

Pos	Dorsal	Nome	Equipa	Tempo	t/km
TL 25km - SM					
1	146	César	Boavista trail	02:05:24	5'00"/km
2	147	Laurent Ego	Individual	02:06:07	5'02"/km
3	129	Rafael Martins	Runners do demo	02:09:12	5'10"/km
4	54	Carlos Eduardo Castro Vieira	Individual	02:11:43	5'16"/km
5	138	Fernando Santos	Abutres	02:15:46	5'25"/km
6	70	Tiago Moraes	PDARUNNERS	02:16:08	5'26"/km
7	97	Francisco Lemos	Coimbra Trail Running	02:16:33	5'27"/km
8	139	Ricardo Rodrigues	ASDREQ	02:21:30	5'39"/km
9	131	Richard Fernandes Dias	Individual	02:24:11	5'46"/km
10	109	Paulo Loureiro	Individual	02:28:25	5'56"/km
11	66	Fábio Miguel Oliveira Da Cruz	Dão Nelas Runners	02:30:11	6'00"/km
12	60	Carlos Ferreira	Individual	02:31:50	6'04"/km
13	137	Nuno Marques	Individual	02:32:29	6'05"/km
14	25	Bruno	Individual	02:32:45	6'06"/km
15	38	José Moreira	Fox Running Team	02:39:17	6'22"/km
16	23	Carlos Cordeiro	Individual	02:41:26	6'27"/km
17	80	Rui Ferreira	VISEU 360	02:42:06	6'29"/km
18	22	Luís Junior	Runners do demo	02:44:21	6'34"/km
19	84	André Rodrigues	PDARUNNERS	02:46:04	6'38"/km
20	26	Daniel Jorge Ramos De Matos	PDARUNNERS	02:48:27	6'44"/km
21	141	Bruno Videira	Miro Trail	02:49:40	6'47"/km
22	128	Bruno Miguel Ferreira Gonçalves	Individual	02:59:27	7'10"/km
23	96	José Coimbra	Individual	03:00:01	7'12"/km
24	33	António Manuel Dos Santos Gomes	Individual	03:03:12	7'19"/km
25	159	Jorge Almeida	Individual	03:03:34	7'20"/km
26	85	André Figueiredo	PDARUNNERS	03:05:38	7'25"/km
27	61	Vítor Graça	ADM Trail Team	03:07:25	7'29"/km
28	86	Bruno Silveira	Ovos Duros	03:16:45	7'52"/km
29	81	Eduardo Ferreira	LAMEGO PELOS TRILHOS	03:16:53	7'52"/km
30	51	Alejandro Merz	Individual	03:19:05	7'57"/km
31	105	Hugo Carolino	Safados Do Trail	03:21:30	8'03"/km
32	136	Ricardo Vieira	Individual	03:25:46	8'13"/km
33	140	Nelson Amaral	Individual	03:30:52	8'26"/km
34	127	Marco Almeida	Individual	03:32:50	8'30"/km
35	30	João Oliveira	PDARUNNERS	03:45:47	9'01"/km

TL 25km - M40					
1	37	Paulo Matos	Individual	02:11:52	5'16"/km
2	78	Daniel Fonseca Soares	Individual	02:12:24	5'17"/km
3	104	Sérgio Mesquita	ARSM-Associação Recreativa de São Miguel	02:16:49	5'28"/km
4	65	João Silva	Individual	02:18:19	5'31"/km
5	144	David Coutinho	Jobra	02:21:00	5'38"/km
6	56	Bruno Silva	Individual	02:21:54	5'40"/km
7	112	Márcio Freitas	Dão Nelas Runners	02:22:07	5'41"/km
8	132	Pedro Morgado	GDCR LAJES	02:24:11	5'46"/km
9	111	Marco Paulo Jesus Rodrigues	Individual	02:25:09	5'48"/km
10	153	Bruno Ribeiro	Kaninos	02:26:15	5'51"/km
11	1	Carlos Ferreira	VISEU 360	02:27:54	5'54"/km
12	95	Tiago José Silva Carvalho		02:29:57	5'59"/km
13	2	João Carlos Simões Marques	Espigueiros Runners-Caparrosinha	02:32:06	6'05"/km
14	148	Jorge Miguel Dos Santos Amaral	Individual	02:33:06	6'07"/km

Pos	Dorsal	Nome	Equipa	Tempo	t/km
15	20	Marco Simões	PDARUNNERS	02:36:48	6'16"/km
16	49	Serginho	Individual	02:37:46	6'18"/km
17	101	André Filipe Borges Da Silva	Viseu Running Team	02:39:20	6'22"/km
18	149	Jose Artur Marques Lopes	ASDREQ	02:40:10	6'24"/km
19	99	Henrique Fernandes	Dão Nelas Runners	02:44:43	6'35"/km
20	150	Juliano Patrício Teixeira Da Silva	Clube Desportivo Mar e Serra	02:45:21	6'36"/km
21	69	Vitor Ferreira	Fox Running Team	02:49:27	6'46"/km
22	102	Jorge Miguel De Bastos Loureiro	#Xpack	02:50:02	6'48"/km
23	103	Fernando Mota	Individual	02:57:07	7'05"/km
24	106	Luís Santos	Individual	02:59:20	7'10"/km
25	47	César Almeida	Individual	03:00:59	7'14"/km
26	14	Nuno Miguel Dos Santos Mariz	AllforOne	03:02:36	7'18"/km
27	39	Carlos Ribeiro	Trail4Fun	03:03:11	7'19"/km
28	88	José Lima Antunes	Runnig4fun	03:07:09	7'29"/km
29	87	Nuno Salvador	Dão Nelas Runners	03:08:24	7'32"/km
30	72	Filipe Pereira	ARCD Bairro de Santa Cruz	03:13:32	7'44"/km
31	145	João Soares	Individual	03:21:08	8'02"/km
32	58	Mike	Individual	03:23:45	8'09"/km
33	134	Henrique Sá Costa	Individual	03:25:46	8'13"/km
34	21	Martins Paulo	Individual	03:28:29	8'20"/km
35	125	Rui Viegas	ArcoRun	03:36:05	8'38"/km
36	119	Joaquim Pais	Individual	03:38:03	8'43"/km
37	68	Vitor Jorge Pereira Nogueira	Runners do demo	03:42:29	8'53"/km
38	19	Carlos Prado	Individual	03:45:56	9'02"/km
39	31	Marco Pontes	VIDAATIVARUNNERS	03:49:31	9'10"/km
40	142	Manuel Guedes	Individual	03:56:36	9'27"/km
41	79	Rui Manuel Afonso Vaz	Individual	04:12:14	10'05"/km
42	82	Pedro José Lopes Fontinha	Ncn -Não corras não	04:19:30	10'22"/km
43	143	José Garcez	Individual	04:21:20	10'27"/km
44	15	Paulo Rodrigues	Espigueiros Runners-Caparrosinha	04:29:02	10'45"/km
45	122	Fernando Jorge	Boavista trail	04:30:42	10'49"/km

TL 25km - M50

1	126	José Manuel Duarte Tomás	ASDREQ	02:06:11	5'02"/km
2	158	Fernando Baltazar	ATAC - Águeda Trail Aventura Clube	02:30:27	6'01"/km
3	42	Ernesto Marques Alves	Juventude Cortegacense	02:33:11	6'07"/km
4	100	Manuel António Roseiro Ferreira	Individual	02:43:24	6'32"/km
5	91	Alberto Marques	Espigueiros Runners-Caparrosinha	02:50:34	6'49"/km
6	77	José António De Almeida Moreira	Viriathvs Runners Viseu	02:53:35	6'56"/km
7	117	João Sousa	Individual	02:58:30	7'08"/km
8	108	Francisco	VISEU 360	03:04:57	7'23"/km
9	116	Artur Soares De Almeida	Individual	03:09:58	7'35"/km
10	152	Cesário Rocha	Ladecasa	03:17:51	7'54"/km
11	12	Luis Cardoso	Individual	03:20:21	8'00"/km
12	135	José Figueiredo	Espigueiros Runners-Caparrosinha	03:21:01	8'02"/km
13	123	José Botelho	Individual	03:26:57	8'16"/km
14	114	João Miguel Miranda Da Costa	Individual	03:34:28	8'34"/km
15	94	Sérgio Rodrigues	Individual	03:36:32	8'39"/km
16	156	Fernando Banca	Individual	03:37:12	8'41"/km
17	27	Gil Da Costa	Individual	03:37:59	8'43"/km
18	113	Artur Jorge Capela Oliveira Lopes	Individual	03:38:00	8'43"/km
19	71	Virgílio Lopes	ARCD Bairro de Santa Cruz	03:48:34	9'08"/km
20	41	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	03:55:26	9'25"/km

Pos	Dorsal	Nome	Equipa	Tempo	t/km
21	44	Paulo Abadia	Javalis das Poças	04:00:29	9'37"/km
22	75	Valdemar Almeida	Individual	04:17:55	10'19"/km
23	52	Nuno Robles	Individual	04:32:23	10'53"/km

TL 25km - SF

1	160	Tuxa Negri	OCS - Arrábida Trail Team	02:36:18	6'15"/km
2	124	Joana	ArcoRun	03:36:06	8'38"/km
3	48	Ana Rita Santiago Neto	Guarda Runners	04:06:01	9'50"/km
4	155	Mariana Silva	Espigueiros Runners-Caparrosinha	04:06:25	9'51"/km
5	43	Ana Filipa Ribeiro	Individual	04:15:10	10'12"/km
6	83	Carla João Pereira Miguel Olímpio	Ncn - Não corras não	04:19:31	10'22"/km
7	90	Inês Bernardo	CLUBE MILLENNIUM BCP	04:27:48	10'42"/km

TL 25km - F40

1	11	Sónia Cardoso	RunningPrábjea	03:20:22	8'00"/km
2	63	Xénia Betsabé S. A. S. Graça	Individual	03:29:16	8'22"/km
3	118	Solange Sousa	Individual	03:45:28	9'01"/km
4	110	Lucia Teles	AllforOne	03:52:06	9'17"/km
5	120	Sandra Simões	N3 ASA Team	03:55:53	9'26"/km
6	115	Gislaine Costa	Safados Do Trail	04:09:34	9'59"/km
7	121	Luísa Cirne	Boavista trail	04:30:41	10'49"/km

TL 25km - F50

1	24	Luz Paulo	Clube de Montanhismo da Guarda	03:01:52	7'16"/km
2	28	Carmo Marinho	Individual	03:28:25	8'20"/km
3	151	Alda Cordeiro	Ladecasa	03:49:27	9'10"/km
4	16	Maria Carriço	Espigueiros Runners-Caparrosinha	04:29:03	10'45"/km
5	46	Cristina Pires	Guarda Runners	04:38:30	11'08"/km