



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	2085	Antonio Padilha	Sharish Gin/GD Piranhas do Alqueva	Male	1	MSenior	1	01:17:11	5'08"/km
2	2146	Jorge Grilo	Casa do Benfica de Reguengos de Monsaraz	Male	2	MSenior	2	01:17:12	5'08"/km
3	2218	Rui Martins	Grupo Desportivo Pavia	Male	3	MSenior	3	01:21:46	5'27"/km
4	2213	Luis Miguel Perico Ruxa	Sharish Gin/GD Piranhas do Alqueva	Male	4	MSenior	4	01:23:03	5'32"/km
5	2164	Nuno Martins	Sharish Gin/GD Piranhas do Alqueva	Male	5	M40	1	01:23:26	5'33"/km
6	2159	Luís Campaniço	Casa do Benfica de Reguengos de Monsaraz	Male	6	MSenior	5	01:25:00	5'40"/km
7	2197	Bruno Amândio	Casa do Benfica em Moura	Male	7	M40	2	01:25:13	5'40"/km
8	2022	Fábio Pais	Sharish Gin/GD Piranhas do Alqueva	Male	8	MSenior	6	01:26:48	5'47"/km
9	2081	Filipe Prior	Sharish Gin/GD Piranhas do Alqueva	Male	9	MSenior	7	01:26:50	5'47"/km
10	2037	Carlos Merino	Sobe e Desce Team	Male	10	M40	3	01:28:37	5'54"/km
11	2160	Rogério Marino	Rota D'Ossa	Male	11	M40	4	01:29:04	5'56"/km
12	2013	João Rodrigues	Runners Project Trail Team	Male	12	MSenior	8	01:30:25	6'01"/km
13	2186	Rui Varandas	Centro Vicentino da Serra de Portalegre	Male	13	MSenior	9	01:30:55	6'03"/km
14	2169	Henrique Coelho De Matos Matinhos	Individual	Male	14	MSenior	10	01:31:07	6'04"/km
15	2055	Luis Carraquico	Strendure Running Team	Male	15	M40	5	01:31:27	6'05"/km
16	2182	Pedro Manuel Carriço Do Maio	Gdc rio de moinhos	Male	16	MSenior	11	01:31:29	6'05"/km
17	2141	Victor Lopes	Casa do Benfica de Reguengos de Monsaraz	Male	17	M40	6	01:32:02	6'08"/km
18	2167	Luís Russo	Sobe e Desce Team	Male	18	MSenior	12	01:32:03	6'08"/km
19	2177	Vanessa Amaral Da Silva	Gdc rio de moinhos	Female	1	FSenior	1	01:34:43	6'18"/km
20	2078	Joaquim Santos	Individual	Male	19	M50	1	01:34:44	6'18"/km
21	2143	Oscar Tanganho	Casa do Benfica de Reguengos de Monsaraz	Male	20	M40	7	01:34:44	6'18"/km
22	2211	Vasco	Individual	Male	21	MSenior	13	01:35:00	6'20"/km
23	2138	Rui Semedo	Sport Arronches e Benfica	Male	22	M50	2	01:35:18	6'21"/km
24	2179	Fábio Alexandre Fernandes	Gdc rio de moinhos	Male	23	MSenior	14	01:35:33	6'22"/km
25	2183	Nuno Paixão	CCD MATRIZ BORBA TRAIL	Male	24	M40	8	01:35:43	6'22"/km
26	2193	Tomé Rocha	Papatrilhos Vila Viçosa	Male	25	MSenior	15	01:36:01	6'24"/km
27	2191	Ildefonso Barreiros	GRUPO DESPORTIVO DIANA	Male	26	M60	1	01:36:55	6'27"/km
28	2165	Hugo Sertório	Grupo Desportivo Dianas	Male	27	M40	9	01:38:39	6'34"/km
29	2027	Cláudio Maia	Endovelico Trail Team	Male	28	M40	10	01:38:51	6'35"/km
30	2190	Pedro Relvas	Gurus-Sup	Male	29	M50	3	01:39:02	6'36"/km
31	2209	Manuel Simões	AC Portalegre / UTSM	Male	30	M50	4	01:39:41	6'38"/km
32	2212	Daniel Simões	AC Portalegre / UTSM	Male	31	MSenior	16	01:39:42	6'38"/km
33	2119	Sara Brito	Saca Trilhos Anadia	Female	2	F50	1	01:39:51	6'39"/km
34	2215	Antonio Reto	Casa do Benfica de Reguengos de Monsaraz	Male	32	MSenior	17	01:40:19	6'41"/km
35	2088	Arlindo Furão	Gurus-Sup	Male	33	M50	5	01:40:47	6'43"/km
36	2196	Eduardo Palmeiro	Sport Arronches e Benfica	Male	34	M50	6	01:40:55	6'43"/km
37	2136	João Ribeiro	Sport Arronches e Benfica	Male	35	M40	11	01:41:01	6'44"/km
38	2134	Daniel Lopes Silva Janeiro	Gurus-Sup	Male	36	MSenior	18	01:41:02	6'44"/km
39	2125	Marco Vitória	Sport Arronches e Benfica	Male	37	MSenior	19	01:41:07	6'44"/km
40	2216	Raquel Relvas	Casa do Benfica de Reguengos de Monsaraz	Female	3	FSenior	2	01:41:26	6'45"/km
41	2130	André Martins	Linces de Montemor	Male	38	M40	12	01:41:40	6'46"/km
42	2122	Mário Afonso	Coaal - Clube de Orientação do Alto Alentejo	Male	39	MSenior	20	01:41:55	6'47"/km
43	2089	Luís Espanhol	Individual	Male	40	MSenior	21	01:42:17	6'49"/km
44	2016	João Calhau	Azaruja Trail Team	Male	41	MSenior	22	01:42:37	6'50"/km
45	2133	Saete Tavares	Saca Trilhos Anadia	Female	4	F50	2	01:43:00	6'52"/km
46	2214	Nelson Cota	GRUPO DESPORTIVO DIANA	Male	42	MSenior	23	01:43:17	6'53"/km
47	2051	Paulo Santos	ACS ASSOCIAÇÃO CULTURAL SAMBRASENSE	Male	43	M40	13	01:44:13	6'56"/km
48	2174	João Paulo Barroso Geadas	Gdc rio de moinhos	Male	44	M50	7	01:44:41	6'58"/km
49	2093	Sérgio Reis	Sharish Gin/GD Piranhas do Alqueva	Male	45	M50	8	01:45:01	7'00"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
50	2121	Júlio Lagoa	Coaal - Clube de Orientação do Alto Alentejo	Male	46	MSenior	24	01:45:06	7'00"/km
51	2025	Cátia Sofia Branco Santana	Alandroal United Runners	Female	5	FSenior	3	01:46:30	7'06"/km
52	2036	Paula Ramalho	Casa do Benfica de Reguengos de Monsaraz	Female	6	F50	3	01:46:41	7'06"/km
53	2001	Nuno Zorreta	Individual	Male	47	MSenior	25	01:47:39	7'10"/km
54	2030	Fernando Pereira	BRAVO TEAM	Male	48	MSenior	26	01:48:16	7'13"/km
55	2199	Ana Torradinhas	Sharish Gin/GD Piranhas do Alqueva	Female	7	F40	1	01:48:20	7'13"/km
56	2161	Nuno José Caro Hilário	Casa do Benfica em Moura	Male	49	M40	14	01:48:36	7'14"/km
57	2115	Nuno Miguel Correia	Trail do Texugo	Male	50	M50	9	01:49:44	7'18"/km
58	2210	João Parreira	Trail do Texugo	Male	51	MSenior	27	01:49:45	7'19"/km
59	2112	Paulo Silva	Endovellico Trail Team	Male	52	M50	10	01:49:53	7'19"/km
60	2153	Daniel Cruz	Papatrilhos Vila Viçosa	Male	53	MSenior	28	01:50:02	7'20"/km
61	2032	Rui Rodrigues	A.C.D. Mina do Bugalho	Male	54	MSenior	29	01:50:48	7'23"/km
62	2039	Justino Pinto	Papatrilhos Vila Viçosa	Male	55	M40	15	01:51:06	7'24"/km
63	2120	Rui Morais	AD IALBAX	Male	56	M50	11	01:51:24	7'25"/km
64	2110	José Rei	GEDA- Campo Maior Trail Runners	Male	57	M50	12	01:51:24	7'25"/km
65	2202	Emanuel Lopes Janeiro	Gurus-Sup	Male	58	M40	16	01:51:55	7'27"/km
66	2002	Nuno Cebola	Individual	Male	59	MSenior	30	01:51:59	7'27"/km
67	2195	Pedro Lopes	Grupo Recreativo Janz e Associados	Male	60	M40	17	01:52:42	7'30"/km
68	2034	Vitorina Mourato	AC Portalegre / UTSM	Female	8	F50	4	01:53:21	7'33"/km
69	2070	Amadeu Romana	Casa do Benfica em Moura	Male	61	M40	18	01:54:17	7'37"/km
70	2080	Pedro Fonseca	Associação Bencatel Jovem	Male	62	MSenior	31	01:54:34	7'38"/km
71	2135	João Lobato	Gurus-Sup	Male	63	M40	19	01:55:11	7'40"/km
72	2151	Adelina Tanganho	Casa do Benfica de Reguengos de Monsaraz	Female	9	F40	2	01:55:23	7'41"/km
73	2142	Tânia Calisto	Casa do Benfica de Reguengos de Monsaraz	Female	10	FSenior	4	01:55:23	7'41"/km
74	2124	Paulo Arguelles	Sport Arronches e Benfica	Male	64	M40	20	01:55:29	7'41"/km
75	2181	Francisco José Vilela Severino	Gdc rio de moinhos	Male	65	M40	21	01:55:48	7'43"/km
76	2097	Tiago Serrano	Linces de Montemor	Male	66	MSenior	32	01:56:12	7'44"/km
77	2132	César Santos	Papatrilhos Vila Viçosa	Male	67	M40	22	01:56:51	7'47"/km
78	2109	Manuel Caldeira Badalo	GEDA- Campo Maior Trail Runners	Male	68	M60	2	01:58:10	7'52"/km
79	2004	André Filipe Amador Courela	Papatrilhos Vila Viçosa	Male	69	MSenior	33	01:58:46	7'55"/km
80	2156	Fernando Silva	Atlético Clube Fronteirense ACF	Male	70	M60	3	01:59:03	7'56"/km
81	2116	Carlos Solano	Grupo Desportivo Arenense	Male	71	M40	23	01:59:05	7'56"/km
82	2117	Sílvia Silveira	Grupo Desportivo Arenense	Female	11	F40	3	01:59:05	7'56"/km
83	2024	Anastacia Silva	Individual	Female	12	FSenior	5	01:59:36	7'58"/km
84	2131	Rodrigo Janeiro	Individual	Male	72	MS23	1	02:00:28	8'01"/km
85	2056	José Russo	AD IALBAX	Male	73	M60	4	02:00:39	8'02"/km
86	2173	Thomas Paillet	Individual	Male	74	MSenior	34	02:00:44	8'02"/km
87	2152	Lina Lopes	Casa do Benfica de Reguengos de Monsaraz	Female	13	F40	4	02:01:04	8'04"/km
88	2176	João Manuel Fortes Siquenique	Gdc rio de moinhos	Male	75	M50	13	02:01:23	8'05"/km
89	2038	António Caritas	Individual	Male	76	M40	24	02:01:33	8'06"/km
90	2170	Sara Da Silva Nogueira	Lobos do Brunheiro de Chaves / Anteros	Female	14	F40	5	02:01:40	8'06"/km
91	2129	Rui Baptista	Vila Boim Runners	Male	77	MSenior	35	02:01:54	8'07"/km
92	2098	Luís Borralho	Rota D'Ossa	Male	78	M40	25	02:02:21	8'09"/km
93	2149	António Gonçalves	Individual	Male	79	MSenior	36	02:02:46	8'11"/km
94	2045	Rui Pedro Julião	Strendure Running Team	Male	80	M50	14	02:02:53	8'11"/km
95	2043	Luis Afonso	Strendure Running Team	Male	81	M50	15	02:02:53	8'11"/km
96	2044	Xana Proença	Strendure Running Team	Female	15	F50	5	02:02:53	8'11"/km
97	2047	Rui Manuel Dias	Strendure Running Team	Male	82	M40	26	02:02:53	8'11"/km
98	2203	Miguel Moita	Individual	Male	83	MSenior	37	02:03:34	8'14"/km
99	2092	Inês Barradas	Casa do Benfica de Reguengos de Monsaraz	Female	16	FSenior	6	02:04:19	8'17"/km
100	2054	Filipa Do Amparo	Strendure Running Team	Female	17	FSenior	7	02:05:23	8'21"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
101	2145	Vitor Pinto	GEDA- Campo Maior Trail Runners	Male	84	M40	27	02:06:21	8'25"/km
102	2144	Ana Penha	GEDA- Campo Maior Trail Runners	Female	18	F40	6	02:06:23	8'25"/km
103	2127	João Feiteira	Sport Arronches e Benfica	Male	85	M60	5	02:06:32	8'26"/km
104	2192	Pedro Alves	ETRI - Escola Triatlo Santo Antonio	Male	86	MSenior	38	02:06:45	8'27"/km
105	2137	Israel Montes López	Club Maratón Badajoz	Male	87	M40	28	02:07:09	8'28"/km
106	2108	João Resende	CA Barreira	Male	88	M50	16	02:07:30	8'30"/km
107	2048	Nelson Serrão	BRAVO TEAM	Male	89	MSenior	39	02:08:47	8'35"/km
108	2000	Luís Zorreta	Individual	Male	90	MSenior	40	02:08:56	8'35"/km
109	2155	Paulo Pita	Papatrilhos Vila Viçosa	Male	91	M40	29	02:08:57	8'35"/km
110	2060	Ana Duarte	AD IALBAX	Female	19	F40	7	02:09:57	8'39"/km
111	2208	Sara Feitor Cota	GRUPO DESPORTIVO DIANA	Female	20	FSenior	8	02:10:18	8'41"/km
112	2189	Maria Relvas	Gurus-Sup	Female	21	F50	6	02:10:19	8'41"/km
113	2172	Ana Cachopo	Individual	Female	22	F40	8	02:11:46	8'47"/km
114	2171	Pedro Lopes	Individual	Male	92	M40	30	02:11:47	8'47"/km
115	2178	Ana Beatriz Alves Rebola	Gdc rio de moinhos	Female	23	FSenior	9	02:12:45	8'51"/km
116	2068	Vitor Rocha	Individual	Male	93	MS23	2	02:14:12	8'56"/km
117	2163	Luis Manuel Coca Curado	Trail do Texugo	Male	94	M40	31	02:14:16	8'57"/km
118	2075	Carlos Cabeça	Trail do Texugo	Male	95	M40	32	02:14:17	8'57"/km
119	2064	Miguel Leal	Trail do Texugo	Male	96	M40	33	02:14:29	8'58"/km
120	2065	Sónia Cristina Pita Grazina	Trail do Texugo	Female	24	F40	9	02:14:30	8'58"/km
121	2029	João Carlos Pinheiro Correia	AC Portalegre / UTSM	Male	97	M60	6	02:15:03	9'00"/km
122	2150	Nelson Almeida	Alandroal United Runners	Male	98	MSenior	41	02:15:21	9'01"/km
123	2069	Manuela Baptista	TREVOS DO FORTE	Female	25	F50	7	02:15:30	9'02"/km
124	2090	Sónia Quintas	Sharish Gin/GD Piranhas do Alqueva	Female	26	F40	10	02:16:03	9'04"/km
125	2035	Hugo Rosado	Atletas de Cristo	Male	99	M40	34	02:16:04	9'04"/km
126	2185	Nelson Domingos	AD IALBAX	Male	100	M40	35	02:16:39	9'06"/km
127	2180	Helena Cristina Lopes Gromicho Caldeira	Gdc rio de moinhos	Female	27	F40	11	02:16:53	9'07"/km
128	2077	Elisabete Pires	TREVOS DO FORTE	Female	28	FSenior	10	02:17:40	9'10"/km
129	2076	Alexandre Pires	TREVOS DO FORTE	Male	101	M40	36	02:17:40	9'10"/km
130	2072	Vitor Melrinho	Individual	Male	102	MSenior	42	02:17:50	9'11"/km
131	2107	Diogo Lopes	Endovellico Trail Team	Male	103	MSenior	43	02:18:14	9'12"/km
132	2046	Luis Nico	Rota D'Ossa	Male	104	MSenior	44	02:19:37	9'18"/km
133	2099	Luis Santiago	Rota D'Ossa	Male	105	M50	17	02:19:38	9'18"/km
134	2207	Marco António Taxas Raminhos	Rota D'Ossa	Male	106	M40	37	02:19:39	9'18"/km
135	2073	Ruben Paulo Ventura Bravo	Cocheiros & Comp. ^a	Male	107	M40	38	02:21:03	9'24"/km
136	2052	Ruben Buinho	Individual	Male	108	MSenior	45	02:21:51	9'27"/km
137	2123	Célia Araújo	Campo Maior Trail Runners	Female	29	F40	12	02:21:58	9'27"/km
138	2005	Carmen Vidal	Help 4 U Consultores	Female	30	F40	13	02:22:01	9'28"/km
139	2140	David De Brito	Individual	Male	109	MSenior	46	02:23:02	9'32"/km
140	2101	Tânia Tereso	Gamenhos Team	Female	31	FSenior	11	02:24:10	9'36"/km
141	2100	Vitor Rebocho	Gamenhos Team	Male	110	MSenior	47	02:24:12	9'36"/km
142	2106	Mário Reguino	GEDA- Campo Maior Trail Runners	Male	111	M40	39	02:24:35	9'38"/km
143	2217	Andreia Marianito	Individual	Female	32	FSenior	12	02:26:33	9'46"/km
144	2168	Maria José Poeiras	Individual	Female	33	F50	8	02:26:35	9'46"/km
145	2184	Manuel Mestrinho	Casa do Benfica de Reguengos de Monsaraz	Male	112	M50	18	02:26:45	9'47"/km
146	2012	César Cardoso	Individual	Male	113	M40	40	02:27:03	9'48"/km
147	2104	Ricardo Grenho	Individual	Male	114	M40	41	02:29:32	9'58"/km
148	2175	Carlos Manuel Figueiredo Caldeira Gromicho	Gdc rio de moinhos	Male	115	M40	42	02:29:47	9'59"/km
149	2028	Lina De Jesus Mendes Rosa	Furões do Alentejo	Female	34	F50	9	02:30:49	10'03"/km
150	2114	Maria José Barreto	Trail do Texugo	Female	35	F50	10	02:30:49	10'03"/km
151	2007	Rita Cavacas	Casa do Benfica de Reguengos de Monsaraz	Female	36	FSenior	13	02:31:21	10'05"/km
152	2126	Márcia Gaspar	Individual	Female	37	FSenior	14	02:31:22	10'05"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
153	2083	Mário Serrano	Gurus-Sup	Male	116	M40	43	02:32:02	10'08"/km
154	2049	Joaquim Mouquinho	Caminhantes	Male	117	M50	19	02:32:09	10'08"/km
155	2220	Ruben Coelho	Individual	Male	118	MSenior	48	02:32:36	10'10"/km
156	2198	Nuno Falé	Individual	Male	119	MSenior	49	02:32:37	10'10"/km
157	2091	Célia Jesus Silva Quintas Rosado	Gurus-Sup	Female	38	F50	11	02:33:20	10'13"/km
158	2201	Margarida Barreto	Gurus-Sup	Female	39	F40	14	02:33:20	10'13"/km
159	2139	Manuela Ramalho	Individual	Female	40	F40	15	02:33:21	10'13"/km
160	2128	Ana Rocha	Individual	Female	41	FSenior	15	02:33:51	10'15"/km
161	2003	Ana Gila	Papatrilhos Vila Viçosa	Female	42	F40	16	02:34:21	10'17"/km
162	2058	Nuno Gaito	Strendure Running Team	Male	120	M40	44	02:35:01	10'20"/km
163	2062	Luis Luz	Strendure Running Team	Male	121	MSenior	50	02:35:01	10'20"/km
164	2026	Nuno Mira	Team Luccifecit	Male	122	M50	20	02:38:09	10'32"/km
165	2158	Ana Saraiva	Trail do Texugo	Female	43	FSenior	16	02:38:19	10'33"/km
166	2157	Bruna Siquenique	Trail do Texugo	Female	44	FSenior	17	02:38:19	10'33"/km
167	2084	Luís Carlos Pinto Rodrigues	Individual	Male	123	MSenior	51	02:38:19	10'33"/km
168	2188	João Galhofo	Trail do Texugo	Male	124	MSenior	52	02:38:23	10'33"/km
169	2095	Domingos Jeremias	Sharish Gin/GD Piranhas do Alqueva	Male	125	MSenior	53	02:38:54	10'35"/km
170	2096	Rui Praxedes	Sharish Gin/GD Piranhas do Alqueva	Male	126	M40	45	02:38:55	10'35"/km
171	2204	Daniela Caeiro	Gurus-Sup	Female	45	FSenior	18	02:39:22	10'37"/km
172	2219	Alexandre Ribeiro	Individual	Male	127	M40	46	02:42:14	10'48"/km
173	2057	Engrácia Cândido	TREVOS DO FORTE	Female	46	F50	12	02:45:06	11'00"/km
174	2041	Teresa Serrano	AC Portalegre / UTM	Female	47	FSenior	19	02:45:07	11'00"/km
175	2200	Rita Borges	MBT-Monforte Bike Run Team	Female	48	F40	17	02:45:07	11'00"/km
176	2053	Cristina Lobo	ACS ASSOCIAÇÃO CULTURAL SAMBRASENSE	Female	49	F40	18	02:45:08	11'00"/km
177	2113	Ana Isabel Andrade	GEDA- Campo Maior Trail Runners	Female	50	F40	19	02:46:16	11'05"/km
178	2111	Ana Isabel Marques	Campo Maior Trail Runners	Female	51	F50	13	02:46:16	11'05"/km
179	2042	Elizabete Lopes	Individual	Female	52	F50	14	02:47:35	11'10"/km
180	2094	Henry Molina	Fidelidade GDC	Male	128	M50	21	02:47:50	11'11"/km
181	2086	Arminda Aranha	TREVOS DO FORTE	Female	53	F60	1	02:51:03	11'24"/km
182	2205	Elsa Ferro	Gurus-Sup	Female	54	FSenior	20	02:53:32	11'34"/km
183	2206	Jaime Ferro	Gurus-Sup	Male	129	MSenior	54	02:53:32	11'34"/km
184	2050	António Miguel Lanternas Passinhas	Caminhantes	Male	130	M40	47	02:53:55	11'35"/km
185	2102	Arminda Barradas	Trail do Texugo	Female	55	F50	15	02:54:16	11'37"/km
186	2194	Amelia Calado	CCD MATRIZ BORBA TRAIL	Female	56	F40	20	02:54:43	11'38"/km
187	2031	Ana Cartaxo	Talentos Team	Female	57	F60	2	02:56:18	11'45"/km
188	2087	Carla Monteiro	TREVOS DO FORTE	Female	58	F40	21	02:56:22	11'45"/km
189	2074	Cláudio Velez	Clube Aventura de Monforte	Male	131	M50	22	02:56:27	11'45"/km
190	2105	João Velez	Clube Aventura de Monforte	Male	132	M40	48	02:56:27	11'45"/km
191	2154	Andre Canoa	Individual	Male	133	MSenior	55	03:04:16	12'17"/km
192	2103	Luís Barradas	Trail do Texugo	Male	134	M60	7	03:21:52	13'27"/km
193	2006	Pedro Miguel Raposo Dos Reis	GRUPO DESPORTIVO DIANA	Male	135	M40	49	03:24:35	13'38"/km
194	2009	Sara Filipa Pinto Rosa Galrito	Intelcia Runners	Female	59	FSenior	21	03:24:36	13'38"/km
195	2015	Patrícia Carmo	Trail do Texugo	Female	60	FSenior	22	03:24:37	13'38"/km
196	2067	Maria José Ferreira	TREVOS DO FORTE	Female	61	F60	3	03:36:39	14'26"/km
197	2147	Carlos Marcos	Papatrilhos Vila Viçosa	Male	136	M40	50	03:36:39	14'26"/km