

TROFÉU “BEST RUNNERS BARCELOS”

Trail Curto

Sub23 Masculinos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Paulo Oliveira	Dragon Club	01:13:40	100	01:27:02	100	01:46:23	100	300
2	Ricardo Almeida	Individual			01:43:08	95	01:57:13	85	180
3	Maurício Moreira	Magic Friends Runners			01:54:11	90	02:16:37	75	165
4	Sergio Pires	B.T.M			02:08:56	80	02:09:23	80	160
5	Luis Almeida		02:18:14	70	01:54:13	85			155
6	Fabio Machado	Motores da Montanha			02:50:09	70	03:13:26	70	140
7	Samuel Silva	A.D.Amarante Trail Runni	01:25:25	95					95
8	João Pedro	B.T.M.					01:54:36	95	95
9	Eduardo Rodrigues		01:30:57	90					90
10	João Vitor Tomé Dos Santos	Lobos do monte run					01:55:16	90	90
11	João Pereira		01:37:11	85					85
12	André Silva	B.T.M	01:43:01	80					80
13	André Natário	VizelaCorre	02:17:00	75					75
14	Pedro Cardoso	Individual			02:17:51	75			75
15	André Monteiro	Magic Friends Runners			03:10:29	65			65

Sub23 Femininos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Cristiana Rocha	Dragon Club	01:33:19	100	01:41:06	100	02:06:49	100	300
2	Clara Lopes	B.T.M.	01:42:29	95	02:00:40	95	02:46:35	95	285
3	Joana de Matos	Esposende	02:16:02	90					90
4	Mariana Gomes		02:16:11	85					85
5	Vânia Campos	Associação Figueiredos Ri	02:48:59	80					80

Seniores Masculinos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Vitor Carvalho		01:13:32	60	01:13:40	80	01:32:20	85	225
2	Pedro Oliveira	FisioPedro Trail	01:12:53	70	01:16:12	70	01:36:33	75	215
3	João Coentrão	Pegasus OCR ProTeam	01:09:15	90	01:19:35	27	01:31:22	90	207
4	João Ribeiro	Oralklass-Amigos do Trail			01:11:42	100	01:28:57	95	195
5	Nelson Leal	Águias de Alvelos	01:13:04	65	01:18:05	50	01:41:55	65	180
6	Flavio Fernandes	B.T.M.	01:12:24	75	01:19:09	35	01:44:01	55	165
7	Pedro Lopes	CBRUN			01:17:36	55	01:34:28	80	135
8	Nuno Fernandes	B.T.M.	01:12:24	80	01:18:37	40	01:54:20	10	130
9	Marco Santos	Rafa Team	01:07:39	100	01:19:48	24			124
10	Ricardo Oliveira	Habcarpintaria	01:13:38	55	01:16:33	65			120
11	joao ferreira	airorun					01:22:38	100	100
12	Zé Pedro	Rafa Team	01:08:57	95					95
13	Pedro Freitas	Individual			01:12:17	95			95
14	Sergio Silva	Mss contabilidade trail team			01:12:57	90			90
15	João Lopes	CBRUN			01:19:58	18	01:37:52	70	88

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16	Salvador Oliveira	B.T.M	01:12:23	85					85
17	Tiago Pinto	Douroconta-Gabinete de Apoio e Contabili	01:12:58	85					85
18	Pedro Costa	Habcarpintaria	01:18:13	21	01:26:12	4	01:43:15	60	85
19	Pedro Tapadas	Douroconta-Gabinete de Apoio e Contabili	01:14:01	75					75
20	Manuel Oliveira	Terminal Coimbra	01:16:01	30	01:18:19	45			75
21	Fernando Alves	Individual	01:14:48	45	01:19:58	21			66
22	Nuno Carvalho	Realense Futebol Clube			01:17:08	60			60
23	Tiago Sá	Rafa Team			01:24:19	8	01:46:08	50	58
24	Henrique Loureiro		01:14:34	50					50
25	João Manuel Duarte	B.T.M.	01:19:28	18	01:19:18	30	02:13:23	1	49
26	Francisco Pilar	Teem pilar					01:46:31	45	45
27	Diogo Lopes	CBRUN	02:05:26	1	01:20:07	15	01:49:15	27	43
28	Paulo Martins	VizelaCorre	01:15:07	40					40
29	Jorje Santos	tappas cafe -santiago de aldreu					01:47:48	40	40
30	Hélder Silva	Habcarpintaria			01:23:29	10	01:48:57	30	40
31	Pedro Magalhães	S C Espinho / António Leil	01:15:51	35					35
32	André Silva	B.T.M.					01:48:24	35	35
33	Bruno Rodrigues	Rundiculous	01:21:02	10	01:25:23	6	01:53:18	12	28
34	Isidro Pinto	DAPproducoes	01:16:39	27					27
35	Marco Bds	Habcarpintaria	01:17:51	24	01:30:32	1	02:01:44	1	26
36	Nelson Gonçalves	Individual					01:49:54	24	24
37	Luciano Gonçalves Faria	GD Castelense					01:49:56	21	21
38	Fernando Rodrigues	Individual					01:51:13	18	18
39	Pedro Silva	Habcarpintaria	01:19:36	15	01:33:40	1			16
40	Nuno Silva	The Newbies					01:52:19	15	15
41	Pedro Miguel Oliveira Costa		01:20:20	12					12
42	Tiago Faria	Individual			01:22:57	12			12
43	Eduardo Ribeiro		01:38:36	1			01:55:23	8	9
44	Andre Sendao	LETHES TRAIL TEAM	01:21:36	8					8
45	Diogo Azevedo	Individual			01:34:14	1	01:55:26	6	7
46	Tiago Alves	DAPproducoes	01:22:14	6					6
47	AGOSTINHO TEIXEIRA	GD AIRÃO CURVIÃ	01:22:34	5					5
48	Bruno Santos	Douroconta-Gabinete de Apoio e Contabili	01:25:36	5					5
49	Nuno Figueiredo	Águias de Alvelos					01:55:42	5	5
50	Rui Pereira	VizelaCorre	01:23:33	4					4
51	Paulo Barbosa	Águias de Alvelos					01:55:56	4	4
52	Joao Carlos Soutelo Couto	ACR Roriz	01:24:54	3			02:32:54	1	4
53	Filipe Oliveira	FisioPedro Trail	01:26:02	2	01:34:34	1	02:12:05	1	4
54	Rui Pedro	Amigos 100 Limites			01:26:40	3			3
55	Nuno Pereira	Delegação de comandos de Guimarães					01:57:56	3	3
56	Hélder Magalhães				01:31:57	1	01:58:15	2	3
57	André Santos	B.T.M	01:29:49	1			02:01:34	2	3
58	Nuno Carvalho	Individual			01:43:46	1	02:01:27	2	3
59	José Rocha	Individual	01:28:59	1	01:35:31	1	02:08:46	1	3
60	João Pedro Silva	FisioPedro Trail	01:29:55	1	01:39:33	1	02:04:08	1	3
61	Tiago Gonçalves	ADECA	01:27:10	1	01:38:41	1	02:28:11	1	3
62	Bruno Marques	Habcarpintaria	01:36:16	1	01:44:02	1	02:16:56	1	3
63	Vitor Silva	Red Fox	01:48:02	1	01:42:24	1	02:14:12	1	3
64	Daniel Soares	Rundiculous	01:29:36	1	01:54:22	1	02:22:44	1	3
65	Mário Coelho	Individual	01:41:13	1	01:52:29	1	02:18:52	1	3

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66	Joao Laranjeira	ADE trail running	01:38:15	1	01:59:37	1	02:16:31	1	3
67	Pedro Silva	AFIPRE TEAM	01:52:31	1	01:52:08	1	02:35:03	1	3
68	Ricardo Pires	Motores da Montanha	02:02:18	1	01:58:00	1	02:20:49	1	3
69	Elson Carvalho	Habcarpintaria	01:42:29	1	02:01:43	1	02:37:37	1	3
70	Nuno Mendes	Motores da Montanha	02:06:47	1	02:31:35	1	02:41:49	1	3
71	Telmo Gondar	Motores da Montanha	02:20:59	1	02:53:06	1	03:11:56	1	3
72	Paulo Silva	Individual	02:45:34	1	02:57:36	1	03:59:06	1	3
73	Vítor Araujo	DAPproducoes	01:26:02	2					2
74	José Miguel Mendes	Falsos Lentos	01:26:15	2					2
75	Daniel Martins	Individual			01:27:40	2			2
76	Hugo Lopes	Promessas do atletismo			01:27:47	2			2
77	Alcino Silva	Amigos 100 Limites			01:27:57	2			2
78	Daniel Neto	FisioPedro Trail	01:28:11	1	01:43:18	1			2
79	Ricardo Branco	Individual	01:42:17	1	01:46:44	1			2
80	Ricardo Meireles	Braga	01:44:32	1	01:47:44	1			2
81	Miguel Gonçalves	FisioPedro Trail	01:38:06	1	01:55:12	1			2
82	Pedro Silva	Individual			01:38:04	1	02:01:57	1	2
83	Nuno Gomes	FisioPedro Trail			01:35:33	1	02:05:16	1	2
84	Jose Pereira	Águias de Alvelos			01:34:06	1	02:08:20	1	2
85	Vitor Ferreira		01:49:49	1	01:53:53	1			2
86	Ricardo Azevedo	Individual			01:42:10	1	02:07:45	1	2
87	Vitor Sousa	Individual			01:34:49	1	02:16:32	1	2
88	José Cruz	Individual			01:41:05	1	02:12:31	1	2
89	Sergio Neiva	Ganita			01:43:15	1	02:10:35	1	2
90	Bruno Sampaio	Habcarpintaria	01:47:15	1			02:09:54	1	2
91	André Cardoso	Individual			01:47:39	1	02:17:39	1	2
92	Flávio Rocha	Habcarpintaria	02:03:10	1	02:17:36	1			2
93	Nuno Oliveira	Malucos dos Trails	02:02:17	1			02:20:49	1	2
94	Bruno Couto	Individual			02:06:20	1	03:05:17	1	2
95	Ricardo Alves	Pés de Chumbo Runners			01:52:35	1	03:20:30	1	2
96	Fabio Silva	Nós Acreditamos	01:27:38	1					1
97	Henrique Velon	Petro Basto			01:28:07	1			1
98	Pedro Azevedo		01:28:09	1					1
99	João Machado	Team Lantemil	01:28:49	1					1
100	Pedro Campos	Douroconta-Gabinete de Apoio e Contabili			01:29:08	1			1
101	Miguel Pimenta		01:29:26	1					1
102	Rafael Teixeira	Promessas do atletismo			01:29:39	1			1
103	Nelson Cruz	Individual			01:30:04	1			1
104	Nuno Carvalho	Rumo À Aventura	01:30:05	1					1
105	Fábio Carvalho	Individual			01:30:58	1			1
106	Ricardo Oliveira	CBRUN			01:31:46	1			1
107	Flávio Teixeira	Amigos 100 Limites			01:32:22	1			1
108	Bruno Barros	Individual			01:32:42	1			1
109	Joel Amorim		01:32:52	1					1
110	Vitor Silva	Team Lantemil	01:32:53	1					1
111	Vítor Cardoso	Galos Sangrentos	01:33:15	1					1
112	André Cristiano	Tesos & Mouraria	01:33:23	1					1
113	Nuno Lomba	Apúlia a Correr			01:33:25	1			1
114	Nelson Fernandes	Promessas do atletismo			01:33:33	1			1
115	Pedro Iven	AiróRun	01:34:03	1					1

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116	Vitor Rodrigues	Habcarpintaria		01:35:08	1	1
117	Adelino Dias Pinto	DAPproducoes	01:36:06	1		1
118	Nelson Costa	Individual		01:36:37	1	1
119	Helder	Individual		01:36:43	1	1
120	Artur Vilas Boas		01:37:11	1		1
121	Jorge Cardoso	Jiracing	01:37:19	1		1
122	João Silva	Individual		01:37:23	1	1
123	Gilberto Fernandes	Rinus FAFE	01:37:23	1		1
124	João Silva	DAPproducoes	01:37:31	1		1
125	Nuno Carvalho	VizelaCorre	01:38:04	1		1
126	Emanuel Leal	Famalicão em forma	01:38:20	1		1
127	Diogo Santos		01:38:27	1		1
128	Rui Vieira	A.D Carvalhal		01:38:43	1	1
129	Luís Cardoso	Brigada do Pedal	01:39:19	1		1
130	Rui Correia	Individual		01:39:59	1	1
131	Fábio Moreira	Amigos 100 Limites		01:41:23	1	1
132	Paulo Aroso		01:41:34	1		1
133	Tiago Mota	Amigos 100 Limites		01:41:49	1	1
134	Miguel Pereira	Vieira A Correr	01:42:06	1		1
135	Pedro Oliveira		01:43:02	1		1
136	Fábio Sousa	Mss contabilidade trail team		01:43:13	1	1
137	Pedro Marques		01:43:13	1		1
138	Sergio Martins		01:43:36	1		1
139	Ricardo Fernandes	Individual		01:43:37	1	1
140	Ricardo Antunes	CBRUN		01:43:43	1	1
141	Hélder Ribeiro	Individual		01:43:45	1	1
142	Rúben Reis	CEDÕES TEAM	01:44:26	1		1
143	Nuno Teixeira	DAPproducoes	01:45:03	1		1
144	Paulo Vaz		01:45:50	1		1
145	Álvaro Vale	ADE trail running		01:45:51	1	1
146	Henrique Faria	CAAC- Clube de Atletismo Arentim e Cunha		01:46:30	1	1
147	André Cordeiro	Tas bem mene?	01:46:52	1		1
148	Bruno Miguel Andrade	Tás bem mene?	01:46:52	1		1
149	Bruno Penedo	Tás bem mene?	01:46:52	1		1
150	miguel Rodrigues	VF's	01:47:29	1		1
151	RICARDO VIEIRA	Vidaativarunners	01:50:00	1		1
152	Hernâni Veríssimo		01:50:02	1		1
153	Joel Cunha	Promessas do atletismo		01:50:49	1	1
154	Hugo Gomes	Papa Trails		01:51:17	1	1
155	Dorsal 2033 Meira	Habcarpintaria		01:51:32	1	1
156	Hélder Soares	Falsos Lentos	01:51:39	1		1
157	André Loureiro	VF's	01:52:02	1		1
158	rui couto	VF's	01:52:02	1		1
159	Cláudio Trindade	Individual		01:52:43	1	1
160	Ricardo Pinto	Papa Trails		01:53:17	1	1
161	Luis Moreira	DAPproducoes	01:53:33	1		1
162	Paulo Mandim	Let's Go Team	01:54:25	1		1
163	Tiago Gomes	A.D Carvalhal		01:54:42	1	1
164	Nuno Ricardo	Tesos & Mouraria	01:55:23	1		1
165	Fernando Pereira		01:55:54	1		1

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166	Davide Afonso	Individual		01:55:55	1		1
167	Helder Torres	KalMachines	01:56:17	1			1
168	José Silva	OPraticante.pt	01:56:59	1			1
169	Ricardo Moreira	Atalanta runners	01:57:25	1			1
170	Carlos Moreira	14 15 Norte Sul	01:57:42	1			1
171	Tiago Sousa	14 15 Norte Sul	01:57:42	1			1
172	Pedro Silva		01:58:51	1			1
173	José Costa	Papa Trails	01:59:02	1			1
174	Gabriel Sousa	Solemates		01:59:14	1		1
175	Bruno Rodrigues		01:59:28	1			1
176	César Araújo	Individual		01:59:40	1		1
177	Fernando Pereira	Individual		01:59:42	1		1
178	Tiago Silva	Coach Coringa	02:00:36	1			1
179	Nuno Fernandes	OPraticante.pt	02:00:56	1			1
180	Carlos Martins				02:01:52	1	1
181	Ricardo Novais	Individual		02:02:12	1		1
182	Jorge Rodrigues	Individual		02:02:33	1		1
183	José Manuel Campos Araújo	Individual			02:02:55	1	1
184	Bartolomeu Salgueiro	Gang da Areosa	02:04:04	1			1
185	Agostinho Filipe Fernandes Teixeira	GD AIRÃO RUN			02:04:27	1	1
186	Anthony Nascimento	Individual		02:04:36	1		1
187	Vasco Faria	CB RUN			02:04:57	1	1
188	Hélder Mota	Vila verde a correr			02:05:21	1	1
189	Bruno Coelho	GD Castelense			02:05:29	1	1
190	Nuno Serodio	Malucos dos Trails	02:06:53	1			1
191	Ivo Silva		02:06:55	1			1
192	Ricardo Machado	A.D.CARRIL	02:07:56	1			1
193	José Diogo Silva Santos				02:08:31	1	1
194	Nuno Quintão	Individual		02:10:20	1		1
195	Hélder Cristiano Pinheiro Ribeiro				02:11:01	1	1
196	Jorge Magalhães	Papa Trails	02:11:20	1			1
197	Diogo Pereira	Individual			02:11:52	1	1
198	Ricardo Silva	Vila Nova de Gaia	02:15:24	1			1
199	António Dias		02:15:24	1			1
200	José Carlos Cerqueira Lopes				02:15:54	1	1
201	Jorge Rodrigues	BestMove	02:16:13	1			1
202	Ricardo Freitas	Barcelos	02:16:38	1			1
203	Miguel Santos	Individual			02:16:54	1	1
204	Renato Magalhães				02:18:26	1	1
205	Bruno	Individual			02:20:17	1	1
206	Miguel Santos				02:20:39	1	1
207	Samuel Pinho	Individual			02:21:30	1	1
208	Cipriano Nguendji	BestMove	02:24:18	1			1
209	ABILIO FARIA	Vila verde a correr			02:26:48	1	1
210	Ricardo Jorge Ramos Mendonça	Individual			02:27:52	1	1
211	Albano Manuel Silva Cardeiras	Individual			02:29:02	1	1
212	Tiago Sousa				02:30:29	1	1
213	PEDRO MIGUEL BARBOSA COELHO	Individual			02:31:04	1	1
214	Nuno Oliveira Oliveira	CB RUN	02:32:49	1			1
215	Hugo Daniel Araújo Andrade	Individual			02:32:51	1	1

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216	Marcelo Teixeira	The Newbies			02:33:07	1	1
217	Luís Campos				02:34:19	1	1
218	Ivo Cordeiro	Gang da Areosa	02:34:20	1			1
219	Pedro Silva	Leca do Balio	02:34:39	1			1
220	Gustavo Teixeira				02:36:15	1	1
221	Marco Ferreira				02:39:50	1	1
222	Hugo Peixoto	CB RUN			02:41:10	1	1
223	João Manuel Laranjo Ferreira				02:41:52	1	1
224	Miguel Novais	Galos Sangrentos	02:42:28	1			1
225	Rui Pedro Vilas Boas	Galos Sangrentos	02:42:29	1			1
226	Carlos Alberto Costa Gonçalves	Individual			02:45:22	1	1
227	Tiago Lopes	Vila verde a correr			02:50:22	1	1
228	Miguel Ribeiro	Individual			02:52:07	1	1
229	Rui Costa				03:05:58	1	1
230	Joao Filipe Do Vale Sa				03:08:06	1	1
231	Jose Ribeiro				03:08:08	1	1
232	Victor Durval De Sousa Pires				03:08:17	1	1
233	Diogo Figueiredo				03:13:41	1	1

Seniores Femininos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Sara Cristina Fernandes Araújo	B.T.M.	01:31:11	100	01:35:54	90	01:50:59	95	285
2	Andreia Rocha	Dragon Club	01:38:36	95	01:56:49	65	02:30:51	65	225
3	Sílvia Silva	Q-Trilho Fisioveralemos			01:33:03	100	01:49:49	100	200
4	Andreia Carvalho	Rafa Team	01:59:56	35	02:02:10	50	02:26:32	75	160
5	Daniela Faria	Habcarpintaria	02:03:09	30	01:45:03	85			115
6	Elisa Alves		01:54:49	55	02:28:22	21	02:48:34	35	111
7	Fabiana Silva	Papa Trails	01:59:02	45	02:02:06	55			100
8	Patrícia Ferreira	Habcarpintaria	01:47:16	70	02:17:35	30			100
9	Sara Fereira	Individual			01:33:49	95			95
10	Marlene Puga	OPraticante.pt	01:39:30	90					90
11	Vera Fernandes	Individual					02:01:58	90	90
12	Maria Silva	Brigada do Pedal	01:45:06	85					85
13	Lúcia Dias	ARCA BarceloS runners					02:19:17	85	85
14	Angélica Rocha	Dragon Club	01:45:09	80					80
15	Marlene Pinto	BestMove			01:46:31	80			80
16	Clara Teixeira	Os preguiças team					02:24:53	80	80
17	Claudia Pereira	F.c Penafiel	01:45:09	75					75
18	Verónica Pinto	Papa Trails			01:49:35	75			75
19	Sara Loureiro	B.T.M.	02:17:16	2	02:07:02	45	02:59:08	24	71
20	Victoria Santos	C.A.R. Marisqueiro			01:55:33	70			70
21	Patrícia Lemos	Individual					02:27:17	70	70
22	TANYA REIS	B.T.M	01:47:36	65					65
23	Carina Silva		01:50:54	60					60
24	Cristina Teixeira	Solemates			01:59:16	60			60
25	Mónica Lopes	Vila verde a correr					02:32:38	60	60
26	Ana Margarida Vilas Boas Couto						02:34:16	55	55
27	Diana Dias	DAPproducoes	01:56:34	50					50
28	Ariana Beatriz Azevedo Peixoto	Individual					02:37:53	50	50

TROFÉU “BEST RUNNERS BARCELOS”

29	Angela João	Bmedical				02:41:21	45	45	
30	Sara Matos	Individual		02:26:08	27	03:14:05	15	42	
31	Patrícia Serra		01:59:47	40				40	
32	Patricia Ribeiro	Habcarpintaria		02:07:26	40			40	
33	Irma Martins					02:44:29	40	40	
34	Araci Queiroga	Apúlia a Correr		02:37:14	15	03:09:31	21	36	
35	Catarina Santos	Individual		02:10:36	35			35	
36	Elisabete Martins	OTZ RUN	02:24:17	1	02:27:32	24	03:26:53	6	31
37	Angela Sofia Cavalheiro Martins	B.T.M.				02:55:39	30	30	
38	Isabel Queiroga	Apúlia a Correr		02:38:35	12	03:13:16	18	30	
39	Isabel Cardoso	A.D.E.		02:31:47	18	03:26:47	10	28	
40	Sandra Pinto		02:04:26	27				27	
41	Catarina Cepa	Individual				02:59:08	27	27	
42	Manuela Rocha	A.D.CARRIL	02:07:56	24				24	
43	Natércia Silva	Habcarpintaria	02:08:55	21				21	
44	Mariana Miranda	Barcelos	02:12:31	8		03:14:18	12	20	
45	Joana Sousa		02:08:58	18				18	
46	Sara Barbosa		02:09:09	15				15	
47	Helena Oliveira	Individual	02:45:34	1	02:57:48	10	03:31:40	4	15
48	Andreia Rego		02:09:09	12				12	
49	Sabina Magalhães	Papa Trails	02:11:19	10				10	
50	Joana Sofia Macedo Maia	Águias de Alvelos				03:26:52	8	8	
51	Vânia Costa		02:15:10	6				6	
52	MARTA PEREIRA	DAPproducoes	02:15:26	5				5	
53	Raquel Cristina Macedo maia	Águias de Alvelos				03:26:53	5	5	
54	Patricia Santos		02:15:46	4				4	
55	Ana Pacheco	DAPproducoes	02:16:09	3				3	
56	Magda Pereira	Pipocas & Bombocas	02:17:12	2				2	
57	Elisabete Silva	DAPproducoes	02:23:02	2				2	
58	Solange Ferreira Lajoso	Barcelos	02:24:19	1				1	
59	Joana Filipa Silva	DAPproducoes	02:28:34	1				1	
60	Cátia Vieira	CB RUN	02:32:49	1				1	
61	Ana Carvalho	BestMove	02:33:36	1				1	
62	Catarina Santos	BestMove	02:33:36	1				1	
63	Sara Matos	BestMove	02:33:36	1				1	
64	Ana Sofia Sousa	B.T.M	02:33:45	1				1	
65	Joana senra	B.T.M	02:33:45	1				1	
66	Tatiana Morais	Gang da Areosa	02:34:19	1				1	

Masters 40 Masculinos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Luciano Pereira	Habcarpintaria	01:11:17	80	01:14:53	95	01:31:46	100	275
2	Nelson Loureiro	Individual	01:03:30	100	01:12:48	100			200
3	Sérgio Sampaio	FisioPedro Trail	01:15:56	60	01:30:37	35	01:56:07	24	119
4	Paulo Macedo	Individual			01:26:49	70	01:49:52	45	115
5	Alcino Silva	A.D.Amarante Trail Running			01:27:56	65	01:49:38	50	115
6	Sebastião Pinto	Rafa Team	01:18:36	45	01:29:09	50	02:05:41	2	97
7	Daniel Faria	VizelaCorre	01:04:54	95					95
8	Manuel Alberto Brito Almeida	Individual					01:32:23	95	95

TROFÉU “BEST RUNNERS BARCELOS”

9	Carlos Monteiro	VizelaCorre	01:05:22	90					90
10	Luís Silva	Carapaus			01:23:06	90			90
11	luís machado	Individual					01:34:28	90	90
12	Helder Silva	Q-TRILHO			01:28:31	60	01:55:59	27	87
13	Ivan Silva	EDV-Viana Trail	01:08:29	85					85
14	José Felix	Promessas do atletismo			01:23:11	85			85
15	fernando grilo	tappas cafe -santiago de aldreu					01:35:31	85	85
16	João Meira	Individual			01:25:04	80			80
17	Pedro Caprichoso	ADE trail running					01:36:35	80	80
18	FILIPE MENESES	Minho e Lima Trail	01:13:28	75					75
19	João Pimentel	Terminal Coimbra			01:25:56	75			75
20	João Martins	Vila verde a correr					01:39:59	75	75
21	Abel Franco	Drogaria Abel Franco	01:13:29	70					70
22	Abílio Fernandes	OPraticante.pt					01:40:44	70	70
23	Jorge Mendes	Q-Trilho Fisioveralemos			01:29:39	45	01:58:45	21	66
24	Paulo Jesus	Dragon Club	01:15:40	65					65
25	Paulo Pereira	Dragon Club					01:41:51	65	65
26	João Pedro Sousa	Spin&Run Esposende	01:21:15	30			01:53:59	35	65
27	Hugo Martins	NUTRILOJA ORALKLASS ATAD					01:46:11	60	60
28	Jose Peixoto	Sabores do Campo	01:16:01	55					55
29	Nuno Cruz	ARCA BarceloS runners			01:28:59	55			55
30	Jose Silva	airorun					01:46:15	55	55
31	João Paulo Pimentel	Terminal Coimbra	01:17:39	50					50
32	Manuel Sousa Souaa	DAPproducoes	01:20:00	40					40
33	Rui Alvim	Mss contabilidade trail team			01:30:07	40			40
34	Rui Silva	Dragon Club					01:51:34	40	40
35	Sergio Campos	Rumo À Aventura	01:20:22	35	01:37:22	3			38
36	Eduardo Cunha	Águias de Alvelos			01:31:00	30	02:05:06	4	34
37	David Rêgo Cunha						01:54:10	30	30
38	Rui Couto	ADE Trail Running	01:21:57	27					27
39	João Torcato	AFIPRE TEAM			01:31:28	27			27
40	Pedro Cunha	VizelaCorre	01:22:06	24					24
41	Paulo Gomes	Ganita			01:32:24	24			24
42	Pedro Vieira	A.D.Amarante Trail Runni	01:26:02	10	01:38:22	2	02:01:16	12	24
43	Cesar Gomes	Dragon Club	01:22:39	21					21
44	Paulo Lopes	Individual			01:33:23	21			21
45	Jorge Moreira	DAPproducoes	01:23:29	18					18
46	Rafa Miranda	Promessas do atletismo			01:33:34	18			18
47	Miguel Lima Pilar						01:59:52	18	18
48	Nuno Rodrigues	Bileiros Friends & Runner	01:39:58	1	01:38:08	2	02:00:38	15	18
49	josé azevedo	B.T.M.	01:31:12	1	01:35:56	8	02:01:58	8	17
50	Hugo Sampaio	Habcarpintaria	01:26:22	6			02:01:44	10	16
51	José Gomes	Povoa de Varzim	01:23:54	15					15
52	Joaquim Carvalho	A.D Carvalhal			01:33:47	15			15
53	Joaquim Sá	ACR Roriz	01:25:06	12					12
54	Helder Rodrigues	Habcarpintaria			01:34:14	12			12
55	Viriato Mendes	Individual			01:34:55	10			10
56	António Carlos Vilas Boas	Arca Barcelos Runners	01:26:18	8					8
57	Rui Gonçalves	Individual			01:39:07	1	02:02:15	6	7
58	Jose Carlos	Individual			01:36:33	6			6

TROFÉU “BEST RUNNERS BARCELOS”

59	Diogo Barros	CB RUN	01:27:46	5					5
60	Sergio Torre	Individual			01:36:54	5			5
61	Ricardo Fernandes	Vila verde a correr					02:04:37	5	5
62	Mauro Roxo	ADE Trail Running	01:29:00	4					4
63	Gilberto Pinto	Promessas do atletismo			01:37:10	4			4
64	Carlos Ribeiro	Trail4Fun			01:40:22	1	02:05:20	3	4
65	Francisco Alves	Cerveira Team Running	01:41:10	1	01:38:26	2	02:16:28	1	4
66	Agostinho Maia	B.T.M	01:31:12	2	02:00:46	1	02:59:08	1	4
67	Leandro Teixeira	Nós Acreditamos	01:29:06	3					3
68	Carlos Carreira	ADE Trail Running	01:31:14	1	01:45:49	1	02:14:28	1	3
69	Vitor Fernandes	Red Fox	01:42:22	1	01:41:21	1	02:14:38	1	3
70	Carlos Araujo	Habcarpintaria	01:34:45	1	01:46:20	1	02:18:14	1	3
71	José António Fernandes	AFIPRE TEAM	01:42:08	1	01:50:02	1	02:11:33	1	3
72	Carlos Barreto	Bileiros Friends & Runner	01:43:28	1	01:49:56	1	02:12:47	1	3
73	Ricardo Costa	Habcarpintaria	01:59:47	1	01:45:07	1	02:12:06	1	3
74	Alvaro Barreto	Bileiros Friends & Runner	01:43:28	1	01:51:28	1	02:23:56	1	3
75	Luis Gomes	TEAM LANTEMIL	01:50:51	1	02:06:34	1	02:34:18	1	3
76	Isaias Boas	Individual	01:41:23	1	02:20:58	1	02:31:42	1	3
77	Pedro Oliveira	Cerveira Team Running	01:41:26	1	02:11:59	1	02:49:15	1	3
78	Luís Monteiro	OZ Running Team	02:01:06	1	02:09:57	1	03:01:26	1	3
79	alfredo peniche	Dream team	02:12:45	1	02:26:42	1	02:51:59	1	3
80	Hélder Nogueira	A Natureza Ensina	02:04:49	1	02:25:28	1	03:11:54	1	3
81	João Coelho	AMC TRAIL	01:29:24	2					2
82	João Matos		01:31:03	2					2
83	Manuel Faria	Individual					02:06:27	2	2
84	António Grande	Trail Me					02:08:02	2	2
85	Nuno Oliveira	Bileiros Friends & Runner	01:31:26	1	01:39:40	1			2
86	Luis Fernandes	B.T.M	01:42:30	1	02:06:13	1			2
87	Antonio Coelho	Trofa	01:34:44	1			02:23:07	1	2
88	Eduardo Sousa	Individual			01:46:00	1	02:17:49	1	2
89	Marcio Araujo	Individual			01:45:14	1	02:22:44	1	2
90	Ricardo Ferreira	A.D Carvalhal			01:48:21	1	02:25:50	1	2
91	Pedro Carvalho	R10K	02:20:19	1	01:55:33	1			2
92	Avelino Figueiredo	Águias de Alvelos			01:51:12	1	02:28:59	1	2
93	Márcio Pires	Minho Aventura	01:51:11	1			02:30:38	1	2
94	Vítor Macedo	Individual			01:58:41	1	02:35:51	1	2
95	Hugo Pereira	Phoenix Evorun			02:00:11	1	03:05:18	1	2
96	Armindo Mendes	Motores da Montanha			02:13:51	1	02:53:26	1	2
97	Vitor Ferreira	Individual			02:04:50	1	03:05:13	1	2
98	Bruno Pereira		01:32:04	1					1
99	Jose Padrão	Arca Barcelos Runners	01:32:58	1					1
100	Marco Dias Dias	Padela Natural	01:33:04	1					1
101	Gilberto Dias	Padela Natural	01:33:04	1					1
102	Carlos Manuel Bandeira Melo M	Padela Natural	01:33:05	1					1
103	Pedro Pimenta	SEM Medo	01:33:07	1					1
104	Carlos Jardim	B.T.M	01:33:12	1					1
105	Paulo Ribeiro	Temos Pena Atletismo	01:33:51	1					1
106	António Neves	Fardetas	01:36:03	1					1
107	Francisco Silva	Habcarpintaria	01:36:16	1					1
108	Pedro Sousa		0 01:37:34	1					1

TROFÉU “BEST RUNNERS BARCELOS”

109	Cristiano Guimaraes	A noite passa a correr	01:38:18	1			1
110	Sergio Teixeira	Guimaraes	01:39:08	1			1
111	Manuel Gomes	A.D Carvalhal			01:39:18	1	1
112	Carlos Alberto Ribeiro	Trail4Fun	01:39:37	1			1
113	Franco Costa		01:40:19	1			1
114	RUI OLIVEIRA	Unidos pelos Trilhos	01:40:38	1			1
115	Paulo Araújo	Outizal - R10K	01:40:41	1			1
116	António Miguel Magalhães	Almostrunners	01:41:22	1			1
117	Augusto Mendes	Individual			01:41:46	1	1
118	Marco Gonalo Oliveira		01:42:38	1			1
119	Nuno Faria	Individual			01:42:40	1	1
120	Nelson Maia		01:42:51	1			1
121	Carlos Jorge	Unidos pelos Trilhos	01:42:57	1			1
122	António Cunha	Unidos pelos Trilhos	01:42:57	1			1
123	Armando Cardoso	Nós Acreditamos	01:44:15	1			1
124	ANTONIO COSTA		01:44:42	1			1
125	Cândido Silva	Zenit Automóveis	01:44:59	1			1
126	Ricardo Pinto	DAPproducoes	01:45:00	1			1
127	Paulo Vaz		01:45:50	1			1
128	Helder Neves	BestMove			01:46:32	1	1
129	Nelo Chapeiro Ou Quim	Tesos & Mouraria	01:46:49	1			1
130	Nuno Filipe Silva Gandara		01:49:04	1			1
131	Filipe Machado	Individual			01:49:58	1	1
132	João Mendes		01:50:56	1			1
133	Nuno Costa	Grupo Desportivo Limpez	01:51:31	1			1
134	Sergio Mota	JáCorrias	01:52:18	1			1
135	André Cruz	Individual			01:55:33	1	1
136	Antônio Rodrigues	Individual			01:56:31	1	1
137	Daniel Gomes		01:57:26	1			1
138	Vitor Alves	Rinus FAFE	01:59:32	1			1
139	Claudio Lopes	#cabrasdomonte	01:59:39	1			1
140	Jose Matos		02:01:06	1			1
141	Carlos Oliveira	Individual			02:04:13	1	1
142	Jorge Moreira	DAPproducoes	02:05:59	1			1
143	Miguel Queirós	Fardetas	02:06:57	1			1
144	Sérgio Moura	ADC Santa Isabel Trail & Running			02:07:03	1	1
145	Eduardo Sousa	Individual			02:07:46	1	1
146	Pascoal Barreto	Motores da Montanha				02:08:20	1 1
147	César Brandão	Trail Me				02:08:46	1 1
148	Manuel Marques	Delegação de comandos de Guimarães				02:09:50	1 1
149	Vitor Araujo	Individual			02:10:03	1	1
150	Carlos Manuel Gonçalves Reis	Ganita				02:10:36	1 1
151	Paulo Costa	Individual			02:11:31	1	1
152	Eduardo Faria	Águias de Alvelos			02:11:49	1	1
153	António Silva	Individual			02:12:03	1	1
154	Pedro Silva	DAPproducoes	02:12:48	1			1
155	Ricardo Martins	Individual				02:12:52	1 1
156	David Costa	Manu's Therapi Trail runii	02:13:00	1			1
157	Acácio Santos	Individual				02:13:20	1 1
158	Avelino Loureiro	Individual			02:13:45	1	1

TROFÉU “BEST RUNNERS BARCELOS”

159	Rui Carvalho	R10K-Runners Team	02:13:57	1					1
160	Americo Loureiro	Individual				02:14:26	1		1
161	Manuel Silva	TEMOS PENA				02:15:57	1		1
162	Nuno P. Silva	LOBOS DO MONTE - LOUÇ	02:16:43	1					1
163	Ernesto Macedo De Freitas	CB RUN				02:16:56	1		1
164	João Paulo Venturelli	Venturelli	02:18:06	1					1
165	Manuel Felix					02:18:23	1		1
166	Germano Araújo	R10K/Matosmix	02:20:19	1					1
167	Joel Filipe Carvalho Araujo	Dragon Club				02:20:57	1		1
168	Luís Miguel Vale	Team Lantemil				02:21:05	1		1
169	Nuno Oliveira		02:23:04	1					1
170	José Manuel Andrade Dias					02:24:04	1		1
171	Fernando Moinho		02:24:17	1					1
172	Pedro Santos	Pedro santos	02:25:53	1					1
173	Jose Manuel Valente Fernandes	Alexandra Carvalho Team				02:25:54	1		1
174	Mário Araújo	Equipa A			02:29:34	1			1
175	Francisco Gonçalves	Vila verde a correr				02:29:44	1		1
176	Rui Costa					02:29:51	1		1
177	Filipe Leitão	Gondomar Futsal Clube	02:30:58	1					1
178	Telmo Ferreira	Gondomar Futsal Clube	02:30:58	1					1
179	Fernando Pilar	Individual				02:35:47	1		1
180	Sérgio Fernandes	B. T. M.				02:35:53	1		1
181	Filipe Arantes Lima	Alexandra Carvalho Team				02:40:57	1		1
182	Jorge Humberto Silva Costa	Escola de Atletismo da Trofa				02:41:06	1		1
183	José Abilheira	Galos Sangrentos	02:42:27	1					1
184	José Brito	Individual				02:43:03	1		1
185	Eduardo Sérgio Costa Fonseca	B.T.M.				02:46:35	1		1
186	Jorge Rosário	Let'sGoTeam				02:51:46	1		1
187	Victor Araujo					02:57:26	1		1
188	Carlos Vale					03:07:46	1		1
189	Jorge Ferreira	TEMOS PENA				03:08:38	1		1
190	Nelson Mesquita	Individual			03:08:47	1			1
191	José Andrade	Together				03:13:14	1		1

Masters 40 Femininos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Ana Freitas	A.D.CARRIL	01:28:47	95	01:39:06	100	02:10:58	100	295
2	Elisabete Gonçalves	Duros da Santa	01:38:18	85	01:43:23	95	02:17:47	90	270
3	Isabel Cunha	Cerveira Team Running	01:41:43	75	01:51:33	90	02:16:28	95	260
4	Maria Brás	Spin&Run Esposende	01:50:54	55	01:58:36	85	02:29:41	70	210
5	Marta Fonseca	Individual	01:55:13	40	02:03:58	75	02:39:48	55	170
6	Amália Sofia Afonso		01:44:07	70			02:21:19	85	155
7	MARIANA OLIVEIRA	VIDAATIVARUNNERS	01:41:43	80	02:25:29	40			120
8	Marisa Doreta	Fardetas	01:50:23	60			02:39:08	60	120
9	Sara Conceição	Sporting clube de espinhc	01:27:31	100					100
10	Elisabete Ministro	Palmeira Runners	01:36:07	90					90
11	ANA ROCHA	Vidaativarunners	01:58:07	21	02:25:28	45	03:04:10	15	81
12	Paula Silva	Sérgio Rodrigues Fotografia			01:59:16	80			80
13	Alexandra Cristina Oliveira Da Si	B.T.M.					02:23:09	80	80

TROFÉU “BEST RUNNERS BARCELOS”

14	Irene Lucia Silva Barbosa	Copos e trilhos				02:29:10	75	75	
15	Solange Sousa	Tartaruguinhas Team		02:06:26	70			70	
16	Sónia Santos	AiróRun	01:47:16	65				65	
17	Andreia Moura	ADC Santa Isabel Trail & Running		02:07:04	65			65	
18	Cristina Flores					02:35:28	65	65	
19	Alda Fernandes	B.T.M.	02:17:16	1	02:22:45	60		61	
20	Lurdes Magalhães	B.T.M.	02:20:58	1	02:22:46	55		56	
21	Licínia Silva	DAPproducoes	01:51:23	50				50	
22	Carla Boas	Amigos da Montanha		02:23:41	50			50	
23	Maria Gabriela Reis Silva Pelican	Escola de Atletismo da Trofa				02:41:07	50	50	
24	CARLA DIAS	GD AIRÃO CURVIÃ	01:52:02	45				45	
25	Ana Carneiro	Minho Aventura				02:41:49	45	45	
26	Paula Ferreira	Akuafit				02:45:57	40	40	
27	Sonia Fernandes	OTZ RUN	02:24:18	1	02:27:33	35	03:31:40	3	39
28	Marisa Novais	Rinus FAFE	01:56:22	35					35
29	Manuela Almeida	Vila verde a correr				02:50:52	35	35	
30	Ana Santos		01:57:25	30					30
31	Andreia Vieira	Boavista trail		02:29:17	30				30
32	Elizabete Silva	Delegação de comandos de Guimarães				02:52:13	30	30	
33	Alice Miranda	Nine	01:57:40	27					27
34	Antonia Tomaz	Equipa A		02:29:34	27				27
35	Maria José Gomes de Oliveira	Udercup Trogloditas Runners				02:52:54	27	27	
36	Isabel Magalhaes	Individual		02:43:29	18	03:14:05	8	26	
37	Maria Barbosa	B.T.M.	02:17:16	1	02:36:55	24	03:33:16	1	26
38	Maria Fonseca	Unidos pelos Trilhos	01:58:00	24					24
39	Rosa Maria Ferreira Correia	B.T.M.				02:59:09	24	24	
40	Aida	Individual		02:40:13	21				21
41	Sonia Pereira	Bmedical				03:02:10	21	21	
42	Marília Ferreira	Viasaudavel	01:58:16	18					18
43	Sandra Cerqueira	Vila verde a correr				03:04:07	18	18	
44	Anabela Delgado	Individual		02:47:05	15	03:38:26	1	16	
45	Fátima Costa		01:58:53	15					15
46	Ana Gonçalves	Amigos dos Trails	01:58:59	12					12
47	Rosmery Silva	ADC Santa Isabel Trail & Running		02:47:07	12				12
48	Carla Ferreira	TEMOS PENA				03:08:37	12	12	
49	Carla Barros	FIT	01:59:39	10					10
50	Ana Fernandes	Individual		02:50:35	10				10
51	Patricia Fernades	Together				03:11:21	10	10	
52	Fátima Marinho	SEM Medo	02:02:40	8					8
53	Susana Abreu	Individual		02:55:06	8				8
54	Paula Monteiro	Let's Go Team	02:44:28	1	03:11:07	5	03:33:00	2	8
55	FÁTIMA AZEVEDO	A.C. VERMOIM	02:02:53	6					6
56	Marta Miguel	Individual		03:08:45	6				6
57	Conceição Costa	Individual				03:15:16	6	6	
58	Paula Lopes	DAPproducoes	02:03:51	5					5
59	Albertina Gonçalves	PCRunners				03:20:29	5	5	
60	Dulce Monteiro	Let'sGoTeam		03:11:09	4	03:47:59	1	5	
61	Alexandra Ferreira		02:04:05	4					4
62	Ana Carolina Pereira	ADE trail running				03:26:54	4	4	
63	Ana Macedo	Amigos dos Trails	02:06:06	3					3

TROFÉU “BEST RUNNERS BARCELOS”

64	Patrícia Rei	B.T.M	02:20:58	1	03:33:07	2	3
65	Ivone Ferraz		02:06:55	2			2
66	Maria Jose Silva		02:15:46	2			2
67	Manuela Silva	LOBOS DO MONTE - LOUSAS	02:16:43	2			2
68	Lurdes Magalhães	B.T.M.			03:33:07	2	2
69	Rosa Borges	B.T.M	02:33:45	1	03:33:08	1	2
70	Alexandra Oliveira	B.T.M	02:17:16	1			1
71	Rosa Ribeiro		02:18:32	1			1
72	Norberta Grilo	Braga	02:29:25	1			1
73	Sandra João	Manu's Therapi Trail runni	02:31:21	1			1
74	Sílvia Almeida	Let's Go Team	02:44:28	1			1

Masters 50 Masculinos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Manuel Ferreira		01:16:39	90	01:28:44	90	01:51:19	90	270
2	Manuel Joaquim miranda	ACR Roriz	01:20:17	80	01:32:29	75	01:53:34	80	235
3	Antonio Cardoso	A.D Carvalhal	01:20:26	75	01:31:11	80	01:56:12	70	225
4	Sérgio Martins	Duo trail			01:25:16	100	01:53:07	85	185
5	Cláudio Monteiro	Douroconta Trail Team	01:21:46	65			01:39:21	100	165
6	Jorge Lemos	Q-Trilho Fisioveralemos			01:33:03	65	01:58:45	65	130
7	João Sousa	Individual			01:37:28	60	02:04:35	55	115
8	Jose Rodrigues	A.D.CARRIL	01:30:12	27	01:39:17	50	02:12:06	35	112
9	Armindo Araujo	Nucleo Sporting Club Port	01:13:47	100					100
10	Alexandre Ferreira	VizelaCorre	01:15:05	95					95
11	José Oliveira	Petro Basto			01:28:28	95			95
12	Jose Avelino Ribeiro Martins	tappas cafe -santiago de aldreu					01:47:48	95	95
13	MANUEL FERREIRA	GD AIRÃO CURVIÃ		90					90
14	José Carlos Dias	CTAD-Consumo Zero	01:20:14	85					85
15	Joaquim Carvalho	Realense Futebol Clube			01:29:14	85			85
16	Paulo Azevedo	AFIPRE TEAM			01:44:11	40	02:07:29	45	85
17	Domingos Lopes	Vila verde a correr					01:54:35	75	75
18	Joaquim Rodrigues	ACR Roriz	01:29:17	35	01:44:28	35	02:32:45	1	71
19	Arlindo Ferreira	Bits&Bikes/Trail Running	01:20:52	70					70
20	Alípio Fernandes	Petro Basto			01:32:39	70			70
21	Dionísio Sousa		01:23:45	60					60
22	Joaquim Manuel Araujo Barbosa						02:03:27	60	60
23	Pedro Ribeiro	CTAD-Consumo Zero	01:24:06	55					55
24	José Mariz	Individual			01:38:07	55			55
25	José Figueiras	Bits&Bikes/Trail Running	01:26:35	50					50
26	Casimiro Araújo	airorun					02:05:57	50	50
27	José Costa	SilvaCosta	01:28:19	45					45
28	Ricardo Ceia	Individual			01:43:23	45			45
29	Nuno Vaz Lopes	CMC CARAPPAUS	01:42:13	1	01:47:35	27	02:20:12	15	43
30	Fernando Silva	Nós Acreditamos	01:28:23	40					40
31	António Ferreira Silva	Individual					02:11:52	40	40
32	Lino Moreira	DAPproducoes	01:30:08	30					30
33	António Silva	Individual			01:45:08	30			30
34	Jorge Humberto Palmeira Paren	Individual					02:13:01	30	30
35	Albino Faria	Btt Carreira	01:39:29	5			02:13:42	24	29

TROFÉU “BEST RUNNERS BARCELOS”

36	José Vieira						02:13:32	27	27
37	Manuel Sousa	Bora lá!	01:39:41	4	01:48:54	21	02:26:07	2	27
38	José Costa	GDLU	01:31:10	24					24
39	Paulo Costa	Individual			01:48:38	24			24
40	Fernando Moreira	Duros da Santa	02:18:31	1	01:50:37	15	02:24:22	6	22
41	Luis Amaro Dias Carvalho	R10K	01:31:11	21					21
42	Luís mota	airorun					02:18:13	21	21
43	José Gonçalves	Dive into the mountains	01:31:47	18					18
44	Lino Cardoso	Individual			01:50:20	18			18
45	Raul Pereira Fernandes	Cerveira Team Running					02:18:41	18	18
46	Joaquim Graça Figueiro		01:37:29	15					15
47	Alberto Sá	Lobos do Monte	01:41:43	1	01:54:52	10	02:25:59	4	15
48	João Ribeiro		01:37:42	12					12
49	João Moreira	Amigos 100 Limites			01:53:29	12			12
50	Manuel João Fernandes Pereira						02:20:58	12	12
51	Vítor Reis		01:44:08	1			02:21:21	10	11
52	Rui Santos	Nucleo Sporting Club Port	01:37:54	10					10
53	António Mendonça	VizelaCorre	01:37:59	8					8
54	Carlos Andrade	Individual			01:55:47	8			8
55	David Pilar	Individual					02:24:19	8	8
56	José Carlos Rodrigues	Povoa de Lanhoso	01:42:12	1	01:56:54	6			7
57	Luciano Silva	Individual			01:56:54	5	02:26:07	2	7
58	António Ribeiro	DAPproducoes	01:39:23	6					6
59	Francisco Pereira Da Costa						02:24:45	5	5
60	João Silva	Let'sGoTeam			01:56:58	4	02:42:49	1	5
61	Antonio Gonçalves	Duros da Santa			01:59:27	3	02:38:53	1	4
62	Clemente Meireles	OZ Running Team	01:44:34	1	02:00:56	2	02:42:58	1	4
63	Francisco Fonseca	Unidos pelos Trilhos	01:40:38	3					3
64	Júlio Ferreira	Lobos do monte run					02:25:59	3	3
65	Alfredomachado	Duros da Santa			01:59:37	2	02:48:08	1	3
66	Agostinho Pedrosa	Habcarpintaria	01:53:02	1	02:12:05	1	02:56:15	1	3
67	José Ribeiro	ADECA	01:51:03	1	02:39:42	1	03:15:46	1	3
68	Raúl Ferreira	Let's Go Team	02:11:22	1	02:40:22	1	03:37:33	1	3
69	Manuel Silva	#Oh!Mister!MeteoMaia	02:19:59	1	03:11:13	1	03:48:00	1	3
70	Joaquim Teixeira	Unidos pelos Trilhos	01:41:04	2					2
71	Carlos Andrade	BestMove	01:41:07	2					2
72	Jorge Lobo		01:41:17	2					2
73	Jorge Azevedo	Individual			02:01:17	2			2
74	Fernando Ferreira	Individual					02:26:08	2	2
75	António Macedo	Individual	01:47:38	1	02:07:44	1			2
76	João Santana	Santana	02:19:56	1	02:23:01	1			2
77	Sebastião Pereira	Individual			02:13:54	1	02:40:24	1	2
78	Jorge Ribeiro	Alexandra Carvalho Team			02:07:44	1	02:53:49	1	2
79	Francisco Gomes	Individual			02:12:00	1	03:20:30	1	2
80	Fernando Sousa	Alexandra Carvalho Team			02:47:46	1	03:29:31	1	2
81	Constantino Moreira		01:41:49	1					1
82	Victor Manuel	Vieira A Correr	01:42:05	1					1
83	Eduardo Manuel Bernardo Cepa		01:45:06	1					1
84	José Ribeiro	CB RUN	01:45:43	1					1
85	José Pinto	Pipocas & Bombocas	01:47:21	1					1

TROFÉU "BEST RUNNERS BARCELOS"

86	João Ministro	Palmeira Runners	01:48:11	1					1
87	Agostinho Moreira	DAPproducoes	01:48:58	1					1
88	Manuel Cunha	Padela Natural	01:51:56	1					1
89	Carlos Neiva	Maia	01:52:11	1					1
90	Augusto Cunha		01:54:38	1					1
91	Jorge Serra	Spin&Run Esposende	01:59:47	1					1
92	jorge azevedo		01:59:59	1					1
93	JOAQUIM FERREIRA	A.C. VERMOIM	02:02:53	1					1
94	Vitor Máximo	Grupo Desportivo Limpez	02:05:14	1					1
95	Pedro Pereira	Grupo Desportivo Limpez	02:05:15	1					1
96	José Baltazar de Matos	Esposende	02:16:02	1					1
97	Augusto Lopes		02:18:31	1					1
98	José Costa	R10K	02:20:19	1					1
99	João Ferreira	#Oh!Mister!MeteoMaia			02:21:27	1			1
100	Fernando Do Pilar Amaro De Ar	Clube Trilheiros & Amigos					02:26:36	1	1
101	Francisco Faria	Individual					02:29:10	1	1
102	José Luís Santos Da Costa						02:32:00	1	1
103	Antonio Capitão	CAVE					02:35:01	1	1
104	Amadeu Cardoso Peixoto						02:41:21	1	1
105	Jose Almeida		02:43:19	1					1
106	Lino Sousa	Lobos do monte run					02:43:53	1	1
107	Joaquim Figueiredo		02:46:59	1					1
108	Pedro Pinheiro	Vila verde a correr					02:50:23	1	1
109	ANTONIO VALENTE	Alexandra Carvalho Team					02:52:53	1	1
110	Vitor Beires Nogueira	Évora Night Runners					02:53:18	1	1
111	Carlos Morais	Individual			02:55:03	1			1
112	José Luis	Individual			03:01:01	1			1
113	João Santana						03:04:16	1	1
114	Alcídio Figueiredo	Individual					03:13:41	1	1
115	Carlos Briro						03:38:26	1	1
116	Rui Machado	Firmo					04:08:56	1	1

Masters 50 Femininos

		Rota do Leite		Rota dos Peregrinos		São Gonçalo			
Pos	Nome	Clube	Tempo	Pontos	Tempo	Pontos	Tempo	Pontos	Total
1	Rosa Araújo	B.T.M.	01:47:36	95	01:54:25	95	02:23:13	100	290
2	Isabel Gonçalves	Alexandra Carvalho Team	02:14:38	70	02:53:47	85	03:29:30	80	235
3	Rosa Cerqueira	Let's Go Team	02:52:55	65	03:11:09	80	03:32:59	75	220
4	Alice Oliveira	Famalicão em forma	01:53:06	85			02:43:45	95	180
5	Maria Campos	Spin&Run Esposende	01:44:45	100					100
6	Florinda Fernandes	Team Workout 48 / CAM			01:47:20	100			100
7	Alzira Alves	Bits&Bikes/Trail Running	01:51:30	90					90
8	Dulce Resende	Individual			02:32:24	90			90
9	Margarida Pinto	Individual					03:08:09	90	90
10	Maria Pilar						03:09:31	85	85
11	Emilia Bras	Spin&Run Esposende	01:55:03	80					80
12	Juliana Boas		02:03:26	75					75
13	José Antonio Freitas						04:08:55	70	70
14	Isabel Lopes	G.D. Leões da Guarda - LION RUNNERS					04:29:34	65	65