



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	1201	Tiago Pinheiro	Coronado Runners	Male	1	MSenior	1	00:55:43	4'38"/km
2	1010	Joaquim Silva	Individual	Male	2	M50	1	00:56:01	4'40"/km
3	1005	Leonel Barros	Vizela corre	Male	3	MSenior	2	00:56:19	4'41"/km
4	1123	Rafael Teixeira	Promessas do Atletismo	Male	4	MSenior	3	00:56:51	4'44"/km
5	1054	Leonardo	Leroy Merlin Guimarães	Male	5	MSenior	4	01:02:26	5'12"/km
6	1007	Diogo Barros	CB RUN	Male	6	M40	1	01:02:35	5'12"/km
7	597	Sérgio Pereira	Break	Male	7	MSenior	5	01:02:55	5'14"/km
8	1066	Carlos Oliveira	Individual	Male	8	M50	2	01:04:11	5'20"/km
9	1080	Nuno Monteiro	Bombeiros Voluntários de Salvação Pública de Chaves	Male	9	MSenior	6	01:04:14	5'21"/km
10	1092	Vítor Coelho	Team Sindeq	Male	10	M50	3	01:08:01	5'40"/km
11	1124	Nuno Reis	Individual	Male	11	M40	2	01:09:00	5'45"/km
12	601	André Souto	Break	Male	12	MSenior	7	01:09:48	5'49"/km
13	1142	Jorge Pereira	Unidos Pela Corrida	Male	13	M40	3	01:11:32	5'57"/km
14	1233	Sergio Mendes	Individual	Male	14	MSenior	8	01:15:05	6'15"/km
15	1150	Bruno Azevedo	AD PEDOME	Male	15	M40	4	01:15:15	6'16"/km
16	1177	Pedro Pereira	Individual	Male	16	MSenior	9	01:15:31	6'17"/km
17	52	Lizuarte Martins	Individual	Male	17	M40	5	01:16:00	6'20"/km
18	1241	Marco Salgado	Individual	Male	18	M40	6	01:16:04	6'20"/km
19	1045	Ernesto Macedo Freitas	CB RUN	Male	19	M40	7	01:16:05	6'20"/km
20	1173	António Caldas	Individual	Male	20	M50	4	01:16:50	6'24"/km
21	598	Pedro Nogueira	Break	Male	21	M40	8	01:17:08	6'25"/km
22	1174	Adriano Teixeira	Lusavouga Trail running	Male	22	M50	5	01:17:09	6'25"/km
23	1227	Luís Gomes	ANGELFIT-23	Male	23	MSenior	10	01:18:04	6'30"/km
24	1127	Sandra Castro	Pó na lama trail runners	Female	1	FSenior	1	01:18:12	6'31"/km
25	1052	Rosa Oliveira	A Noite Passa a correr-Guimarães	Female	2	F50	1	01:18:17	6'31"/km
26	1096	Francisco Silva	AMVE - Associação Moinho de Vermoim	Male	24	M40	9	01:18:25	6'32"/km
27	1222	Silvério Pereira	Break	Male	25	M50	6	01:18:37	6'33"/km
28	1239	Jorge Freitas	Individual	Male	26	MSenior	11	01:18:46	6'33"/km
29	1209	António José Da Rocha Coelho	Individual	Male	27	M40	10	01:19:20	6'36"/km
30	1226	Agostinho Moreira	ANGELFIT-23	Male	28	M50	7	01:19:59	6'39"/km
31	1206	Marcelo Da Silva Dias	Individual	Male	29	MSenior	12	01:22:24	6'52"/km
32	1156	Duarte	Leroy Merlin Guimarães	Male	30	MSenior	13	01:22:43	6'53"/km
33	1208	Nelson Castro	Individual	Male	31	M40	11	01:22:51	6'54"/km
34	1075	André Soares	Nucleo sporting vila nova de Famalicão	Male	32	MSenior	14	01:22:52	6'54"/km
35	1024	Vitor Pontes	Vizela corre	Male	33	MSenior	15	01:22:54	6'54"/km
36	1090	Susana Azevedo	TEAM LANTEMIL	Female	3	FSenior	2	01:23:00	6'55"/km
37	539	António Coelho	Team Sem medo	Male	34	M40	12	01:23:15	6'56"/km
38	1035	Jose Ribeiro	Os Improváveis	Male	35	MSenior	16	01:23:21	6'56"/km
39	1223	Márcia Ruas	Break	Female	4	F40	1	01:23:26	6'57"/km
40	1109	José Castro	Os Improváveis	Male	36	M50	8	01:23:27	6'57"/km
41	1172	Rui Pedro Miranda Carvalho	Bbox&gym	Male	37	MSenior	17	01:23:28	6'57"/km
42	1149	Manuel Fernando Andrade Pereira	Individual	Male	38	M40	13	01:23:34	6'57"/km
43	1152	Bruno Gonçalves Sousa	Lobos do Brunheiro de Chaves / Anteros	Male	39	MSenior	18	01:23:35	6'57"/km
44	1112	Jorge Rodrigues	Os Improváveis	Male	40	M50	9	01:23:38	6'58"/km
45	1088	Miguel Correia	A.R. SEQUEIRÔ/DESTEMIDOS	Male	41	M40	14	01:23:40	6'58"/km
46	1176	Alex Souda	Lusavouga Trail running	Male	42	MSenior	19	01:23:43	6'58"/km
47	1012	Deolinda Faria	Individual	Female	5	F50	2	01:23:52	6'59"/km
48	1166	António Dinis	Individual	Male	43	M50	10	01:23:57	6'59"/km
49	1161	Sérgio Ferreira	Afrikanrunners	Male	44	M40	15	01:24:10	7'00"/km
50	1014	Cristiano Fernandes	A Noite Passa a correr-Guimarães	Male	45	M40	16	01:24:11	7'01"/km
51	1154	Hélder Monteiro	Unidos Pela Corrida	Male	46	M40	17	01:25:01	7'05"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
52	1013	Nuno Teixeira	Individual	Male	47	M40	18	01:25:01	7'05"/km
53	1019	Francisco Fonseca	Individual	Male	48	M40	19	01:25:02	7'05"/km
54	1126	Carlos Torres	Pó na lama trail runners	Male	49	MSenior	20	01:25:08	7'05"/km
55	1169	Isabel Araújo	Individual	Female	6	F50	3	01:25:39	7'08"/km
56	1131	Nuno Machado	Individual	Male	50	MSenior	21	01:25:57	7'09"/km
57	1198	Roland Ribeiro	Leroy Merlin Guimarães	Male	51	M40	20	01:25:59	7'09"/km
58	1057	Tiago Soares	Leroy Merlin Guimarães	Male	52	M40	21	01:26:04	7'10"/km
59	1196	Alexandre Teixeira	Leroy Merlin Guimarães	Male	53	MSenior	22	01:26:04	7'10"/km
60	1182	Patricia Silva	Running Dolls	Female	7	F40	2	01:26:08	7'10"/km
61	1091	Andreia Isabel Reis Da Silva Pelicano	Associação desportiva Mont blue team	Female	8	F40	3	01:26:12	7'11"/km
62	1076	Elisabete Ministro	Palmeira Runners	Female	9	F40	4	01:26:18	7'11"/km
63	1189	Jorge Magalhães	Running Dolls	Male	54	M40	22	01:26:37	7'13"/km
64	1181	Armando Silva	Running Dolls	Male	55	M40	23	01:26:38	7'13"/km
65	1025	Helder Ribeiro	Os Improváveis	Male	56	M40	24	01:26:52	7'14"/km
66	1053	Alexandre	Adosa - Os Santa Apolónia	Male	57	M40	25	01:27:43	7'18"/km
67	1085	Diogo Silva	A.R. SEQUEIRÔ/DESTEMIDOS	Male	58	MSenior	23	01:27:51	7'19"/km
68	1081	Davide Miranda	Bbox&gym	Male	59	MSenior	24	01:27:57	7'19"/km
69	1050	Luciana Cunha	A Noite Passa a correr-Guimarães	Female	10	FSenior	3	01:28:08	7'20"/km
70	1221	Anabela Gonçalves	Break	Female	11	F50	4	01:28:09	7'20"/km
71	1190	António José	Individual	Male	60	MSenior	25	01:28:09	7'20"/km
72	1175	Carla Teixeira	Lusavouga Trail running	Female	12	FSenior	4	01:28:09	7'20"/km
73	1021	Fátima Moreira	Twogym	Female	13	F40	5	01:28:12	7'21"/km
74	1018	Maria Pinto	Individual	Female	14	F40	6	01:28:26	7'22"/km
75	1027	Sergio Ribeiro	Os Improváveis	Male	61	M40	26	01:28:29	7'22"/km
76	1217	Cristina Guimarães	Individual	Female	15	F40	7	01:28:46	7'23"/km
77	1072	Rogério Costa	Individual	Male	62	M60	1	01:29:00	7'25"/km
78	1225	Tiago Costa	Individual	Male	63	M40	27	01:29:04	7'25"/km
79	1214	João Faria	Individual	Male	64	MSenior	26	01:29:19	7'26"/km
80	1048	Rosa Maria Macedo Ribeiro	Riofit	Female	16	F50	5	01:29:38	7'28"/km
81	1125	António Joaquim Cunha Dias Oliveira	Individual	Male	65	M50	11	01:29:50	7'29"/km
82	1195	Bruno Santos	Leroy Merlin Guimarães	Male	66	MSenior	27	01:30:02	7'30"/km
83	1008	Marcela Fernandes	CB RUN	Female	17	F40	8	01:30:13	7'31"/km
84	1140	Isabel Silva	Unidos Pela Corrida	Female	18	FSenior	5	01:30:33	7'32"/km
85	1049	Susana Alcina Marques Da Silva	Riofit	Female	19	F40	9	01:30:46	7'33"/km
86	1216	Vitor Magalhães	Individual	Male	67	M40	28	01:30:48	7'34"/km
87	1110	Tiago Castro	Os Improváveis	Male	68	MSenior	28	01:33:00	7'45"/km
88	1130	Rute Cunha	Individual	Female	20	FSenior	6	01:33:30	7'47"/km
89	1136	Ilda Couto	Unidos Pela Corrida	Female	21	F50	6	01:34:17	7'51"/km
90	1134	Zeza Silva	Unidos Pela Corrida	Female	22	F50	7	01:34:33	7'52"/km
91	1141	Sónia Pereira	Unidos Pela Corrida	Female	23	F40	10	01:34:34	7'52"/km
92	1038	Ana Oliveira	Os Improváveis	Female	24	F40	11	01:36:07	8'00"/km
93	622	João Oliveira	Individual	Male	69	MSenior	29	01:36:09	8'00"/km
94	1089	Liliana Pereira	A.R. SEQUEIRÔ/DESTEMIDOS	Female	25	FSenior	7	01:37:05	8'05"/km
95	1162	Patrícia Machado	Afrikanrunners	Female	26	F40	12	01:37:05	8'05"/km
96	1009	Gil Vicente	Individual	Male	70	M40	29	01:37:25	8'07"/km
97	1202	Liliana Teixeira	Lusavouga Trail running	Female	27	F40	13	01:37:49	8'09"/km
98	1129	Tiago Abreu	Individual	Male	71	MSenior	30	01:37:56	8'09"/km
99	1030	Miguel Guimaraes	Os Improváveis	Male	72	M40	30	01:37:58	8'09"/km
100	1232	Joana Reis	Individual	Female	28	F40	14	01:38:02	8'10"/km
101	1146	Adelina Pereira	Unidos Pela Corrida	Female	29	F40	15	01:38:23	8'11"/km
102	1207	Luis Filipe Pires Rodrigues	Individual	Male	73	M50	12	01:38:23	8'11"/km
103	1191	Diogo Barbosa	Individual	Male	74	M40	31	01:38:30	8'12"/km
104	1224	Miguel Teixeira	TEAM LANTEMIL	Male	75	M40	32	01:38:34	8'12"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
105	1114	João Ribeiro	Os Improváveis	Male	76	MSenior	31	01:39:12	8'16"/km
106	1143	Xana Fernandes	Unidos Pela Corrida	Female	30	F40	16	01:40:30	8'22"/km
107	1055	Marisa	Leroy Merlin Guimarães	Female	31	F40	17	01:40:33	8'22"/km
108	511	João Ferreira	Individual	Male	77	MSenior	32	01:41:17	8'26"/km
109	1220	João Moreira	DIVE - LIBERDADE FC	Male	78	MSenior	33	01:41:25	8'27"/km
110	1070	Vera Domingues	Lobos do Monte Run	Female	32	F40	18	01:41:31	8'27"/km
111	1238	Sergio Costa	Individual	Male	79	MSenior	34	01:42:21	8'31"/km
112	1204	Luís Carlos Oliveira Azevedo	Individual	Male	80	MSenior	35	01:43:22	8'36"/km
113	1203	Filipa Gonçalves	Individual	Female	33	FSenior	8	01:43:23	8'36"/km
114	1205	Bruno Azevedo	Individual	Male	81	MSenior	36	01:44:19	8'41"/km
115	1145	Wendy Ferreira	Unidos Pela Corrida	Female	34	F40	19	01:45:20	8'46"/km
116	1138	Helena Pereira	Unidos Pela Corrida	Female	35	F40	20	01:45:26	8'47"/km
117	1180	João Teixeira	A. D. Nós Acreditámos	Male	82	M50	13	01:45:48	8'49"/km
118	1039	Jose Rodrigues	Os Improváveis	Male	83	M50	14	01:45:53	8'49"/km
119	1077	João Ministro	Palmeira Runners	Male	84	M50	15	01:46:35	8'52"/km
120	1167	Paulo Pereira	Os Improváveis	Male	85	MSenior	37	01:46:52	8'54"/km
121	1061	Filipa Carvalho	Individual	Female	36	F40	21	01:46:57	8'54"/km
122	1060	Simão Guimarães	Individual	Male	86	M40	33	01:46:57	8'54"/km
123	1006	Micael Ferreira	O Que Queremos é Monte	Male	87	MSenior	38	01:47:07	8'55"/km
124	1197	Sandra Marques	Individual	Female	37	F40	22	01:47:24	8'57"/km
125	1218	Gustavo Assunção	DIVE - LIBERDADE FC	Male	88	M40	34	01:47:58	8'59"/km
126	1051	Catia Miranda	A Noite Passa a correr-Guimarães	Female	38	FSenior	9	01:48:13	9'01"/km
127	54	Joana Pereira	Individual	Female	39	FSenior	10	01:48:39	9'03"/km
128	1067	Carlos Alberto Alves Da Silva	ArcoRun	Male	89	M50	16	01:48:56	9'04"/km
129	1046	Adelino Alves	Lobos do Monte Run	Male	90	M60	2	01:49:46	9'08"/km
130	1163	Miguela Monteiro	Afrikanrunners	Female	40	F40	23	01:50:12	9'11"/km
131	1192	André Barbosa	Individual	Male	91	MSenior	39	01:50:13	9'11"/km
132	1068	Lucia Oliveira	AMIGOS DA CORRIDA BRITO	Female	41	F40	24	01:50:33	9'12"/km
133	1230	Flávio Neto	Nosso Papel	Male	92	M40	35	01:51:04	9'15"/km
134	1231	Miguel Alves	Nosso Papel	Male	93	MSenior	40	01:51:05	9'15"/km
135	1228	Roberto Silva	Nosso Papel	Male	94	MSenior	41	01:51:05	9'15"/km
136	1229	Diogo Lobo	Nosso Papel	Male	95	MSenior	42	01:51:05	9'15"/km
137	1108	Diogo Ribeiro	Os Improváveis	Male	96	MSenior	43	01:51:05	9'15"/km
138	623	Elsa Azevedo	Individual	Female	42	F40	25	01:51:22	9'16"/km
139	1212	Ana Margarida Barroso Oliveira	Individual	Female	43	FSenior	11	01:51:30	9'17"/km
140	1211	Andreia Dias Salazar Neto Silva	Individual	Female	44	FSenior	12	01:51:31	9'17"/km
141	1210	Ana Isabel Azevedo Dinis	Individual	Female	45	FSenior	13	01:51:33	9'17"/km
142	1132	Paula Silva	Team Sem medo	Female	46	F50	8	01:51:35	9'17"/km
143	1151	Paula Martins	Individual	Female	47	FSenior	14	01:51:50	9'19"/km
144	1139	Elsa Gonçalves	Unidos Pela Corrida	Female	48	F40	26	01:52:11	9'20"/km
145	1079	Andre Rodrigues Da Silva	Individual	Male	97	M50	17	01:52:18	9'21"/km
146	53	Francisca Martins	Individual	Female	49	FSenior	15	01:52:28	9'22"/km
147	1184	Daniela Oliveira	Running Dolls	Female	50	F40	27	01:53:41	9'28"/km
148	1188	Alexandra Coutinho	Running Dolls	Female	51	F40	28	01:53:42	9'28"/km
149	1042	Armando Vilaça	Os Improváveis	Male	98	M50	18	01:54:11	9'30"/km
150	1047	Maria Alice Alves	Lobos do Monte Run	Female	52	F60	1	01:54:59	9'34"/km
151	1115	Cristiano Fernandes	Os Improváveis	Male	99	MSenior	44	01:55:36	9'38"/km
152	1158	Lisete Campos	Leroy Merlin Guimarães	Female	53	FSenior	16	01:55:55	9'39"/km
153	509	Gabriel Vieira	Individual	Male	100	M40	36	01:56:20	9'41"/km
154	1107	Sonia Silva	Os Improváveis	Female	54	FSenior	17	01:56:27	9'42"/km
155	1133	Cátia Teixeira	Individual	Female	55	FSenior	18	01:56:49	9'44"/km
156	57	Alberto Pereira	Individual	Male	101	M60	3	01:56:54	9'44"/km
157	1064	Lurdes Pinheiro	Team Sem medo	Female	56	F50	9	01:56:54	9'44"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
158	1148	Idalina Ferreira Mediros	Individual	Female	57	F40	29	01:56:56	9'44"/km
159	1153	Helena Teixeira	Individual	Female	58	FSenior	19	01:56:56	9'44"/km
160	1235	José Rodrigues	Individual	Male	102	M50	19	01:57:12	9'46"/km
161	1083	Sofia Silva	A.R. SEQUEIRÔ/DESTEMIDOS	Female	59	FSenior	20	01:57:22	9'46"/km
162	552	Rosa Machado	A.R. SEQUEIRÔ/DESTEMIDOS	Female	60	F40	30	01:57:22	9'46"/km
163	1016	Marina Amaral Couto	Espigueiros Runners-Caparrosinha	Female	61	FSenior	21	01:57:56	9'49"/km
164	1082	Claudia Ribeiro	Individual	Female	62	FSenior	22	01:58:20	9'51"/km
165	1219	Helena Fertuzinhos	DIVE - LIBERDADE FC	Female	63	FSenior	23	01:59:06	9'55"/km
166	1144	Ana Ferreira	Unidos Pela Corrida	Female	64	F40	31	01:59:21	9'56"/km
167	1199	Eduardo Silva	Individual	Male	103	MSenior	45	02:01:11	10'05"/km
168	1102	Maria Azevedo	Os Improváveis	Female	65	F50	10	02:01:11	10'05"/km
169	1078	Rui Lopes	Individual	Male	104	MSenior	46	02:02:43	10'13"/km
170	510	Ivo Brás	Amigos 100 Limites	Male	105	MSenior	47	02:02:43	10'13"/km
171	1105	Conceição Marques	Os Improváveis	Female	66	F40	32	02:03:16	10'16"/km
172	1137	Agostinha Ferreira	Unidos Pela Corrida	Female	67	F50	11	02:03:19	10'16"/km
173	1135	Rita Pereira	Unidos Pela Corrida	Female	68	F50	12	02:03:19	10'16"/km
174	1062	Milu Sousa	AMIGOS DA CORRIDA BRITO	Female	69	F40	33	02:03:56	10'19"/km
175	1179	Angelina Moreira	Bombeiros Voluntários de Salvação Pública de Chaves	Female	70	FSenior	24	02:05:19	10'26"/km
176	1170	Andreia Gonçalves	Bombeiros Voluntários de Salvação Pública de Chaves	Female	71	FSenior	25	02:05:20	10'26"/km
177	1104	Felismina Fernandes	Os Improváveis	Female	72	F40	34	02:05:31	10'27"/km
178	1023	Maria Oliveira	Os Improváveis	Female	73	F40	35	02:05:34	10'27"/km
179	1159	Renato Oliveira	Leroy Merlin Guimarães	Male	106	M40	37	02:05:38	10'28"/km
180	1037	Diana Ribeiro	Os Improváveis	Female	74	F40	36	02:05:48	10'29"/km
181	1036	Sonia Silva	Os Improváveis	Female	75	F40	37	02:06:09	10'30"/km
182	1157	Raquel Leitão	Leroy Merlin Guimarães	Female	76	F40	38	02:07:02	10'35"/km
183	1028	Liliana Melro	Os Improváveis	Female	77	FSenior	26	02:07:15	10'36"/km
184	1237	Ana Rita	Individual	Female	78	MSenior	48	02:09:21	10'46"/km
185	1194	Rui Machado	Individual	Male	107	MSenior	49	02:10:41	10'53"/km
186	1193	Paula Oliveira	Individual	Female	79	FSenior	27	02:10:42	10'53"/km
187	1200	Nuno Pinto	Individual	Male	108	MSenior	50	02:10:43	10'53"/km
188	1183	Jorge Silva	Running Dolls	Male	109	M50	20	02:11:37	10'58"/km
189	1071	Armindo Carvalho	Team Sem medo	Male	110	M40	38	02:14:11	11'10"/km
190	1058	Sandra Carvalho	Team Sem medo	Female	80	F40	39	02:14:12	11'11"/km
191	1164	Sofia Moreira	Afrikanrunners	Female	81	F40	40	02:16:20	11'21"/km
192	1160	Marisa C. Silva	Os Improváveis	Female	82	FSenior	28	02:16:45	11'23"/km
193	1097	Sandra Silva	AMVE - Associação Moinho de Vermoim	Female	83	F40	41	02:17:01	11'25"/km
194	1098	Teresa Rodrigues	AMVE - Associação Moinho de Vermoim	Female	84	F40	42	02:17:01	11'25"/km
195	1000	Patrícia Fernandes	Casados De Fresco	Female	85	FSenior	29	02:17:02	11'25"/km
196	1001	Marco Oliveira	Casados De Fresco	Male	111	MSenior	51	02:17:03	11'25"/km
197	1100	Miguel Marinho	Individual	Male	112	M40	39	02:17:07	11'25"/km
198	1168	Leontina Gouveia	Os Improváveis	Female	86	F50	13	02:17:45	11'28"/km
199	1101	Serafim Silva	Os Improváveis	Male	113	M50	21	02:18:21	11'31"/km
200	1103	Maria Gomes	Os Improváveis	Female	87	F40	43	02:18:22	11'31"/km
201	1069	Maria Manuela	AMIGOS DA CORRIDA BRITO	Female	88	F50	14	02:18:43	11'33"/km
202	1095	Cristina Cunha	Individual	Female	89	FSenior	30	02:21:04	11'45"/km
203	1094	Sandra Cunha	Individual	Female	90	FSenior	31	02:21:04	11'45"/km
204	1185	Rosa Brito	Running Dolls	Female	91	F50	15	02:23:11	11'55"/km
205	1187	Emília Abreu	Running Dolls	Male	114	M50	22	02:23:11	11'55"/km
206	1034	Claudia Pereira	Os Improváveis	Female	92	FSenior	32	02:25:30	12'07"/km
207	1032	Lina Pereira	Os Improváveis	Female	93	FSenior	33	02:25:46	12'08"/km
208	1120	Angelica Silva	Os Improváveis	Female	94	FSenior	34	02:26:55	12'14"/km
209	1119	Daniela Silva	Os Improváveis	Female	95	FSenior	35	02:26:56	12'14"/km



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
210	1117	Fátima Fernandes	Os Improváveis	Female	96	F40	44	02:30:57	12'34"/km
211	1111	Cidália Ribeiro	Os Improváveis	Female	97	F40	45	02:31:00	12'35"/km
212	1116	Mónica Martins	Os Improváveis	Female	98	F40	46	02:31:00	12'35"/km
213	1059	Susana Sousa	Clube Trilheiros & Amigos	Female	99	F40	47	02:31:09	12'35"/km
214	621	Olívia Macedo	Individual	Female	100	M40	40	02:34:43	12'53"/km
215	1040	Joaquim Lobo	Os Improváveis	Male	115	M60	4	02:34:48	12'54"/km
216	1041	Manuel Almeida	Os Improváveis	Male	116	M60	5	02:38:13	13'11"/km
217	1236	Rui Miguel	Individual	Male	117	M40	41	02:51:00	14'15"/km
218	1106	Maria Cunha	Os Improváveis	Female	101	F60	2	03:08:54	15'44"/km