



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	257	Paulo Costa	A.D. Amarante Trail Running	Male	1	VetBM	1	01:33:27	4'55"/km
2	206	Carlos Carvalho	Individual	Male	2	VetAM	1	01:46:51	5'37"/km
3	279	Luis Alvadia	Nucleo de Atletismo de Vila Real	Male	3	VetCM	1	01:47:48	5'40"/km
4	301	Gonçalo Torres	A.M.A - Associação Mondim Atletismo	Male	4	VetAM	2	01:48:12	5'41"/km
5	229	Armindo Freitas	Individual	Male	5	VetDM	1	01:48:41	5'43"/km
6	245	Firmino Cruz	Sport Clube Freamunde	Male	6	VetAM	3	01:50:27	5'48"/km
7	239	Luis Fonseca	Individual	Male	7	VetCM	2	01:54:34	6'01"/km
8	238	Armindo Araújo	Liberdade futebol clube	Male	8	VetEM	1	01:54:44	6'02"/km
9	266	Rui Valente	Lobos do Brunheiro de Chaves / Anteros	Male	9	VetAM	4	01:55:45	6'05"/km
10	200	Domingos Domingues	Lobos do Brunheiro de Chaves / Anteros	Male	10	VetEM	2	01:56:23	6'07"/km
11	300	José Oliveira	A.M.A - Associação Mondim Atletismo	Male	11	VetEM	3	01:56:45	6'08"/km
12	213	Mercedes Diz	Lobos do Brunheiro de Chaves / Anteros	Female	1	SeniorF	1	01:56:47	6'08"/km
13	211	Agostinho Melo	Lobos do Brunheiro de Chaves / Anteros	Male	12	VetBM	2	01:58:13	6'13"/km
14	282	Valentim Henriques	ADA Amarante	Male	13	VetDM	2	02:02:41	6'27"/km
15	288	Nuno Miguel Lima Leite	Runners CBC	Male	14	VetAM	5	02:03:20	6'29"/km
16	278	Gilberto Correia	Nucleo de Atletismo de Vila Real	Male	15	VetBM	3	02:03:29	6'29"/km
17	273	José Armando Gonçalves Rodrigues	A.D. Carril	Male	16	VetCM	3	02:04:11	6'32"/km
18	240	Fernando Guimarães	Individual	Male	17	VetAM	6	02:07:21	6'42"/km
19	299	Jorge Alves	A.M.A - Associação Mondim Atletismo	Male	18	VetBM	4	02:09:44	6'49"/km
20	275	Nelson Silva	Nucleo de Atletismo de Vila Real	Male	19	VetAM	7	02:09:58	6'50"/km
21	237	Sergio Gonçalves	EDIBRAGA Run	Male	20	VetBM	5	02:10:00	6'50"/km
22	276	Sandra Nunes	Nucleo de Atletismo de Vila Real	Female	2	VetAF	1	02:10:12	6'51"/km
23	303	Marcio Pires	Minho Aventura	Male	21	VetBM	6	02:10:26	6'51"/km
24	253	José Rui Alves Fonseca Bastos	Runners CBC	Male	22	VetAM	8	02:11:03	6'53"/km
25	277	Florbela Alves	Nucleo de Atletismo de Vila Real	Female	3	VetAF	2	02:12:29	6'58"/km
26	226	Paulo Santos	Lobos do Brunheiro de Chaves / Anteros	Male	23	VetAM	9	02:13:05	7'00"/km
27	281	Rui Manuel Mendes Gonçalves	Runners CBC	Male	24	VetAM	10	02:13:57	7'03"/km
28	223	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	Male	25	SeniorM	1	02:14:00	7'03"/km
29	265	João Carlos Pires Moreira	Individual	Male	26	SeniorM	2	02:15:33	7'08"/km
30	203	Miguel Martins	Individual	Male	27	VetBM	7	02:16:13	7'10"/km
31	264	João Pires	Individual	Male	28	SeniorM	3	02:16:14	7'10"/km
32	246	Marco Jorge Moreira Teixeira De Aguiar	Individual	Male	29	VetCM	4	02:17:08	7'13"/km
33	296	Xesús Borrageros López	CDM VÉRTICE	Male	30	VetCM	5	02:19:17	7'19"/km
34	243	Leandro Silva	Sport Clube Freamunde	Male	31	VetBM	8	02:19:26	7'20"/km
35	242	José Carlos Moura Carvalho	Individual	Male	32	SeniorM	4	02:20:25	7'23"/km
36	248	Vítor Pedroso	VimarTrail	Male	33	VetBM	9	02:20:33	7'23"/km
37	291	Bruno António Amaral Pereira	Individual	Male	34	VetAM	11	02:21:24	7'26"/km
38	290	João Paulo Monteiro Reis	Individual	Male	35	VetCM	6	02:21:24	7'26"/km
39	232	Paulo Oliveira	PCRunners	Male	36	VetBM	10	02:21:34	7'27"/km
40	244	Domingos Peixoto	PCRunners	Male	37	VetCM	7	02:21:36	7'27"/km
41	293	Pedro Gonçalves	Individual	Male	38	SeniorM	5	02:21:46	7'27"/km
42	292	Carlos Jorge Ribeiro Ferreira	Individual	Male	39	SeniorM	6	02:21:46	7'27"/km
43	231	José António Alves Gonçalves	Individual	Male	40	VetDM	3	02:22:06	7'28"/km
44	260	Luisa Araujo	Erdal-Vimarunners	Female	4	VetAF	3	02:22:37	7'30"/km
45	259	Miguel Carvalho	Erdal-Vimarunners	Male	41	VetAM	12	02:22:54	7'31"/km
46	295	Nuria Vilala Ribe	CDM VÉRTICE	Female	5	VetAF	4	02:22:57	7'31"/km
47	201	Belmira Dos Reis	Individual	Female	6	VetCF	1	02:23:08	7'32"/km
48	280	João Graça	Nucleo de Atletismo de Vila Real	Male	42	VetBM	11	02:23:18	7'32"/km
49	294	Armindo Lopes	ARC Vale S. Cosme	Male	43	VetDM	4	02:25:40	7'40"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
50	202	Paula Maria Morais	Lobos do Brunheiro de Chaves / Anteros	Female	7	VetBF	1	02:28:44	7'49"/km
51	272	Jose Manuel Martins Silva	Individual	Male	44	VetEM	4	02:30:37	7'55"/km
52	230	Pedro Lopes	ARRASTASSOLAS	Male	45	SeniorM	7	02:31:37	7'58"/km
53	219	Fernando Perefira	Lobos do Brunheiro de Chaves / Anteros	Male	46	VetBM	12	02:32:23	8'01"/km
54	218	Idalina Pereira	Lobos do Brunheiro de Chaves / Anteros	Female	8	VetAF	5	02:32:23	8'01"/km
55	269	José Peixoto	PCRunners	Male	47	VetCM	8	02:33:10	8'03"/km
56	270	Eduardo Cardoso	Individual	Male	48	VetCM	9	02:33:38	8'05"/km
57	268	José Matos	Individual	Male	49	VetCM	10	02:35:07	8'09"/km
58	212	Rúben Melo	Lobos do Brunheiro de Chaves / Anteros	Male	50	S23M	1	02:36:03	8'12"/km
59	222	Isac Roxo	Lobos do Brunheiro de Chaves / Anteros	Male	51	S23M	2	02:36:03	8'12"/km
60	228	Diogo Machado	Lobos do Brunheiro de Chaves / Anteros	Male	52	SeniorM	8	02:36:04	8'12"/km
61	255	Alberto Sá	Lobos do monte run	Male	53	VetEM	5	02:36:31	8'14"/km
62	274	Patrícia Domingues	Individual	Female	9	SeniorF	2	02:36:48	8'15"/km
63	208	Basílio Pereira Monteiro	Raio de Luz	Male	54	VetBM	13	02:43:12	8'35"/km
64	207	Francisco José Couto Torrão	Raio de Luz	Male	55	S23M	3	02:43:13	8'35"/km
65	205	Jorge Cruz	Individual	Male	56	VetAM	13	02:47:26	8'48"/km
66	221	David Roxo	Lobos do Brunheiro de Chaves / Anteros	Male	57	S23M	4	02:47:45	8'49"/km
67	227	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	Male	58	VetBM	14	02:47:46	8'49"/km
68	216	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	Male	59	VetBM	15	02:47:47	8'49"/km
69	247	João Mendes	Domingueiros on Tour	Male	60	VetCM	11	02:51:21	9'01"/km
70	285	Alda Ribeiro	BraguinhasRunners	Female	10	VetAF	6	02:51:28	9'01"/km
71	234	Fernando Das Eiras Paula	Individual	Male	61	VetEM	6	02:56:10	9'16"/km
72	289	Filipe Pinto	Individual	Male	62	VetCM	12	02:56:11	9'16"/km
73	286	Tiago Martins	BraguinhasRunners	Male	63	VetBM	16	02:57:25	9'20"/km
74	209	Helena Cunha	ARRASTASSOLAS	Female	11	VetBF	2	02:58:07	9'22"/km
75	210	Mario Santos	ARRASTASSOLAS	Male	64	VetAM	14	02:58:07	9'22"/km
76	298	Duarte Martins	Individual	Male	65	VetBM	17	03:02:31	9'36"/km
77	217	Helena Teixeira	Lobos do Brunheiro de Chaves / Anteros	Female	12	SeniorF	3	03:19:24	10'29"/km
78	241	Ana Marcelino	Linces do Marão	Female	13	VetCF	2	03:30:00	11'03"/km