



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	1068	José Andrade	Sport Arronches e Benfica	Male	1	MSenior	1	02:43:43	5'50"/km
2	1069	Eduardo Picado	Sport Arronches e Benfica	Male	2	M40	1	02:50:18	6'04"/km
3	1078	Laurentino Piteira	ADN Mértola	Male	3	M50	1	02:50:54	6'06"/km
4	1085	Pedro Xarepe	Individual	Male	4	MSenior	2	02:51:49	6'08"/km
5	1042	Isolindo Felizardo	CCD MATRIZ BORBA TRAIL	Male	5	M40	2	02:52:52	6'10"/km
6	1077	Bruno Castro	Sport Arronches e Benfica	Male	6	M40	3	02:53:07	6'10"/km
7	1057	Ricardo Manuel Calado Da Conceição	Linces de Montemor	Male	7	M40	4	02:55:29	6'16"/km
8	1049	Fernando Pires	Galhardos Runners	Male	8	M40	5	02:56:59	6'19"/km
9	1089	Helder Conceição	Linces de Montemor	Male	9	M40	6	03:00:16	6'26"/km
10	1021	João Mota	Strendure Running Team	Male	10	M50	2	03:00:41	6'27"/km
11	1074	Nelson José Violante Bartolo	Casa do Benfica em Moura	Male	11	M40	7	03:03:08	6'32"/km
12	1094	Manuel Macau	Furões do Alentejo	Male	12	M60	1	03:03:26	6'33"/km
13	1018	Amável Pinto	AD IALBAX	Male	13	MSenior	3	03:06:47	6'40"/km
14	1007	João Espiguinha	Help 4 U Consultores	Male	14	M40	8	03:06:47	6'40"/km
15	1093	Pedro Pereira	Trail do Texugo	Male	15	M40	9	03:09:56	6'47"/km
16	1011	Fábio Delgado	Terrantêz Trail Team	Male	16	MSenior	4	03:13:08	6'53"/km
17	1047	Rui Leal	Trail do Texugo	Male	17	M40	10	03:15:58	6'59"/km
18	1072	Nuno Machado	Sharish Gin/GD Piranhas do Alqueva	Male	18	M40	11	03:17:06	7'02"/km
19	1016	Pedro Miguel Soares Belém	Alandroal United Runners	Male	19	MSenior	5	03:20:52	7'10"/km
20	1076	Nélson Duarte Bilro Lanternas	Gdc rio de moinhos	Male	20	M40	12	03:21:00	7'10"/km
21	1092	Marco Silva	Strendure Running Team	Male	21	M40	13	03:21:45	7'12"/km
22	1001	João Borralho	BTTeam Lucefécit	Male	22	M40	14	03:23:02	7'15"/km
23	1051	Carlos Alberto Ramos Grenho	Furões do Alentejo	Male	23	M50	3	03:24:02	7'17"/km
24	1084	Hugo Paulino	Rota D'Ossa	Male	24	M40	15	03:26:24	7'22"/km
25	1050	Rogério Costa	Linces de Montemor	Male	25	M50	4	03:28:04	7'25"/km
26	1025	Luis Miguel Santos Caramelo	Furões do Alentejo	Male	26	M40	16	03:30:21	7'30"/km
27	1073	João Pereira	Strendure Running Team	Male	27	M50	5	03:31:08	7'32"/km
28	1081	Roberto Bilro	Sharish Gin/GD Piranhas do Alqueva	Male	28	MSenior	6	03:34:43	7'40"/km
29	1054	André Rolão	Strendure Running Team	Male	29	M40	17	03:34:53	7'40"/km
30	1062	Luis Barradas	Trail do Texugo	Male	30	M40	18	03:35:13	7'41"/km
31	1006	Carlos Pereira	Trail do Texugo	Male	31	M40	19	03:35:14	7'41"/km
32	1045	João Miguel F Pires Pires	Terrantêz Trail Team	Male	32	M40	20	03:35:24	7'41"/km
33	1029	Fernando Ferreira	Endovellico Trail Team	Male	33	M40	21	03:36:26	7'43"/km
34	1070	Diogo Filipe Pires Correia	GEDA- Campo Maior Trail Runners	Male	34	MSenior	7	03:37:27	7'46"/km
35	1039	Roberto Charréu	Sharish Gin/GD Piranhas do Alqueva	Male	35	MSenior	8	03:38:28	7'48"/km
36	1013	Vítor Coelho	Papatrilhos Vila Viçosa	Male	36	MSenior	9	03:41:57	7'55"/km
37	1065	María Rubio Hernández	Club Trail Comesuelas Badajoz	Female	1	FSenior	1	03:45:32	8'03"/km
38	1031	Sergio Belchior	Trail do Texugo	Male	37	M40	22	03:48:18	8'09"/km
39	1009	António Serrano	Sobe e Desce Team	Male	38	M40	23	03:49:00	8'10"/km
40	1012	Elsa Coelho	Faísca Trail Team	Female	2	F40	1	03:49:24	8'11"/km
41	1033	Tiago Perdigão	Strendure Running Team	Male	39	M40	24	03:49:27	8'11"/km
42	1044	Madalena Isabel Duarte Guerreiro	Strendure Running Team	Female	3	FSenior	2	03:50:04	8'13"/km
43	1027	Carlos Martins	Endovellico Trail Team	Male	40	M50	6	03:52:21	8'17"/km
44	1067	Carlos Pepê	Campo Maior Trail Runners	Male	41	M40	25	03:52:23	8'17"/km
45	1086	Edgar Ganhão Tavares	Clube de Orientação do Alto Alentejo	Male	42	M40	26	03:53:31	8'20"/km
46	1055	José Luís Gomes Baeta	Trail do Texugo	Male	43	MSenior	10	03:53:31	8'20"/km
47	1017	João Roque	Trail do Texugo	Male	44	MSenior	11	03:53:34	8'20"/km
48	1064	Juan Antonio Gabao Castaño	Grupeta Alburquerque	Male	45	MSenior	12	03:54:35	8'22"/km
49	1091	Laura González Atanes	Club Trail Comesuelas Badajoz	Female	4	F40	2	03:54:35	8'22"/km
50	1079	António Orlando Carpinteiro	Individual	Male	46	MSenior	13	03:54:56	8'23"/km
51	1075	Vasco Capitão	Individual	Male	47	M40	27	03:55:51	8'25"/km

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Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
52	1043	José Rolão	Strendure Running Team	Male	48	M60	2	03:56:32	8'26"/km
53	1032	José Garrett	Strendure Running Team	Male	49	M50	7	03:58:31	8'31"/km
54	1059	Elsa Maria Nifro Baiona Paixão	CCD MATRIZ BORBA TRAIL	Female	5	F40	3	03:58:42	8'31"/km
55	1040	Helder Faia	CCD MATRIZ BORBA TRAIL	Male	50	M40	28	04:00:48	8'36"/km
56	1071	Daniel Morassut	Sobe e Desce Team	Male	51	M50	8	04:05:14	8'45"/km
57	1036	Marta Bilro	Sobe e Desce Team	Female	6	FSenior	3	04:05:15	8'45"/km
58	1048	Ramon Delgado	Casa do Benfica de Reguengos de Monsaraz	Male	52	M60	3	04:09:00	8'53"/km
59	1034	Carlos Mira	Rota D'Ossa	Male	53	M50	9	04:11:13	8'58"/km
60	1010	Susana	EDV - VIANA TRAIL	Female	7	F50	1	04:11:28	8'58"/km
61	1023	Nuno Flores	Sharish Gin/GD Piranhas do Alqueva	Male	54	M40	29	04:13:03	9'02"/km
62	1061	António Barral Cardoso	Individual	Male	55	M40	30	04:13:04	9'02"/km
63	1063	João Paulo Boto Falarido	Sharish Gin/GD Piranhas do Alqueva	Male	56	M40	31	04:13:04	9'02"/km
64	1058	David Rodrigues	Sharish Gin/GD Piranhas do Alqueva	Male	57	MSenior	14	04:13:05	9'02"/km
65	1000	Hugo Carapinha	Trail do Texugo	Male	58	MSenior	15	04:19:32	9'16"/km
66	1014	Helena Azul	GRVilaverdense	Female	8	F40	4	04:24:03	9'25"/km
67	1019	António Gomes	Rota D'Ossa	Male	59	M60	4	04:24:12	9'26"/km
68	1028	Pedro Serra	Endovelico Trail Team	Male	60	M40	32	04:26:34	9'31"/km
69	1066	Gonçalo André Pataco	Trail do Texugo	Male	61	MSenior	16	04:28:42	9'35"/km
70	1005	José Manuel Siquenique Roque	Trail do Texugo	Male	62	MSenior	17	04:28:42	9'35"/km
71	1015	Favelina Santos	Strendure Running Team	Female	9	F40	5	04:30:37	9'39"/km
72	1056	Bruno Quitério	Strendure Running Team	Male	63	M40	33	04:30:52	9'40"/km
73	1053	Vicente Aperta	IALBAX	Male	64	M50	10	04:31:29	9'41"/km
74	1002	Ricardo Pato	Strendure Running Team	Male	65	M40	34	04:54:25	10'30"/km
75	1003	Nuno Freire	Strendure Running Team	Male	66	MSenior	18	04:54:25	10'30"/km
76	1083	Pedro Nunes	Trail do Texugo	Male	67	M50	11	04:58:04	10'38"/km
77	1022	Andréa Damásio	Trail do Texugo	Female	10	F50	2	04:58:05	10'38"/km
78	1095	Jose Filipe Garcez	Individual	Male	68	M40	35	05:39:53	12'08"/km