

Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Tempo	Ritmo
1	1031	Nelson Loureiro	Male	1	M40	1	OPraticante.pt	01:25:14	5'00"/km
2	1265	João Ribeiro	Male	2	SenM	1	NUTRILOJA ORALKLASS ATAD	01:30:01	5'17"/km
3	1130	Luciano Manuel Silva Pereira	Male	3	M40	2	HabCarpintaria	01:30:36	5'19"/km
4	1167	Tiago Pinto	Male	4	SenM	2	Individual	01:31:39	5'23"/km
5	1229	Pedro Vieira	Male	5	SenM	3	Endovelico Trail Team	01:34:20	5'32"/km
6	1166	Sergio Silva	Male	6	SenM	4	Mss contabilidade trail team	01:35:22	5'36"/km
7	1262	Carlos Manuel Sousa Monteiro	Male	7	M40	3	Individual	01:36:37	5'41"/km
8	1260	Samuel Silva	Male	8	SenM	5	Nova Linha Trail Runners	01:37:04	5'42"/km
9	1195	Pedro Gonçalves	Male	9	SenM	6	Individual	01:38:54	5'49"/km
10	1168	Agostinho Carneiro	Male	10	M50	1	AD MARCO 09	01:39:10	5'50"/km
11	1361	Norberto Celestino Vasques Loureiro	Male	11	SenM	7	Individual	01:39:35	5'51"/km
12	1232	Dionisio Antonio Marinho Ferreira	Male	12	M40	4	Team Trail Bem Viver	01:40:20	5'54"/km
13	1253	Pedro Gilvaz	Male	13	M40	5	Individual	01:41:41	5'58"/km
14	1349	Daniel Filipe Magalhães	Male	14	SenM	8	Amigo Trail Run	01:42:56	6'03"/km
15	1127	Abílio Fernandes	Male	15	M40	6	OPraticante.pt	01:43:07	6'03"/km
16	1317	Bruno Teixeira	Male	16	M40	7	A.D.Amarante Trail Running	01:43:12	6'04"/km
17	1189	Bruno Gonçalves	Male	17	SenM	9	Individual	01:45:03	6'10"/km
18	1268	Adriano Moraes	Male	18	SenM	10	Olímpico Vianense	01:45:29	6'12"/km
19	1270	Hugo Martins	Male	19	M40	8	NUTRILOJA ORALKLASS ATAD	01:45:34	6'12"/km
20	1114	Hugo Lopes	Male	20	SenM	11	Promessas do atletismo	01:46:47	6'16"/km
21	1213	Filipe Moreira Da Silva	Male	21	M40	9	NUTRILOJA ORALKLASS ATAD	01:47:32	6'19"/km
22	1144	Hélder Silva	Male	22	SenM	12	HabCarpintaria	01:47:47	6'20"/km
23	1217	Antonio José Oliveira Carvalho	Male	23	M40	10	CLUBE DE ATLETISMO AFIPRE TEAM	01:47:59	6'21"/km
24	1192	Joaquim Correia	Male	24	M40	11	Individual	01:48:10	6'21"/km
25	1212	Rui Rodrigues	Male	25	M40	12	Ruilhe Runners	01:48:43	6'23"/km
26	1132	Carlos Manuel Teixeira Gomes	Male	26	SenM	13	Individual	01:49:01	6'24"/km
27	1153	José Felix	Male	27	M40	13	Promessas do atletismo	01:49:28	6'26"/km
28	1223	João Paulo Oliveira Gouveia Lacerda	Male	28	M40	14	CLUBE DE ATLETISMO AFIPRE TEAM	01:49:53	6'27"/km
29	1334	José Paulo Ribeiro	Male	29	M40	15	Individual	01:50:10	6'28"/km
30	1169	Pedro Miguel Portela Monteiro	Male	30	SenM	14	TURBOKINGS2.0/ADANCEDE	01:50:12	6'29"/km
31	1147	Sérgio Martins	Male	31	M50	2	Duo trail	01:50:47	6'31"/km
32	1214	Alexandre Silva	Male	32	M40	16	NUTRILOJA ORALKLASS ATAD	01:51:00	6'31"/km
33	1171	Bruno Filipe Monteiro Ferreira	Male	33	SenM	15	TURBOKINGS2.0/ADANCEDE	01:51:33	6'33"/km
34	1327	Alcino Silva	Male	34	M40	17	A.D.Amarante Trail Running	01:53:19	6'39"/km
35	1264	José Santos	Male	35	M40	18	Individual	01:53:22	6'40"/km
36	1346	Rodrigo Vieira	Male	36	SenM	16	Serra D'Aire Trail Team	01:53:25	6'40"/km
37	1112	Rafael Teixeira	Male	37	SenM	17	Promessas do Atletismo	01:54:52	6'45"/km
38	1257	Nuno Silva	Male	38	SenM	18	The Newbies	01:54:57	6'45"/km
39	1160	Jose Oliveira	Male	39	M50	3	Petro Basto	01:54:58	6'45"/km
40	1128	Célia Neto	Female	1	SenF	1	OPraticante.pt	01:55:05	6'46"/km
41	1190	Márcio Botelho	Male	40	M40	19	Individual	01:55:12	6'46"/km

Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Tempo	Ritmo
42	1326	Jorge Oliveira	Male	41	M40	20	A.D.Amarante Trail Running	01:55:19	6'47"/km
43	1210	Luciano Pena	Male	42	SenM	19	CLUBE DE ATLETISMO AFIPRE TEAM	01:56:44	6'52"/km
44	1185	Cláudio Monteiro	Male	43	M50	4	Douroconta Trail Team	01:56:49	6'52"/km
45	1046	Modesto Vieira	Male	44	M50	5	Casa do Povo de Soalhães	01:56:54	6'52"/km
46	1277	Manuel Sousa	Male	45	M50	6	Individual	01:57:26	6'54"/km
47	1211	Rui Manuel Fernandes Pereira	Male	46	SenM	20	Vizela corre	01:57:33	6'54"/km
48	1216	Fernando Manuel Alves Rodrigues	Male	47	SenM	21	NUTRILOJA ORALKLASS ATAD	01:57:34	6'54"/km
49	1203	Fabio Silva	Male	48	SenM	22	Nós Acreditamos Run Team	01:57:44	6'55"/km
50	1333	Jorge Cerqueira	Male	49	SenM	23	A.D.Amarante Trail Running	01:58:06	6'56"/km
51	1173	José Augusto De Sousa Pinto	Male	50	M50	7	TURBOKINGS2.0/ADANCEDE	01:58:07	6'56"/km
52	1103	Carlos Moreira	Male	51	M40	21	Lusavouga CIDEP CSN Trail	01:58:40	6'58"/km
53	1113	Nelson Fernandes	Male	52	SenM	24	Promessas do atletismo	01:59:30	7'01"/km
54	1354	Joaquim Seabra	Male	53	M50	8	Individual	01:59:43	7'02"/km
55	1058	Tiago Fernando De Sousa Alves	Male	54	SenM	25	Descola	02:00:24	7'04"/km
56	1280	Vitor Rodrigues	Male	55	SenM	26	HabCarpintaria	02:01:11	7'07"/km
57	1154	Luís Martins	Male	56	M50	9	Duo trail	02:01:27	7'08"/km
58	1202	Alipio Fernandes	Male	57	M50	10	Petro Basto	02:02:01	7'10"/km
59	1172	António Manuel Pinheiro Teixeira	Male	58	SenM	27	TURBOKINGS2.0/ADANCEDE	02:02:06	7'10"/km
60	1194	Fábio Brites	Male	59	SenM	28	Individual	02:02:24	7'12"/km
61	1181	Rafa Miranda	Male	60	M40	22	Promessas do atletismo	02:02:36	7'12"/km
62	1134	Abilio Marques	Male	61	M50	11	Individual	02:02:44	7'13"/km
63	1330	Manuel Azevedo	Male	62	M50	12	A.D.Amarante Trail Running	02:02:49	7'13"/km
64	1281	Pedro Queirós	Male	63	M40	23	Individual	02:02:50	7'13"/km
65	1198	Orlando Rocha	Male	64	M40	24	Nocturnos de Paredes	02:03:07	7'14"/km
66	1184	Rogério António Pereira Alves	Male	65	SenM	29	TURBOKINGS2.0/ADANCEDE	02:03:15	7'15"/km
67	1029	Henrique Leal	Male	66	SenM	30	Individual	02:03:27	7'15"/km
68	1318	Nuno Moura	Male	67	M40	25	A.D.Amarante Trail Running	02:03:32	7'16"/km
69	1319	Daniel Santos	Male	68	SenM	31	A.D.Amarante Trail Running	02:04:26	7'19"/km
70	1095	António Teixeira	Male	69	M50	13	Individual	02:04:33	7'19"/km
71	1274	Carlos Silva	Male	70	SenM	32	The Newbies	02:05:06	7'21"/km
72	1207	José Duarte	Male	71	M40	26	Nós Acreditamos Run Team	02:05:07	7'21"/km
73	1295	Marco Paulo Leite Gonçalves Oliveira	Male	72	M40	27	Individual	02:05:42	7'23"/km
74	1222	Andreia Almeida	Female	2	SenF	2	Furfor Running Project	02:05:50	7'24"/km
75	1141	Fábio Moreira	Male	73	SenM	33	Amigos 100 Limites	02:06:25	7'26"/km
76	1241	Fábio Barbosa	Male	74	SenM	34	Ruilhe Runners	02:06:41	7'27"/km
77	1328	Pedro Viera	Male	75	M40	28	A.D.Amarante Trail Running	02:06:44	7'27"/km
78	1351	Joaquim Ferreira	Male	76	M50	14	Amigo Trail Run	02:07:39	7'30"/km
79	1204	Fernando Silva	Male	77	M50	15	Nós Acreditamos Run Team	02:07:41	7'30"/km
80	1159	Henrique Velon	Male	78	SenM	35	Petro Basto	02:08:00	7'31"/km
81	1164	Nuno Alexandre	Male	79	M40	29	Nocturnos de Paredes	02:09:43	7'37"/km
82	1151	António Coelho	Male	80	M40	30	Individual	02:10:00	7'38"/km
83	1251	Fernando Ferreira	Male	81	M40	31	Endovelico Trail Team	02:10:08	7'39"/km

Pos	Dorsal	Nome	Sexo Pos	Cat Pos	Equipa	Tempo	Ritmo
84	1230	Lucília Resende	Female 3	F40 1	Gaia-Running	02:10:23	7'40"/km
85	1142	Tiago Mota	Male 82	SenM 36	Amigos 100 Limites	02:10:45	7'41"/km
86	1272	Tiago Filipe Pais Matos	Male 83	SenM 37	João! Chupa-mos!	02:10:56	7'42"/km
87	1117	Filipe Nascimento	Male 84	M40 32	Porto sentido runners	02:11:10	7'42"/km
88	1344	Ricardo Barros	Male 85	M40 33	Tog Associação Running Team	02:11:30	7'44"/km
89	1342	Vicente Sousa	Male 86	M40 34	Tog Associação Running Team	02:12:25	7'47"/km
90	1304	Gilberto Teixeira	Male 87	SenM 38	Fitness Palace	02:12:37	7'48"/km
91	1205	Antonio Pereira	Male 88	M50 16	Nós Acreditamos Run Team	02:13:42	7'51"/km
92	1263	Albert Benjamin Faltynowski	Male 89	SenM 39	Vila verde a correr	02:13:51	7'52"/km
93	1282	Manuel Duarte	Male 90	SenM 40	javalis100limites	02:13:56	7'52"/km
94	1228	André Filipe Nunes Rodrigues	Male 91	SenM 41	Individual	02:14:08	7'53"/km
95	1325	Alice Pereira	Female 4	F40 2	A.D.Amarante Trail Running	02:14:20	7'54"/km
96	1323	Fernando Queiros	Male 92	M50 17	A.D.Amarante Trail Running	02:14:39	7'55"/km
97	1339	Rui Teixeira	Male 93	SenM 42	Amigos das Sapatilhas	02:15:47	7'59"/km
98	1310	Florindo Pereira	Male 94	M50 18	Nova Linha Trail Runners	02:16:07	8'00"/km
99	1225	Agostinho Moreira	Male 95	M50 19	Nocturnos de Paredes	02:16:34	8'02"/km
100	1296	Miguel Mendes	Male 96	M50 20	ARC Vale S. Cosme	02:16:39	8'02"/km
101	1045	Aurelio Vieira	Male 97	M40 35	Casa do Povo de Soalhães	02:17:42	8'06"/km
102	1145	Hélder Bruno Silva Serdoura	Male 98	M40 36	TURBOKINGS2.0/ADANCEDE	02:18:30	8'08"/km
103	1155	Manuel Gomes	Male 99	M50 21	Duo trail	02:18:33	8'09"/km
104	1316	Célia Silva	Female 5	F40 3	A.D.Amarante Trail Running	02:19:02	8'10"/km
105	1242	Rodrigo Daniel Forra Rodrigues	Male 100	SenM 43	RVD Trail	02:19:54	8'13"/km
106	1278	Jorge Alves	Male 101	M40 37	Invicta Runners Team	02:20:09	8'14"/km
107	1338	Fernanda Maria Barbosa Correia	Female 6	F40 4	TURBOKINGS2.0/ADANCEDE	02:20:23	8'15"/km
108	1120	Diogo João Alves De Moura	Male 102	SenM 44	Individual	02:20:42	8'16"/km
109	1178	Kosta Karas	Female 7	SenF 3	Individual	02:20:51	8'17"/km
110	1250	Carlos Martins	Male 103	M40 38	Endovelico Trail Team	02:20:55	8'17"/km
111	1275	Gabriela Fonseca	Female 8	SenF 4	Individual	02:21:09	8'18"/km
112	1302	Mauro Moura	Male 104	M40 39	Fitness Palace	02:21:33	8'19"/km
113	1298	Carla Ferreira	Female 9	F40 5	Individual	02:21:54	8'20"/km
114	1019	Carlos Silva	Male 105	M40 40	Nova Linha Trail Runners	02:22:11	8'21"/km
115	1079	António Ribeiro	Male 106	M50 22	DAPproduções	02:22:18	8'22"/km
116	1119	Nuno Teixeira	Male 107	M40 41	Individual	02:22:21	8'22"/km
117	1254	Joaquim Sérgio Gomes	Male 108	M40 42	Frazão Arreigada	02:22:44	8'23"/km
118	1276	Jorge Esteves	Male 109	M50 23	Kemedo Team	02:24:05	8'28"/km
119	1138	Marta Caeiro	Female 10	SenF 5	TURBOKINGS2.0/ADANCEDE	02:24:19	8'29"/km
120	1133	Fábio Ribeiro	Male 110	SenM 45	Fireteam	02:24:27	8'29"/km
121	1322	Clara Carvalho	Female 11	F50 1	A.D.Amarante Trail Running	02:24:36	8'30"/km
122	1146	Tiago	Male 111	SenM 46	Baguim Runners	02:24:39	8'30"/km
123	1183	Vítor Silva	Male 112	SenM 47	Nocturnos de Paredes	02:24:41	8'30"/km
124	1227	Filipe Pinheiro	Male 113	M40 43	Fridão Sem Limites	02:25:16	8'32"/km
125	1076	Jorge Nápoles	Male 114	M40 44	Team Shark	02:25:25	8'33"/km

Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Tempo	Ritmo
126	1078	Ana Maria Magalhaes	Female	12	F50	2	Team Shark	02:25:29	8'33"/km
127	1352	Cristiano Manuel Sousa Fonseca	Male	115	SenM	48	Amigo Trail Run	02:26:20	8'36"/km
128	1044	Lourenço Cardoso	Male	116	M50	24	Baguim Runners	02:26:24	8'36"/km
129	1347	Sandra Cardoso	Female	13	F40	6	Baguim Runners	02:26:31	8'37"/km
130	1055	Rui Ribães	Male	117	SenM	49	Individual	02:27:06	8'39"/km
131	1206	Martinha Alves	Female	14	F50	3	Nós Acreditamos Run Team	02:27:29	8'40"/km
132	1014	Eliana Teixeira	Female	15	SenF	6	Fridão Sem Limites	02:27:34	8'40"/km
133	1255	Joel Cunha	Male	118	SenM	50	Promessas do atletismo	02:29:38	8'48"/km
134	1174	Manuel Teixeira	Male	119	SenM	51	TURBOKINGS2.0/ADANCEDE	02:29:43	8'48"/km
135	1027	Francisco Silva	Male	120	M50	25	Individual	02:29:45	8'48"/km
136	1179	Eduardo Cardoso	Male	121	M40	45	Individual	02:29:45	8'48"/km
137	1337	Carlos Pereira	Male	122	M40	46	Frazão Arreigada	02:29:54	8'49"/km
138	1148	Carlos Duarte	Male	123	M50	26	Serra D'Aire Trail Team	02:30:04	8'49"/km
139	1084	Thomas Magalhães	Male	124	SenM	52	Individual	02:30:06	8'49"/km
140	1036	Nuno Teixeira	Male	125	M40	47	DAPproduções	02:30:10	8'50"/km
141	1092	João Almeida	Male	126	SenM	53	Individual	02:30:22	8'50"/km
142	1201	Carmo Marinho	Female	16	F50	4	Individual	02:30:56	8'52"/km
143	1303	Rui Moura	Male	127	M40	48	Fitness Palace	02:31:04	8'53"/km
144	1053	Cândida Moreira	Female	17	F40	7	Casa do Povo de Soalhães	02:31:18	8'54"/km
145	1249	Heitor Filipe Da Silva Abreu	Male	128	SenM	54	Individual	02:31:25	8'54"/km
146	1292	Bruno Monte	Male	129	M40	49	Individual	02:31:48	8'55"/km
147	1231	Hugo Pereira	Male	130	SenM	55	Individual	02:31:48	8'55"/km
148	1343	José Junior	Male	131	M50	27	Tog Associação Running Team	02:31:49	8'55"/km
149	1248	João Teixeira	Male	132	SenM	56	Individual	02:31:50	8'55"/km
150	1218	Bruno Pereira	Male	133	M40	50	Endovelico Trail Team	02:31:50	8'55"/km
151	1052	Paulo Azevedo	Male	134	M40	51	Casa do Povo de Soalhães	02:31:55	8'56"/km
152	1299	Sara Rafael	Female	18	F40	8	Valongo Trail Team	02:32:04	8'56"/km
153	1311	Marcos Sousa	Male	135	SenM	57	Nova Linha Trail Runners	02:32:14	8'57"/km
154	1175	Fernando Teixeira	Male	136	SenM	58	Os preguiças team	02:32:36	8'58"/km
155	1321	Fernando Cerqueira	Male	137	M50	28	A.D.Amarante Trail Running	02:33:00	9'00"/km
156	1293	Maria Altina De Sousa Barbosa	Female	19	SenF	7	TURBOKINGS2.0/ADANCEDE	02:33:20	9'01"/km
157	1022	Sílvia Marinho	Female	20	SenF	8	Underdogs	02:34:07	9'03"/km
158	1122	Paulo Barros	Male	138	SenM	59	Individual	02:34:55	9'06"/km
159	1121	Pedro Sousa	Male	139	SenM	60	Individual	02:35:02	9'07"/km
160	1041	Paulo Machado	Male	140	M40	52	Generosos Runners	02:35:24	9'08"/km
161	1040	Rosa Bessa	Female	21	F40	9	Generosos Runners	02:35:26	9'08"/km
162	1335	André Filipe Silva Correia	Male	141	M40	53	Individual	02:35:34	9'09"/km
163	1077	Manuel Teixeira	Male	142	M50	29	Descola	02:35:35	9'09"/km
164	1158	Bruno Cardoso	Male	143	SenM	61	Individual	02:35:50	9'10"/km
165	1258	Hugo Faria	Male	144	SenM	62	The Newbies	02:36:20	9'11"/km
166	1176	Daniela Moutinho	Female	22	SenF	9	Os preguiças team	02:36:36	9'12"/km
167	1102	Amândio Sousa Sousa	Male	145	M50	30	Kinkipa	02:36:42	9'13"/km
168	1111	Sandra Silva	Female	23	F40	10	Lusavouga CIDEP CSN Trail	02:36:57	9'13"/km
169	1110	Ana Soraia Freitas Sousa	Female	24	SenF	10	Lusavouga CIDEP CSN Trail	02:36:57	9'13"/km

Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Tempo	Ritmo
170	1065	Ricardo Pinto	Male	146	SenM	63	Individual	02:36:59	9'14"/km
171	1089	Fábio Brites	Male	147	SenM	64	Individual	02:37:16	9'15"/km
172	1244	Alberto Filipe Duarte Manuel	Male	148	SenM	65	RVD Trail	02:37:51	9'17"/km
173	1245	Tiago André Barbosa Gafanis	Male	149	SenM	66	RVD Trail	02:37:51	9'17"/km
174	1243	Cristiana Jorge Pinto Dos Santos Silva	Female	25	SenF	11	RVD Trail	02:37:51	9'17"/km
175	1026	Daniel Vieira	Male	150	M40	54	Nova Linha Trail Runners	02:38:01	9'17"/km
176	1315	Armando Meireles	Male	151	M40	55	A.D.Amarante Trail Running	02:39:16	9'22"/km
177	1137	Luis Neves	Male	152	SenM	67	Individual	02:39:26	9'22"/km
178	1308	Horácio Teixeira	Male	153	M50	31	Fitness Palace	02:39:50	9'24"/km
179	1057	Francisco Moreira Ferreira	Male	154	M50	32	Descola	02:40:02	9'24"/km
180	1135	Jorge Pinto	Male	155	M40	56	Valongo Trail Team	02:41:02	9'28"/km
181	1139	António Sousa	Male	156	M40	57	Porto sentido runners	02:42:02	9'31"/km
182	1170	Nuno Miguel Queiroz Pereira	Male	157	SenM	68	TURBOKINGS2.0/ADANCEDE	02:46:14	9'46"/km
183	1054	Francisco Barros	Male	158	SenM	69	Karaté Gouveia	02:47:09	9'49"/km
184	1271	Marisa Doreta	Female	26	F40	11	Individual	02:47:32	9'51"/km
185	1348	Carla Moreira	Female	27	F40	12	Vila verde a correr	02:49:03	9'56"/km
186	1000	Emanuel Damaso	Male	159	SenM	70	NASA	02:49:21	9'57"/km
187	1324	António Gonçalves	Male	160	M50	33	A.D.Amarante Trail Running	02:49:38	9'58"/km
188	1197	Fernanda Leao	Female	28	F50	5	Nocturnos de Paredes	02:50:05	10'00"/km
189	1150	Diogo Damião Oliveira Loureiro	Male	161	SenM	71	Autistic Runners	02:50:27	10'01"/km
190	1312	Armindo Torres Lopes	Male	162	M50	34	ARC Vale S. Cosme	02:52:20	10'08"/km
191	1297	Isabel Fernandes	Female	29	F50	6	ARC Vale S. Cosme	02:52:26	10'08"/km
192	1180	Goreti Rocha	Female	30	F40	13	Tog Associação Running Team	02:52:32	10'09"/km
193	1182	Patricia Silva	Female	31	SenF	12	Tog Associação Running Team	02:52:33	10'09"/km
194	1116	Filipe Teixeira	Male	163	SenM	72		02:54:12	10'14"/km
195	1259	Lurdes Loureiro	Female	32	F40	14	Generosos Runners	02:54:20	10'15"/km
196	1123	Victor Manuel Rodrigues	Male	164	M50	35	RVD Trail	02:54:36	10'16"/km
197	1188	João Pedro Espincho Tavares	Male	165	SenM	73	Individual	02:54:56	10'17"/km
198	1140	Cidália Soares	Female	33	F40	15	Porto sentido runners	02:55:45	10'20"/km
199	1266	Sérgio Moura	Male	166	M40	58	ADC Santa Isabel Trail & Running	02:55:46	10'20"/km
200	1267	Andreia Moura	Female	34	F40	16	ADC Santa Isabel Trail & Running	02:55:47	10'20"/km
201	1234	Pedro Marinho	Male	167	SenM	74	Team Trail Bem Viver	02:56:02	10'21"/km
202	1060	Clarisse Pereira	Female	35	SenF	13	Individual	02:56:53	10'24"/km
203	1283	Ricardo Duarte	Male	168	SenM	75	javalis100limites	02:57:04	10'24"/km
204	1256	Marcelo Teixeira	Male	169	SenM	76	The Newbies	02:58:49	10'31"/km
205	1289	Sónia Monteiro	Female	36	SenF	14	javalis100limites	03:00:10	10'35"/km
206	1021	Carla Oliveira	Female	37	SenF	15	Individual	03:00:13	10'36"/km
207	1208	António Cardoso	Male	170	SenM	77	Individual	03:02:03	10'42"/km
208	1209	Paulo Monteiro	Male	171	M40	59	Individual	03:02:04	10'42"/km
209	1220	Liliana Vieira	Female	38	SenF	16	Individual	03:02:48	10'45"/km
210	1165	Sandra Ferreira Martins	Female	39	F40	17	Kemedo Team	03:04:03	10'49"/km
211	1118	Pedro Pereira	Male	172	M40	60	Individual	03:04:21	10'50"/km
212	1050	Maria Pacheco	Female	40	F40	18	Sem limites	03:06:41	10'58"/km

Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Tempo	Ritmo
213	1049	José Gonçalves	Male	173	M40	61	Sem limites	03:06:42	10'58"/km
214	1285	Tony Barbosa	Male	174	M40	62	javalis100limites	03:06:48	10'59"/km
215	1340	Paula Dias	Female	41	F50	7	Tokaandar	03:07:08	11'00"/km
216	1191	João Santana	Male	175	M50	36	Individual	03:07:54	11'03"/km
217	1109	Albano Coelho	Male	176	M40	63	A.D.Amarante Trail Running	03:08:06	11'03"/km
218	1187	Maria Cartaxo	Female	42	F40	19	Serra D'Aire Trail Team	03:09:21	11'08"/km
219	1005	Camila Manso	Female	43	F50	8	Pitecos	03:09:23	11'08"/km
220	1279	Leticia Costa	Female	44	SenF	17	Valongo Trail Team	03:09:34	11'09"/km
221	1033	Ana Paula Ferreira	Female	45	F40	20	Generosos Runners	03:10:05	11'10"/km
222	1042	Licinia Silva	Female	46	F40	21	DAPproduções	03:10:47	11'13"/km
223	1013	Paula Lopes	Female	47	F40	22	DAPproduções	03:10:52	11'13"/km
224	1104	Sandra Manuela Moreira Martins	Female	48	F40	23	Lusavouga CIDEP CSN Trail	03:11:12	11'14"/km
225	1156	Andreia Ribeiro	Female	49	F40	24	Boavista trail	03:11:51	11'17"/km
226	1224	Margarida Silva	Female	50	SenF	18	Nocturnos de Paredes	03:12:16	11'18"/km
227	1163	José Moura	Male	177	M40	64	Nocturnos de Paredes	03:13:18	11'22"/km
228	1200	Alfredo José Ribeiro Da Rocha	Male	178	M50	37	Individual	03:14:03	11'24"/km
229	1199	Ana Coelho	Female	51	SenF	19	Gaia-Running	03:15:16	11'29"/km
230	1314	Sara Mota	Female	52	SenF	20	AD MARCO 09	03:16:12	11'32"/km
231	1012	Ricardo Pinto	Male	179	M40	65	DAPproduções	03:16:49	11'34"/km
232	1080	José Joaquim Moreira Coelho	Male	180	M50	38	DAPproduções	03:16:49	11'34"/km
233	1320	Margarida Brás	Female	53	F40	25	A.D.Amarante Trail Running	03:17:58	11'38"/km
234	1329	Luis Mendes	Male	181	SenM	78	A.D.Amarante Trail Running	03:17:59	11'38"/km
235	1161	José Correia	Male	182	M40	66	Nocturnos de Paredes	03:18:11	11'39"/km
236	1162	Eva Moreira	Female	54	SenF	21	Nocturnos de Paredes	03:18:11	11'39"/km
237	1131	Vera Sousa	Female	55	F40	26	Individual	03:18:55	11'42"/km
238	1009	Rosa Leal	Female	56	SenF	22	Paços Runners	03:21:01	11'49"/km
239	1294	Fernando Platinas	Male	183	M40	67	Generosos Runners	03:24:18	12'01"/km
240	1332	Liliana Figueiredo	Female	57	SenF	23	A.D.Amarante Trail Running	03:24:36	12'02"/km
241	1331	Marco Nunes	Male	184	M40	68	A.D.Amarante Trail Running	03:24:37	12'02"/km
242	1233	Eva Palmira Couto Moreira	Female	58	F40	27	Team Trail Bem Viver	03:24:39	12'02"/km
243	1136	Abilio Neves	Male	185	M50	39	Individual	03:25:37	12'05"/km
244	1288	Diana Sousa	Female	59	SenF	24	javalis100limites	03:25:58	12'06"/km
245	1287	Vitor Maia	Male	186	SenM	79	javalis100limites	03:26:00	12'07"/km
246	1030	Rodrigo Ferraz	Male	187	M50	40	Generosos Runners	03:26:36	12'09"/km
247	1246	Rui Miguel Vilarinho Justo	Male	188	SenM	80	RVD Trail	03:28:30	12'15"/km
248	1286	Carla Pereira	Female	60	SenF	25	javalis100limites	03:28:35	12'16"/km
249	1106	Cristiana Sá Da Costa	Female	61	SenF	26	DAPproduções	03:29:35	12'19"/km
250	1143	Zélia Sousa	Female	62	F50	9	DAPproduções	03:29:37	12'19"/km
251	1306	Flávio Carvalho	Male	189	SenM	81	Fitness Palace	03:32:18	12'29"/km
252	1305	Manuela Aguiar	Female	63	F50	10	Fitness Palace	03:32:19	12'29"/km
253	1048	Amália Monteiro	Female	64	F50	11	Nova Linha Trail Runners	03:36:40	12'44"/km
254	1307	Manuel Couto	Male	190	M40	69	Fitness Palace	03:38:33	12'51"/km
255	1301	Sandra Rocha	Female	65	SenF	27	Fitness Palace	03:38:37	12'51"/km
256	1124	Diogo Albano Mendes Soares	Male	191	SenM	82	RVD Trail	03:45:14	13'14"/km
257	1284	Cristina Duarte	Female	66	F40	28	javalis100limites	03:52:37	13'41"/km

Distancia: 17000

Pos	Dorsal	Nome	Sexo Pos	Cat Pos	Equipa	Tempo	Ritmo
258	1247	Mariana Brás Alves	Female 67	SenF 28	RVD Trail	03:58:49	14'02"/km
259	1129	Gorete Orquidea Teixeira Monteiro	Female 68	SenF 29	RVD Trail	04:00:01	14'07"/km
260	1125	Fernando Santos	Male 192	M40 70	Individual	04:07:38	14'34"/km
261	1056	Manuel Silva	Male 193	M50 41	Pk56	04:13:40	14'55"/km
262	177	Rui Almeida	Male 194	M50 42	Team Shark	04:16:14	15'04"/km