

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	2358	Joao Ferreira	airorun	Male	1	SenM	1	01:22:38	5'30"/km
2	2464	João Ribeiro	NUTRILOJA ORALKLASS ATAD	Male	2	SenM	2	01:28:57	5'55"/km
3	2307	João Coentrão	Pegasus OCR ProTeam	Male	3	SenM	3	01:31:22	6'05"/km
4	1035	Luciano Pereira	HabCarpintaria	Male	4	M40	1	01:31:46	6'07"/km
5	2340	Vitor Carvalho		Male	5	SenM	4	01:32:20	6'09"/km
6	2413	Manuel Alberto Brito Almeida		Male	6	M40	2	01:32:23	6'09"/km
7	2491	Luis Machado		Male	7	M40	3	01:34:28	6'17"/km
8	2528	Pedro Lopes	CB RUN	Male	8	SenM	5	01:34:28	6'17"/km
9	2391	Fernando Grilo	tappas cafe -santiago de aldreu	Male	9	M40	4	01:35:31	6'22"/km
10	1060	Pedro Oliveira	FisioPedro Trail	Male	10	SenM	6	01:36:33	6'26"/km
11	1057	Pedro Caprichoso	ADE trail running	Male	11	M40	5	01:36:35	6'26"/km
12	2502	João Lopes	CB RUN	Male	12	SenM	7	01:37:52	6'31"/km
13	2428	Cláudio Monteiro	CB RUN	Male	13	M50	1	01:39:21	6'37"/km
14	2455	João Martins	Vila verde a correr	Male	14	M40	6	01:39:59	6'39"/km
15	2325	Abílio Fernandes	OPraticante.pt	Male	15	M40	7	01:40:44	6'42"/km
16	2598	Paulo Pereira	Dragon Club	Male	16	M40	8	01:41:51	6'47"/km
17	1016	Nelson Leal		Male	17	SenM	8	01:41:55	6'47"/km
18	1029	Pedro Costa	HabCarpintaria	Male	18	SenM	9	01:43:15	6'53"/km
19	1067	Flavio Fernandes	B.T.M.	Male	19	SenM	10	01:44:01	6'56"/km
20	2398	Tiago Sá	Rafa Team	Male	20	SenM	11	01:46:08	7'04"/km
21	2497	Hugo Martins	NUTRILOJA ORALKLASS ATAD	Male	21	M40	9	01:46:11	7'04"/km
22	2359	Jose Silva	airorun	Male	22	M40	10	01:46:15	7'05"/km
23	2311	Paulo Oliveira	Dragon Club	Male	23	S23M	1	01:46:23	7'05"/km
24	2516	Francisco Pilar	Teem pilar	Male	24	SenM	12	01:46:31	7'06"/km
25	2392	Jorje Santos	tappas cafe -santiago de aldreu	Male	25	SenM	13	01:47:48	7'11"/km
26	2351	Jose Avelino Ribeiro Martins	tappas cafe -santiago de aldreu	Male	26	M50	2	01:47:48	7'11"/km
27	1082	André Silva	B.T.M.	Male	27	SenM	14	01:48:24	7'13"/km
28	2467	Hélder Silva	HabCarpintaria	Male	28	SenM	15	01:48:57	7'15"/km
29	2509	Diogo Lopes	CB RUN	Male	29	SenM	16	01:49:15	7'17"/km
30	2331	Alcino Manuel Gomes Da Silva	A.D.Amarante Trail Running	Male	30	M40	11	01:49:38	7'18"/km
31	2326	Célia Neto	OPraticante.pt	Female	1	SenF	1	01:49:49	7'19"/km
32	2419	Paulo Jorge De Macedo		Male	31	M40	12	01:49:52	7'19"/km
33	2445	Nelson Gonçalves		Male	32	SenM	17	01:49:54	7'19"/km
34	2388	Luciano Gonçalves Faria	GD Castelense	Male	33	SenM	18	01:49:56	7'19"/km
35	2345	Silvia Silva	Q-Trilho Fisioveralemos	Female	2	SenF	2	01:50:59	7'23"/km
36	2485	Fernando Rodrigues	NUTRILOJA ORALKLASS ATAD	Male	34	SenM	19	01:51:13	7'24"/km
37	2308	Manuel Ferreira		Male	35	M50	3	01:51:19	7'25"/km
38	2569	Rui Silva	Dragon Club	Male	36	M40	13	01:51:34	7'26"/km
39	2518	Nuno Silva	The Newbies	Male	37	SenM	20	01:52:19	7'29"/km
40	2315	Sérgio Martins	Duo trail	Male	38	M50	4	01:53:07	7'32"/km
41	2382	Bruno Rodrigues	RUNDICULOUS	Male	39	M40	14	01:53:18	7'33"/km
42	1052	Manuel Joaquim Miranda	ACR Roriz	Male	40	M50	5	01:53:34	7'34"/km
43	2482	João Pedro Santos Sousa	Spin & Run Esposende	Male	41	M40	15	01:53:59	7'35"/km
44	2526	David Rêgo Cunha		Male	42	M40	16	01:54:10	7'36"/km
45	1078	Nuno Fernandes	B.T.M.	Male	43	SenM	21	01:54:20	7'37"/km
46	2543	Domingos Lopes	Vila verde a correr	Male	44	M50	6	01:54:35	7'38"/km
47	2350	João Pedro	B.T.M.	Male	45	S23M	2	01:54:36	7'38"/km
48	2562	João Vitor Tomé Dos Santos	Lobos do monte run	Male	46	S23M	3	01:55:16	7'41"/km
49	2423	Eduardo Luís Silva Ribeiro		Male	47	SenM	22	01:55:23	7'41"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
50	2354	Diogo Azevedo	Q-Trilho Fisioveralemos	Male	48	SenM	23	01:55:26	7'41"/km
51	2595	Nuno Figueiredo	Águias de Alvelos	Male	49	SenM	24	01:55:42	7'42"/km
52	2558	Paulo Barbosa	Águias de Alvelos	Male	50	SenM	25	01:55:56	7'43"/km
53	2336	Helder Silva	Q-Trilho Fisioveralemos	Male	51	M40	17	01:55:59	7'43"/km
54	1062	Sérgio Sampaio	FisioPedro Trail	Male	52	M40	18	01:56:07	7'44"/km
55	2473	Antonio Fernandes Cardoso	A.D Carvalhal	Male	53	M50	7	01:56:12	7'44"/km
56	2356	Ricardo Almeida		Male	54	S23M	4	01:57:13	7'48"/km
57	2493	Nuno Pereira	Delegação de comandos de Guimarães	Male	55	SenM	26	01:57:56	7'51"/km
58	2568	Hélder Magalhães		Male	56	SenM	27	01:58:15	7'53"/km
59	2344	Jorge Lemos	Q-Trilho Fisioveralemos	Male	57	M50	8	01:58:45	7'55"/km
60	2342	Jorge Mendes	Q-Trilho Fisioveralemos	Male	58	M40	19	01:58:45	7'55"/km
61	2514	Miguel Lima Pilar		Male	59	M40	20	01:59:52	7'59"/km
62	2384	Nuno Rodrigues	Bileiros Friends & Runners	Male	60	M40	21	02:00:38	8'02"/km
63	2330	Pedro Vieira	A.D.Amarante Trail Running	Male	61	M40	22	02:01:16	8'05"/km
64	2357	Nuno Tiago Fernandes Carvalho		Male	62	SenM	28	02:01:27	8'05"/km
65	1068	André Santos	B.T.M.	Male	63	SenM	29	02:01:34	8'06"/km
66	1027	Hugo Sampaio	HabCarpintaria	Male	64	M40	23	02:01:44	8'06"/km
67	1038	Marco Bds	HabCarpintaria	Male	65	SenM	30	02:01:44	8'07"/km
68	2434	Carlos Martins		Male	66	SenM	31	02:01:52	8'07"/km
69	2378	Pedro Silva		Male	67	SenM	32	02:01:57	8'07"/km
70	1069	Sara Cristina Fernandes Araújo	B.T.M.	Female	3	SenF	3	02:01:58	8'07"/km
71	1066	José Azevedo	B.T.M.	Male	68	M40	24	02:01:58	8'07"/km
72	2362	Rui Gonçalves		Male	69	M40	25	02:02:15	8'09"/km
73	2334	José Manuel Campos Araújo		Male	70	SenM	33	02:02:55	8'11"/km
74	2410	Joaquim Manuel Araujo Barbosa		Male	71	M50	9	02:03:27	8'13"/km
75	1059	João Pedro Silva	FisioPedro Trail	Male	72	SenM	34	02:04:08	8'16"/km
76	2420	Agostinho Filipe Fernandes Teixeira	GD AIRÃO RUN	Male	73	SenM	35	02:04:27	8'17"/km
77	2474	João Batista Ferreira De Sousa	VIDAATIVARUNNERS	Male	74	M50	10	02:04:35	8'18"/km
78	2424	Ricardo Fernandes	Vila verde a correr	Male	75	M40	26	02:04:37	8'18"/km
79	2498	Vasco Faria	CB RUN	Male	76	SenM	36	02:04:57	8'19"/km
80	2555	Eduardo Cunha	Águias de Alvelos	Male	77	M40	27	02:05:06	8'20"/km
81	2575	Nuno André Silva Gomes	FisioPedro Trail	Male	78	SenM	37	02:05:16	8'21"/km
82	2361	Carlos Ribeiro	Trail4Fun	Male	79	M40	28	02:05:20	8'21"/km
83	2469	Hélder Mota	Vila verde a correr	Male	80	SenM	38	02:05:21	8'21"/km
84	2403	Bruno Coelho	GD Castelense	Male	81	SenM	39	02:05:29	8'21"/km
85	1090	Sebastião Pinto	Rafa Team	Male	82	M40	29	02:05:41	8'22"/km
86	2550	Casimiro Araújo	airorun	Male	83	M50	11	02:05:57	8'23"/km
87	2397	Manuel Faria		Male	84	M40	30	02:06:27	8'25"/km
88	1065	Cristiana Rocha	Dragon Club	Female	4	S23F	1	02:06:49	8'27"/km
89	2339	Paulo Azevedo	CLUBE DE ATLETISMO AFIPRE TEAM	Male	85	M50	12	02:07:29	8'29"/km
90	2310	Ricardo Azevedo		Male	86	SenM	40	02:07:45	8'31"/km
91	2515	António Grande	Trail Me	Male	87	M40	31	02:08:02	8'32"/km
92	2560	José Pereira	Águias de Alvelos	Male	88	SenM	41	02:08:20	8'33"/km
93	2534	Pascoal Barreto	Motores da Montanha	Male	89	M40	32	02:08:20	8'33"/km
94	2454	José Diogo Silva Santos		Male	90	SenM	42	02:08:31	8'34"/km
95	2440	César Brandão	Trail Me	Male	91	M40	33	02:08:46	8'35"/km
96	2300	José Rocha		Male	92	SenM	43	02:08:46	8'35"/km
97	2377	Sergio Pires	B.T.M.	Male	93	S23M	5	02:09:23	8'37"/km
98	2494	Manuel Marques	Delegação de comandos de Guimarães	Male	94	M40	34	02:09:50	8'39"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
99	1026	Bruno Sampaio	HabCarpintaria	Male	95	SenM	44	02:09:54	8'39"/km
100	2573	Sérgio Henrique Castro Neiva	Ganita	Male	96	SenM	45	02:10:35	8'42"/km
101	2572	Carlos Manuel Gonçalves Reis	Ganita	Male	97	M40	35	02:10:36	8'42"/km
102	2328	Ana Freitas	A.D.Carril	Female	5	F40	1	02:10:58	8'43"/km
103	2355	Hélder Cristiano Pinheiro Ribeiro		Male	98	SenM	46	02:11:01	8'44"/km
104	2320	José António Fernandes	CLUBE DE ATLETISMO AFIPRE TEAM	Male	99	M40	36	02:11:33	8'46"/km
105	2395	António Ferreira Silva		Male	100	M50	13	02:11:52	8'47"/km
106	2447	Diogo Pereira		Male	101	SenM	47	02:11:52	8'47"/km
107	2576	Filipe Oliveira	FisioPedro Trail	Male	102	SenM	48	02:12:05	8'48"/km
108	2327	Jose Rodrigues	A.D.Carril	Male	103	M50	14	02:12:06	8'48"/km
109	1028	Ricardo Costa	HabCarpintaria	Male	104	M40	37	02:12:06	8'48"/km
110	2406	José Carlos Fernandes Cruz		Male	105	SenM	49	02:12:31	8'50"/km
111	2385	Carla Ferreira	Vila verde a correr	Female	6	F40	2	02:12:36	8'50"/km
112	2545	Carlos Barreto	Bileiros Friends & Runners	Male	106	M40	38	02:12:47	8'51"/km
113	2465	Ricardo Martins		Male	107	M40	39	02:12:52	8'51"/km
114	2433	Jorge Humberto Palmeira Parente Da Costa		Male	108	M50	15	02:13:01	8'52"/km
115	2399	Acácio Santos		Male	109	M40	40	02:13:20	8'53"/km
116	1084	João Manuel Duarte	B.T.M.	Male	110	SenM	50	02:13:23	8'53"/km
117	2480	José Vieira		Male	111	M50	16	02:13:32	8'54"/km
118	2343	Albino Faria	ADCarreira trail	Male	112	M50	17	02:13:42	8'54"/km
119	2306	Vitor Silva	Red Fox	Male	113	M40	41	02:14:12	8'56"/km
120	2513	Americo Loureiro		Male	114	M40	42	02:14:26	8'57"/km
121	1056	Carlos Carreira	ADE trail running	Male	115	M40	43	02:14:28	8'57"/km
122	2305	Vitor Fernandes	Red Fox	Male	116	M40	44	02:14:38	8'58"/km
123	2490	José Carlos Cerqueira Lopes		Male	117	SenM	51	02:15:54	9'03"/km
124	2386	Manuel Silva	TEMOS PENA	Male	118	M40	45	02:15:57	9'03"/km
125	1055	Francisco Alves	Cerveira Team Running	Male	119	M40	46	02:16:28	9'05"/km
126	1053	Isabel Cunha	Cerveira Team Running	Female	7	F40	3	02:16:28	9'05"/km
127	1058	Joao Laranjeira	ADE trail running	Male	120	M40	47	02:16:31	9'06"/km
128	2552	Vitor Sousa		Male	121	SenM	52	02:16:32	9'06"/km
129	2435	Maurício Moreira	Magic Friends Runners	Male	122	S23M	6	02:16:37	9'06"/km
130	2441	Miguel Santos		Male	123	SenM	53	02:16:54	9'07"/km
131	1030	Bruno Marques	HabCarpintaria	Male	124	SenM	54	02:16:56	9'07"/km
132	2496	Ernesto Macedo De Freitas	CB RUN	Male	125	M40	48	02:16:56	9'07"/km
133	2374	André Cardoso		Male	126	SenM	55	02:17:39	9'10"/km
134	2324	Elisabete Gonçalves	Duros da Santa	Female	8	F40	4	02:17:47	9'11"/km
135	2368	Eduardo Sousa		Male	127	M40	49	02:17:49	9'11"/km
136	2549	Luís Mota	airorun	Male	128	M50	18	02:18:13	9'12"/km
137	1020	Carlos Araujo	HabCarpintaria	Male	129	M40	50	02:18:14	9'12"/km
138	2408	Manuel Felix		Male	130	M40	51	02:18:23	9'13"/km
139	2596	Renato Magalhães		Male	131	SenM	56	02:18:26	9'13"/km
140	2407	Raul Pereira Fernandes	Cerveira Team Running	Male	132	M50	19	02:18:41	9'14"/km
141	2578	Marlene Sofia Oliveira Pinto	Barcelos	Female	9	SenF	4	02:18:51	9'15"/km
142	1011	Mário Coelho		Male	133	SenM	57	02:18:52	9'15"/km
143	2561	Vera Fernandes		Female	10	SenF	5	02:19:17	9'17"/km
144	2301	Nuno Vaz Lopes		Male	134	M50	20	02:20:12	9'20"/km
145	2547	Bruno		Male	135	SenM	58	02:20:17	9'21"/km
146	2446	Miguel Santos		Male	136	SenM	59	02:20:39	9'22"/km
147	2533	Nuno Oliveira	Motores da Montanha	Male	137	SenM	60	02:20:49	9'23"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
148	2365	Ricardo Pires	Motores da Montanha	Male	138	SenM	61	02:20:49	9'23"/km
149	2599	Joel Filipe Carvalho Araujo	Dragon Club	Male	139	M40	52	02:20:57	9'23"/km
150	2564	Manuel João Fernandes Pereira		Male	140	M50	21	02:20:58	9'23"/km
151	2489	Luís Miguel Vale	TEAM LANTEMIL	Male	141	M40	53	02:21:05	9'24"/km
152	2329	Amália Sofia Afonso		Female	11	F40	5	02:21:19	9'25"/km
153	2332	Vítor Manuel Reis		Male	142	M50	22	02:21:21	9'25"/km
154	2411	Samuel Pinho		Male	143	SenM	62	02:21:30	9'26"/km
155	2383	Daniel Soares		Male	144	SenM	63	02:22:44	9'30"/km
156	2458	Marcio Araújo		Male	145	M40	54	02:22:44	9'30"/km
157	2540	Antonio Coelho		Male	146	M40	55	02:23:07	9'32"/km
158	2442	Alexandra Cristina Oliveira Da Silva	B.T.M.	Female	12	F40	6	02:23:09	9'32"/km
159	1074	Rosa Araújo	B.T.M.	Female	13	F50	1	02:23:13	9'32"/km
160	2544	Álvaro Sousa Barreto	Bileiros Friends & Runners	Male	147	M40	56	02:23:56	9'35"/km
161	2548	José Manuel Andrade Dias		Male	148	M40	57	02:24:04	9'36"/km
162	2527	David Pilar		Male	149	M50	23	02:24:19	9'37"/km
163	2309	Fernando Moreira	Duros da Santa	Male	150	M50	24	02:24:22	9'37"/km
164	2394	Francisco Pereira Da Costa		Male	151	M50	25	02:24:45	9'39"/km
165	2360	Lúcia Dias	ARCA BarceloS runners	Female	14	SenF	6	02:24:53	9'39"/km
166	2303	Ricardo Ferreira	A.D Carvalho	Male	152	M40	58	02:25:50	9'43"/km
167	2484	Jose Manuel Valente Fernandes	Alexandra Carvalho Team	Male	153	M40	59	02:25:54	9'43"/km
168	2375	Júlio Ferreira	Lobos do monte run	Male	154	M50	26	02:25:59	9'43"/km
169	1048	Alberto Sá	Lobos do monte run	Male	155	M50	27	02:25:59	9'43"/km
170	2492	Luciano Silva		Male	156	M50	28	02:26:07	9'44"/km
171	1010	Manuel Sousa	Bora+J2:477 lá!	Male	157	M50	29	02:26:07	9'44"/km
172	2439	Fernando Ferreira		Male	158	M50	30	02:26:08	9'44"/km
173	2456	Clara Teixeira	Os preguiças team	Female	15	SenF	7	02:26:32	9'46"/km
174	2353	Fernando Do Pilar Amaro De Areia	Clube Trilheiros & Amigos	Male	159	M50	31	02:26:36	9'46"/km
175	2529	Abilio Faria	Vila verde a correr	Male	160	SenM	64	02:26:48	9'47"/km
176	1089	Andreia Carvalho	Rafa Team	Female	16	SenF	8	02:27:17	9'49"/km
177	2443	Ricardo Jorge Ramos Mendonça		Male	161	SenM	65	02:27:52	9'51"/km
178	2338	Tiago Daniel Andrade Gonçalves	ADECA	Male	162	SenM	66	02:28:11	9'52"/km
179	2557	Avelino Figueiredo	Águias de Alvelos	Male	163	M40	60	02:28:59	9'55"/km
180	2567	Albano Manuel Silva Cardeiras		Male	164	SenM	67	02:29:02	9'56"/km
181	2389	Francisco Faria		Male	165	M50	32	02:29:10	9'56"/km
182	2349	Irene Lucia Silva Barbosa	Copos e trilhos	Female	17	F40	7	02:29:10	9'56"/km
183	2317	Maria Gloria Brás		Female	18	F40	8	02:29:41	9'58"/km
184	2372	Francisco Gonçalves	Vila verde a correr	Male	166	M40	61	02:29:44	9'59"/km
185	2452	Rui Costa		Male	167	M40	62	02:29:51	9'59"/km
186	2570	Tiago Sousa		Male	168	SenM	68	02:30:29	10'01"/km
187	2481	Márcio	Minho Aventura	Male	169	M40	63	02:30:38	10'02"/km
188	2511	Patrícia Lemos	GTT - ARMAZÉM DO CAFFÈ	Female	19	SenF	9	02:30:51	10'03"/km
189	2503	Pedro Miguel Barbosa Coelho		Male	170	SenM	69	02:31:04	10'04"/km
190	1015	Isaias Boas		Male	171	M40	64	02:31:42	10'06"/km
191	2432	José Luís Santos Da Costa		Male	172	M50	33	02:32:00	10'08"/km
192	1092	Andreia Rocha	Dragon Club	Female	20	SenF	10	02:32:38	10'10"/km
193	1054	Joaquim Rodrigues	ACR Roriz	Male	173	M50	34	02:32:45	10'11"/km
194	2405	Hugo Daniel Araújo Andrade		Male	174	SenM	70	02:32:51	10'11"/km
195	1039	Joao Carlos Soutelo Couto	ACR Roriz	Male	175	SenM	71	02:32:54	10'11"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
196	2519	Marcelo Teixeira	The Newbies	Male	176	SenM	72	02:33:07	10'12"/km
197	2471	Mónica Lopes	Vila verde a correr	Female	21	SenF	11	02:34:16	10'17"/km
198	1086	Luis Gomes	TEAM LANTEMIL	Male	177	M50	35	02:34:18	10'17"/km
199	2369	Luís Campos		Male	178	SenM	73	02:34:19	10'17"/km
200	2472	Antonio Capitão	CAVE	Male	179	M50	36	02:35:01	10'20"/km
201	2409	Pedro Silva	CLUBE DE ATLETISMO AFIPRE TEAM	Male	180	SenM	74	02:35:03	10'20"/km
202	2542	Cristina Flores		Female	22	F40	9	02:35:28	10'21"/km
203	2531	Fernando Pilar		Male	181	M40	65	02:35:47	10'23"/km
204	2499	Vitor Macedo		Male	182	M40	66	02:35:51	10'23"/km
205	2451	Sérgio Fernandes	B.T.M.	Male	183	M40	67	02:35:53	10'23"/km
206	2462	Gustavo Teixeira		Male	184	SenM	75	02:36:15	10'25"/km
207	1031	Elson Carvalho	HabCarpintaria	Male	185	SenM	76	02:37:37	10'30"/km
208	2512	Ana Margarida Vilas Boas Couto		Female	23	SenF	12	02:37:53	10'31"/km
209	2335	Antonio Gonçalves	Duros da Santa	Male	186	M50	37	02:38:53	10'35"/km
210	2438	Marisa Doreta	Fardetas	Female	24	F40	10	02:39:08	10'36"/km
211	2532	Marta Fonseca		Female	25	F50	2	02:39:48	10'39"/km
212	2418	Marco Ferreira		Male	187	SenM	77	02:39:50	10'39"/km
213	2554	Sebastião Pereira		Male	188	M50	38	02:40:24	10'41"/km
214	2571	Filipe Arantes Lima	Alexandra Carvalho Team	Male	189	M40	68	02:40:57	10'43"/km
215	2460	Jorge Humberto Silva Costa	Escola de Atletismo da Trofa	Male	190	M40	69	02:41:06	10'44"/km
216	2459	Maria Gabriela Reis Silva Pelicano	Escola de Atletismo da Trofa	Female	26	F40	11	02:41:07	10'44"/km
217	2521	Hugo Peixoto	CB RUN	Male	191	SenM	78	02:41:10	10'44"/km
218	2401	Ariana Beatriz Azevedo Peixoto		Female	27	SenF	13	02:41:21	10'45"/km
219	2402	Amadeu Cardoso Peixoto		Male	192	M50	39	02:41:21	10'45"/km
220	2363	Nuno Mendes	Motores da Montanha	Male	193	SenM	79	02:41:49	10'47"/km
221	2504	Ana Carneiro	Minho Aventura	Female	28	F40	12	02:41:49	10'47"/km
222	2444	João Manuel Laranjo Ferreira		Male	194	SenM	80	02:41:52	10'47"/km
223	2422	João Silva	Let'sGoTeam	Male	195	M50	40	02:42:49	10'51"/km
224	2347	Clemente Meireles		Male	196	M50	41	02:42:58	10'51"/km
225	2479	José Brito		Male	197	M40	70	02:43:03	10'52"/km
226	2341	Alice Oliveira	Duros da Santa	Female	29	F50	3	02:43:45	10'55"/km
227	2556	Lino Sousa	Lobos do monte run	Male	198	M50	42	02:43:53	10'55"/km
228	2522	Angela João	Bmedical	Female	30	SenF	14	02:44:29	10'58"/km
229	2346	Carlos Alberto Costa Gonçalves		Male	199	SenM	81	02:45:22	11'01"/km
230	2453	Paula Ferreira	Akuafit	Female	31	F40	13	02:45:57	11'03"/km
231	1081	Clara Lopes	B.T.M.	Female	32	S23F	2	02:46:35	11'06"/km
232	2500	Eduardo Sérgio Costa Fonseca	B.T.M.	Male	200	M40	71	02:46:35	11'06"/km
233	2321	Alfredo Machado	Duros da Santa	Male	201	M50	43	02:48:08	11'12"/km
234	1046	Elisa Alves		Female	33	F40	14	02:48:34	11'14"/km
235	1050	Pedro Oliveira	Cerveira Team Running	Male	202	M40	72	02:49:15	11'17"/km
236	2505	Tiago Lopes	Vila verde a correr	Male	203	SenM	82	02:50:22	11'21"/km
237	2390	Pedro Pinheiro	Vila verde a correr	Male	204	M50	44	02:50:23	11'21"/km
238	2559	Manuela Almeida	Vila verde a correr	Female	34	F40	15	02:50:52	11'23"/km
239	2525	Jorge Rosário	Let'sGoTeam	Male	205	M40	73	02:51:46	11'27"/km
240	2319	Alfredo Peniche	Dream team	Male	206	M40	74	02:51:59	11'27"/km
241	2475	Miguel Ribeiro		Male	207	SenM	83	02:52:07	11'28"/km
242	2495	Elizabete Silva	Delegação de comandos de Guimarães	Female	35	F40	16	02:52:13	11'28"/km
243	2483	Antonio Valente	Alexandra Carvalho Team	Male	208	M50	45	02:52:53	11'31"/km
244	2429	Maria José Gomes De Oliveira	Udercup Trogloditas Runners	Female	36	F40	17	02:52:54	11'31"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
245	2530	Vitor Beires Nogueira	Évora Night Runners	Male	209	M50	46	02:53:18	11'33"/km
246	2364	Armindo Mendes	Motores da Montanha	Male	210	M40	75	02:53:26	11'33"/km
247	2551	Jorge Ribeiro	Alexandra Carvalho Team	Male	211	M50	47	02:53:49	11'35"/km
248	2577	Carina Silva		Female	37	SenF	15	02:55:13	11'40"/km
249	2379	Irma Martins		Female	38	SenF	16	02:55:39	11'42"/km
250	1024	Agostinho Pedrosa	HabCarpintaria	Male	212	M50	48	02:56:15	11'45"/km
251	2457	Victor Araujo		Male	213	M40	76	02:57:26	11'49"/km
252	2436	Angela Sofia Cavalheiro Martins	B.T.M.	Female	39	SenF	17	02:59:08	11'56"/km
253	1083	Agostinho Maia	B.T.M.	Male	214	M40	77	02:59:08	11'56"/km
254	2352	Sara Loureiro	B.T.M.	Female	40	SenF	18	02:59:08	11'56"/km
255	2448	Rosa Maria Ferreira Correia	B.T.M.	Female	41	F40	18	02:59:09	11'56"/km
256	1049	Luís Monteiro	OZ Running Team	Male	215	M50	49	03:01:26	12'05"/km
257	2523	Sonia Pereira	Bmedical	Female	42	F40	19	03:02:10	12'08"/km
258	2553	Sandra Cerqueira	Vila verde a correr	Female	43	F40	20	03:04:07	12'16"/km
259	1042	Ana Rocha	VIDAATIVARUNNERS	Female	44	F40	21	03:04:10	12'16"/km
260	2376	João Santana		Male	216	M50	50	03:04:16	12'17"/km
261	2463	Vitor Ferreira		Male	217	M40	78	03:05:13	12'20"/km
262	2487	Bruno Couto		Male	218	SenM	84	03:05:17	12'21"/km
263	2506	Hugo Pereira	Phoenix Evorun	Male	219	M40	79	03:05:18	12'21"/km
264	2524	Rui Costa		Male	220	SenM	85	03:05:58	12'23"/km
265	2470	Carlos Vale		Male	221	M40	80	03:07:46	12'31"/km
266	2510	Joao Filipe Do Vale Sa		Male	222	SenM	86	03:08:06	12'32"/km
267	2468	Jose Ribeiro		Male	223	SenM	87	03:08:08	12'32"/km
268	2461	Margarida Pinto		Female	45	F50	4	03:08:09	12'32"/km
269	2566	Victor Durval De Sousa Pires		Male	224	SenM	88	03:08:17	12'33"/km
270	2565	Carla Ferreira	TEMOS PENA	Female	46	F40	22	03:08:37	12'34"/km
271	2563	Jorge Ferreira	TEMOS PENA	Male	225	M40	81	03:08:38	12'34"/km
272	2537	Catarina Cepa		Female	47	SenF	19	03:09:31	12'38"/km
273	2538	Maria Pilar		Female	48	F50	5	03:09:31	12'38"/km
274	2476	Patricia Fernades	Together	Female	49	F40	23	03:11:21	12'45"/km
275	2316	Helder Daniel Gomes Da Cunha Nogueira		Male	226	M40	82	03:11:54	12'47"/km
276	2366	Telmo Gondar	Motores da Montanha	Male	227	SenM	89	03:11:56	12'47"/km
277	2477	José Andrade	Together	Male	228	M40	83	03:13:14	12'52"/km
278	2426	Araci Queiroga	Apúlia a Correr	Female	50	SenF	20	03:13:16	12'53"/km
279	2367	Fabio Machado	Motores da Montanha	Male	229	S23M	7	03:13:26	12'53"/km
280	2508	Diogo Figueiredo		Male	230	SenM	90	03:13:41	12'54"/km
281	2507	Alcídio Figueiredo		Male	231	M50	51	03:13:41	12'54"/km
282	2414	Isabel Cristina Faria Magalhaes	Apúlia a Correr	Female	51	F40	24	03:14:05	12'56"/km
283	2417	Isabel Queiroga	Apúlia a Correr	Female	52	SenF	21	03:14:05	12'56"/km
284	2488	Sara Matos		Female	53	SenF	22	03:14:18	12'57"/km
285	2539	Conceição Costa		Female	54	F40	25	03:15:16	13'01"/km
286	2348	José Ribeiro	ADECA	Male	232	M50	52	03:15:46	13'03"/km
287	2535	Albertina Gonçalves	PCRunners	Female	55	F40	26	03:20:29	13'21"/km
288	2371	Francisco Gomes	Duros da Santa	Male	233	M50	53	03:20:30	13'22"/km
289	2337	Ricardo Alves		Male	234	SenM	91	03:20:30	13'22"/km
290	1017	Mariana Miranda	Barcelos	Female	56	SenF	23	03:26:47	13'47"/km
291	2314	Isabel Maria Rosendo Cardoso	ADE trail running	Female	57	SenF	24	03:26:52	13'47"/km
292	2430	Joana Sofia Macedo Maia	Águias de Alvelos	Female	58	SenF	25	03:26:53	13'47"/km
293	2431	Raquel Cristina Macedo Maia	Águias de Alvelos	Female	59	SenF	26	03:26:53	13'47"/km
294	1079	Ana Carolina Pereira	ADE trail running	Female	60	F40	27	03:26:54	13'47"/km

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
295	1091	Isabel Gonçalves	Alexandra Carvalho Team	Female	61	F50	6	03:29:30	13'58"/km
296	2302	Fernando Edgar Araújo De Sousa	Alexandra Carvalho Team	Male	235	M50	54	03:29:31	13'58"/km
297	2546	Sónia Fernandes		Female	62	F40	28	03:31:40	14'06"/km
298	2421	Elisabete Martins		Female	63	SenF	27	03:31:40	14'06"/km
299	2393	Rosa Cerqueira	Let'sGoTeam	Female	64	F50	7	03:32:59	14'11"/km
300	2412	Paula Monteiro	Let'sGoTeam	Female	65	F40	29	03:33:00	14'12"/km
301	1013	Patrícia Rei	B.T.M.	Female	66	F40	30	03:33:07	14'12"/km
302	1076	Lurdes Magalhães	B.T.M.	Female	67	F50	8	03:33:07	14'12"/km
303	1012	Rosa Borges	B.T.M.	Female	68	F40	31	03:33:08	14'12"/km
304	1080	Maria Barbosa	B.T.M.	Female	69	F40	32	03:33:16	14'13"/km
305	2466	Raúl Ferreira	Let'sGoTeam	Male	236	M50	55	03:37:33	14'30"/km
306	2313	Anabela Alves Delgado		Female	70	F40	33	03:38:26	14'33"/km
307	2597	Carlos Briro		Male	237	M50	56	03:38:26	14'33"/km
308	2396	Dulce Monteiro	Let'sGoTeam	Female	71	F40	34	03:47:59	15'12"/km
309	2486	Manuel Jorge Nogueira Silva	#Oh!Mister!MeteoMaia	Male	238	M50	57	03:48:00	15'12"/km
310	2323	Paulo Silva		Male	239	SenM	92	03:59:06	15'56"/km
311	2322	Helena Oliveira		Female	72	SenF	28	03:59:06	15'56"/km
312	2373	José Antonio Freitas		Female	73	F50	9	04:08:55	16'35"/km
313	2370	Rui Machado	Firmo	Male	240	M50	58	04:08:56	16'35"/km
314	2400	Isabel Lopes	G.D. Leões da Guarda - LION RUNNERS	Female	74	F50	10	04:29:34	17'58"/km