

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	49	Tiago Pereira	F C PENAFIEL	Male	1	MV40	1	00:38:40	3'52"/km
2	91	Marcelo Gonçalves	G D R DA GRANJA	Male	2	MSenior	1	00:39:45	3'58"/km
3	16	José Carvalho	CA MACEDO CAVALEIROS	Male	3	MV45	1	00:39:58	3'59"/km
4	61	Vítor Barbosa	G D C CASTELO PAIVA	Male	4	MV40	2	00:42:41	4'16"/km
5	44	Manuel Bessa	F C PENAFIEL	Male	5	MV45	2	00:43:23	4'20"/km
6	51	Fernando Matos	G C A DONAS	Male	6	MV55	1	00:44:48	4'28"/km
7	42	José Machado	F C PENAFIEL	Male	7	MSenior	2	00:45:01	4'30"/km
8	47	Raul Ferreira	F C PENAFIEL	Male	8	MV40	3	00:45:13	4'31"/km
9	102	Ricardo Oliveira	ASS JOVENS BRANCA	Male	9	MV40	4	00:46:02	4'36"/km
10	88	Miguel Ribeiro	PIRANHAS DO ALQUEVA	Male	10	MV45	3	00:46:04	4'36"/km
11	62	Vítor Pinheiro	G D C CASTELO PAIVA	Male	11	MV50	1	00:46:39	4'39"/km
12	17	Nuno Gamboa	C BENFICA C BRANCO	Male	12	MV40	5	00:46:47	4'40"/km
13	120	Miguel Pereira	PENTA CLUBE COVILHÃ	Male	13	MSenior	3	00:47:34	4'45"/km
14	28	Nuno Pires	C UNIÃO IDANHENSE	Male	14	MV40	6	00:47:40	4'46"/km
15	56	Luís Santos	G D C CASTELO PAIVA	Male	15	MV40	7	00:47:46	4'46"/km
16	116	Rafael Pereira	PENTA CLUBE COVILHÃ	Male	16	MSenior	4	00:47:52	4'47"/km
17	46	Mark Macedo	F C PENAFIEL	Male	17	MV40	8	00:47:58	4'47"/km
18	60	Sérgio Azevedo	G D C CASTELO PAIVA	Male	18	MV45	4	00:48:18	4'49"/km
19	53	Diogo Teixeira	G D C CASTELO PAIVA	Male	19	MSenior	5	00:48:27	4'50"/km
20	411	Jorge Matos	CF OS Belenenses	Male	20	MVet	1	00:48:34	4'51"/km
21	59	Rui Rodrigues	G D C CASTELO PAIVA	Male	21	MV45	5	00:49:01	4'54"/km
22	90	João Paulo Monteiro	G D R DA GRANJA	Male	22	MV45	6	00:49:09	4'54"/km
23	57	Nicolau Santos	G D C CASTELO PAIVA	Male	23	MV60	1	00:49:15	4'55"/km
24	37	Carlos Ferreira	F C PENAFIEL	Male	24	MV45	7	00:49:39	4'57"/km
25	58	Nuno Silva	G D C CASTELO PAIVA	Male	25	MV40	9	00:50:05	5'00"/km
26	52	Carlos Alberto Silva	G D C CASTELO PAIVA	Male	26	MV55	2	00:50:08	5'00"/km
27	73	Gonçalo Sá	GD MATA	Male	27	MV50	2	00:50:15	5'01"/km
28	50	Daniel Anastácio	G C A DONAS	Male	28	MV50	3	00:50:50	5'05"/km
29	119	Amélia Loureiro	VIRIATHVS RUNNERS	Female	1	FV35	1	00:51:04	5'06"/km
30	112	Luís Reis	PENTA CLUBE COVILHÃ	Male	29	MV45	8	00:51:21	5'08"/km
31	117	Rui Pais	PENTA CLUBE COVILHÃ	Male	30	MV55	3	00:52:50	5'17"/km
32	34	Ivan Pinto	E ATLETISMO TROFA	Male	31	MV40	10	00:52:53	5'17"/km
33	106	Virgílio Figueiredo	MARATONA VILA CHÂ	Male	32	MV55	4	00:53:13	5'19"/km
34	21	Gerson Faria	C DESP DE LEOMIL	Male	33	MV40	11	00:53:18	5'19"/km
35	107	Amaro Teixeira	PENTA CLUBE COVILHÃ	Male	34	MSenior	6	00:53:37	5'21"/km
36	105	José Gonçalves	MARATONA VILA CHÂ	Male	35	MV50	4	00:54:13	5'25"/km
37	15	Paulo Neto	Associação Desportiva do Fundão	Male	36	MV45	9	00:54:24	5'26"/km
38	65	Bruno Silveira	GD MATA	Male	37	MSenior	7	00:55:03	5'30"/km
39	33	Deolinda Oliveira	E ATLETISMO TROFA	Female	2	FV55	1	00:55:11	5'31"/km
40	39	Hugo Soares	F C PENAFIEL	Male	38	MS23	1	00:55:25	5'32"/km
41	110	José Trigo	PENTA CLUBE COVILHÃ	Male	39	MS23	2	00:55:55	5'35"/km
42	92	Paulo Manuel Costa	Individual	Male	40	MV55	5	00:56:02	5'36"/km
43	104	Jacinto Correia	MARATONA VILA CHÂ	Male	41	MV55	6	00:56:29	5'39"/km
44	87	Vitor Hugo Santos	GD MATA	Male	42	MV45	10	00:56:43	5'40"/km
45	81	Ricardo Santos	GD MATA	Male	43	MSenior	8	00:57:01	5'42"/km
46	108	Ana Oliveira	PENTA CLUBE COVILHÃ	Female	3	FSenior	1	00:57:12	5'43"/km
47	123	Luis Rodrigues	ACP	Male	44	MV50	5	00:57:13	5'43"/km
48	103	António Rodrigues	MARATONA VILA CHÂ	Male	45	MV35	1	00:57:28	5'44"/km
49	99	João Neves	ASS JOVENS BRANCA	Male	46	MV50	6	00:57:39	5'45"/km
50	95	Elia Rodrigues	ASS JOVENS BRANCA	Female	4	FV35	2	00:57:42	5'46"/km
51	43	Júlia Conceição	F C PENAFIEL	Female	5	FV55	2	00:58:00	5'48"/km
52	78	Paulo Fernandes	GD MATA	Male	47	MV50	7	00:58:06	5'48"/km
53	115	Nélson Feiteira	PENTA CLUBE COVILHÃ	Male	48	MV40	12	00:58:20	5'50"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
54	13	José Cardoso	ADCR DE VILA BOA	Male	49	MV50	8	00:58:51	5'53"/km
55	100	José Ferreira	ASS JOVENS BRANCA	Male	50	MV50	9	00:58:58	5'53"/km
56	19	Daniela Falcão	C DESP DE LEOMIL	Female	6	FSenior	2	00:59:22	5'56"/km
57	93	Arlete Santos	ASS JOVENS BRANCA	Female	7	FV45	1	01:01:24	6'08"/km
58	23	Maria Do Céu Nunes	C DESP DE LEOMIL	Female	8	FV50	1	01:01:53	6'11"/km
59	27	Marta Xavier	C UNIÃO IDANHENSE	Female	9	FV35	3	01:02:03	6'12"/km
60	80	Pedro Passarinha	GD MATA	Male	51	MV35	2	01:02:05	6'12"/km
61	121	Rosa Silva	C DESP DE LEOMIL	Female	10	FV50	2	01:02:10	6'13"/km
62	109	António Santos	PENTA CLUBE COVILHÃ	Male	52	MV55	7	01:02:34	6'15"/km
63	122	Francisco Madeira	G C A DONAS	Male	53	MV60	2	01:03:30	6'21"/km
64	45	Marina Teles	F C PENAFIEL	Female	11	FSenior	3	01:03:39	6'21"/km
65	64	Bruno Oliveira	GD MATA	Male	54	MV45	11	01:05:19	6'31"/km
66	55	Fernando Ramos	G D C CASTELO PAIVA	Male	55	MV60	3	01:05:47	6'34"/km
67	72	Gonçalo Pinto	GD MATA	Male	56	MV35	3	01:06:34	6'39"/km
68	89	Diogo Pereirinha	G D R DA GRANJA	Male	57	MSenior	9	01:07:05	6'42"/km
69	82	Rui Fernandes	GD MATA	Male	58	MV45	12	01:07:50	6'47"/km
70	124	Rute Ferreira	ACP	Female	12	FV45	2	01:08:56	6'53"/km
71	114	Marta Soares	PENTA CLUBE COVILHÃ	Female	13	FV45	3	01:09:35	6'57"/km
72	98	Francisco Soares	ASS JOVENS BRANCA	Male	59	MV60	4	01:10:51	7'05"/km
73	67	Diogo Fernandes	GD MATA	Male	60	MS23	3	01:11:27	7'08"/km
74	118	Gumersindo Rodrigues	VITÓRIA F C	Male	61	MV70	1	01:12:17	7'13"/km
75	68	Fernando Santos	GD MATA	Male	62	MV60	5	01:13:40	7'22"/km
76	101	Liliana Pereira	ASS JOVENS BRANCA	Female	14	FV35	4	01:14:06	7'24"/km
77	70	Frederico Lanzinha	GD MATA	Male	63	MSenior	10	01:14:14	7'25"/km
78	29	Anabela Santos	DESAFIOSPOSITIVOS D+	Female	15	FV50	3	01:17:04	7'42"/km
79	71	Gabriela Santos	GD MATA	Female	16	FV45	4	01:19:06	7'54"/km
80	31	Ana Cruz	E ATLETISMO TROFA	Female	17	FSenior	4	01:23:06	8'18"/km
81	77	Paulo Delgado	GD MATA	Male	64	MV45	13	01:23:25	8'20"/km
82	85	Susete Ferreira	GD MATA	Female	18	FV40	1	01:25:13	8'31"/km
83	83	Sandra Ferreira	GD MATA	Female	19	FSenior	5	01:31:24	9'08"/km
84	74	Ilda Sá	GD MATA	Female	20	FV50	4	01:31:26	9'08"/km
85	84	Silvia Moraes	GD MATA	Female	21	FV60	1	01:32:11	9'13"/km
86	66	Denise De Sene	GD MATA	Female	22	FV60	2	01:36:52	9'41"/km