

Pos.	Name	Bib	Club	Time
Geral				
1	joao ferreira	2358	airorun	01:22:38
2	João Ribeiro	2464	NUTRILOJA ORALKLASS ATAD	01:28:57
3	João Coentrão	2307	Pegasus OCR ProTeam	01:31:22
Masculinos				
1	joao ferreira	2358	airorun	01:22:38
2	João Ribeiro	2464	NUTRILOJA ORALKLASS ATAD	01:28:57
3	João Coentrão	2307	Pegasus OCR ProTeam	01:31:22
Femininos				
1	Célia Neto	2326	OPraticante.pt	01:49:49
2	Silvia Silva	2345	Q-Trilho Fisioveralemos	01:50:59
3	Sara Cristina Fernandes Araújo	1069	B.T.M.	02:01:58
SenM				
1	joao ferreira	2358	airorun	01:22:38
2	João Ribeiro	2464	NUTRILOJA ORALKLASS ATAD	01:28:57
3	João Coentrão	2307	Pegasus OCR ProTeam	01:31:22
SenF				
1	Célia Neto	2326	OPraticante.pt	01:49:49
2	Silvia Silva	2345	Q-Trilho Fisioveralemos	01:50:59
3	Sara Cristina Fernandes Araújo	1069	B.T.M.	02:01:58
M40				
1	Luciano Pereira	1035	HabCarpintaria	01:31:46
2	Manuel Alberto Brito Almeida	2413		01:32:23
3	luis machado	2491		01:34:28
F40				
1	Ana Freitas	2328	A.D.Carril	02:10:58
2	Carla Ferreira	2385	Vila verde a correr	02:12:36
3	Isabel Cunha	1053	Cerveira Team Running	02:16:28
F50				
1	Rosa Araújo	1074	B.T.M.	02:23:13
2	MARTA FONSECA	2532		02:39:48
3	Alice Oliveira	2341	Duros da Santa	02:43:45
M50				
1	Cláudio Monteiro	2428	CB RUN	01:39:21
2	jose avelino ribeiro martins	2351	tappas cafe -santiago de aldreu	01:47:48
3	Manuel Ferreira	2308		01:51:19
S23M				
1	Paulo Oliveira	2311	Dragon Club	01:46:23
2	João Pedro	2350	B.T.M.	01:54:36
3	João Vitor Tomé dos Santos	2562	Lobos do monte run	01:55:16
S23F				
1	Cristiana Rocha	1065	Dragon Club	02:06:49
2	Clara Lopes	1081	B.T.M.	02:46:35