



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	233	Leonor Currais	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	1	InfF	1	00:09:28	4'44"/km
2	233	Leonor Currais	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	2	InfF	2	00:09:28	4'44"/km
3	206	Rodrigo Madaleno	CLUB UNIÃO IDANHENSE	Male	1	InfM	1	00:09:52	4'56"/km
4	206	Rodrigo Madaleno	CLUB UNIÃO IDANHENSE	Male	2	InfM	2	00:09:52	4'56"/km
5	267	Daniel Mendonça	NJC PROENÇA-A-NOVA	Male	3	InfM	3	00:10:02	5'01"/km
6	267	Daniel Mendonça	NJC PROENÇA-A-NOVA	Male	4	InfM	4	00:10:02	5'01"/km
7	266	Cristiana Serrano	NJC PROENÇA-A-NOVA	Female	3	InfF	3	00:10:08	5'04"/km
8	266	Cristiana Serrano	NJC PROENÇA-A-NOVA	Female	4	InfF	4	00:10:08	5'04"/km
9	273	Bernardo Livramento	PENTA CLUBE DA COVILHÃ	Male	5	InfM	5	00:10:13	5'06"/km
10	273	Bernardo Livramento	PENTA CLUBE DA COVILHÃ	Male	6	InfM	6	00:10:13	5'06"/km
11	289	Raul Neiva Gomes		Male	7	InfM	7	00:10:20	5'10"/km
12	289	Raul Neiva Gomes		Male	8	InfM	8	00:10:20	5'10"/km
13	279	Mariana Fernandes	PENTA CLUBE DA COVILHÃ	Female	5	InfF	5	00:10:36	5'18"/km
14	279	Mariana Fernandes	PENTA CLUBE DA COVILHÃ	Female	6	InfF	6	00:10:36	5'18"/km
15	247	Inês Moreira	GCA DONAS	Female	7	InfF	7	00:10:47	5'23"/km
16	247	Inês Moreira	GCA DONAS	Female	8	InfF	8	00:10:47	5'23"/km
17	251	Luisa Gama	GCA DONAS	Female	9	InfF	9	00:11:46	5'53"/km
18	251	Luisa Gama	GCA DONAS	Female	10	InfF	10	00:11:46	5'53"/km
19	205	Laura Madaleno	CLUB UNIÃO IDANHENSE	Female	11	InfF	11	00:11:59	5'59"/km
20	205	Laura Madaleno	CLUB UNIÃO IDANHENSE	Female	12	InfF	12	00:11:59	5'59"/km
21	207	Afonso Miguel Fonseca Borges	EM3 RUNNING PÊRO VISEU	Male	9	InfM	9	00:12:50	6'25"/km
22	207	Afonso Miguel Fonseca Borges	EM3 RUNNING PÊRO VISEU	Male	10	InfM	10	00:12:50	6'25"/km
23	235	Mara Carmona	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	13	InfF	13	00:13:14	6'37"/km
24	235	Mara Carmona	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	14	InfF	14	00:13:14	6'37"/km
25	237	Mariana Jorge	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	15	InfF	15	00:13:29	6'44"/km
26	237	Mariana Jorge	ESTRELA CAMPO DA AVIAÇÃO F.C.	Female	16	InfF	16	00:13:29	6'44"/km
27	246	Francisco Pinto	GCA DONAS	Male	11	InfM	11	00:13:46	6'53"/km
28	246	Francisco Pinto	GCA DONAS	Male	12	InfM	12	00:13:46	6'53"/km
29	270	Rodrigo Amaral	NJC PROENÇA-A-NOVA	Male	13	InfM	13	00:14:44	7'22"/km
30	270	Rodrigo Amaral	NJC PROENÇA-A-NOVA	Male	14	InfM	14	00:14:44	7'22"/km
31	224	Telma Ferreira Mesquita	EM3 RUNNING PÊRO VISEU	Female	17	InfF	17	00:14:52	7'26"/km
32	224	Telma Ferreira Mesquita	EM3 RUNNING PÊRO VISEU	Female	18	InfF	18	00:14:52	7'26"/km
33	219	Martim Barata Nunes	EM3 RUNNING PÊRO VISEU	Male	15	InfM	15	00:14:53	7'26"/km
34	219	Martim Barata Nunes	EM3 RUNNING PÊRO VISEU	Male	16	InfM	16	00:14:53	7'26"/km