6'15"/km
71	410	Nuno Figueira Amaro	Estrela Campo de Aviação F.C.-Covilhã	Male	60	MVet	48	01:02:51	6'17"/km
72	122	Francisco Madeira	G C A DONAS	Male	61	MVet	49	01:03:30	6'21"/km
73	45	Marina Teles	F C PENAFIEL	Female	11	FSenior	4	01:03:39	6'21"/km
74	64	Bruno Oliveira	GD MATA	Male	62	MVet	50	01:05:19	6'31"/km
75	55	Fernando Ramos	G D C CASTELO PAIVA	Male	63	MVet	51	01:05:47	6'34"/km
76	72	Gonçalo Pinto	GD MATA	Male	64	MVet	52	01:06:34	6'39"/km
77	422	Gonçalo Silva	GD MATA	Male	65	MVet	53	01:06:34	6'39"/km
78	89	Diogo Pereirinha	G D R DA GRANJA	Male	66	MSenior	12	01:07:05	6'42"/km
79	82	Rui Fernandes	GD MATA	Male	67	MVet	54	01:07:50	6'47"/km
80	124	Rute Ferreira	ACP	Female	12	FVet	8	01:08:56	6'53"/km
81	413	Hugo Cordeiro	Individual	Male	68	MVet	55	01:09:29	6'56"/km
82	114	Marta Soares	PENTA CLUBE COVILHÃ	Female	13	FVet	9	01:09:35	6'57"/km
83	423	Ricardo Ramos		Male	69	MVet	56	01:10:12	7'01"/km
84	98	Francisco Soares	ASS JOVENS BRANCA	Male	70	MVet	57	01:10:51	7'05"/km
85	67	Diogo Fernandes	GD MATA	Male	71	MSenior	13	01:11:27	7'08"/km
86	425	Adriana Dias		Female	14	FVet	10	01:11:31	7'09"/km
87	118	Gumersindo Rodrigues	VITÓRIA F C	Male	72	MVet	58	01:12:17	7'13"/km
88	407	Marco Rodrigues	PENTA CLUBE COVILHÃ	Male	73	MVet	59	01:13:05	7'18"/km
89	68	Fernando Santos	GD MATA	Male	74	MVet	60	01:13:40	7'22"/km
90	412	Ricardo Moraes	Individual	Male	75	MVet	61	01:13:41	7'22"/km
91	101	Liliana Pereira	ASS JOVENS BRANCA	Female	15	FVet	11	01:14:06	7'24"/km
92	70	Frederico Lanzinha	GD MATA	Male	76	MSenior	14	01:14:14	7'25"/km
93	29	Anabela Santos	DESAFIOSPOSITIVOS D+	Female	16	FVet	12	01:17:04	7'42"/km
94	71	Gabriela Santos	GD MATA	Female	17	FVet	13	01:19:06	7'54"/km
95	415	Sandra Maria Almeida Barata	Estrela Campo de Aviação F.C.-Covilhã	Female	18	FVet	14	01:19:38	7'57"/km
96	414	Vera Cristina Garcia Barata	Estrela Campo de Aviação F.C.-Covilhã	Female	19	FVet	15	01:19:39	7'57"/km
97	31	Ana Cruz	E ATLETISMO TROFA	Female	20	FSenior	5	01:23:06	8'18"/km
98	77	Paulo Delgado	GD MATA	Male	77	MVet	62	01:23:25	8'20"/km
99	85	Susete Ferreira	GD MATA	Female	21	FVet	16	01:25:13	8'31"/km
100	424	Virginia Ramos		Female	22	FVet	17	01:28:11	8'49"/km
101	83	Sandra Ferreira	GD MATA	Female	23	FSenior	6	01:31:24	9'08"/km
102	74	Ilda Sá	GD MATA	Female	24	FVet	18	01:31:26	9'08"/km
103	84	Silvia Moraes	GD MATA	Female	25	FVet	19	01:32:11	9'13"/km
104	66	Denise De Sene	GD MATA	Female	26	FVet	20	01:36:52	9'41"/km
105	426	Bruno Madaleno		Male	78	MVet	63	01:46:35	10'39"/km