

Pos.	Name	Bib	Club	Time
Geral				
1	Nelson Loureiro	1031	OPraticante.pt	01:25:14
2	João Ribeiro	1265	NUTRILOJA ORALKLASS ATAD	01:30:01
3	Luciano Manuel Silva Pereira	1130	HabCarpintaria	01:30:36
GeralM				
1	Nelson Loureiro	1031	OPraticante.pt	01:25:14
2	João Ribeiro	1265	NUTRILOJA ORALKLASS ATAD	01:30:01
3	Luciano Manuel Silva Pereira	1130	HabCarpintaria	01:30:36
GeralF				
1	Célia Neto	1128	OPraticante.pt	01:55:05
2	Andreia Almeida	1222	Furfor Running Project	02:05:50
3	Lucília Resende	1230	Gaia-Running	02:10:23
SeniorM				
1	João Ribeiro	1265	NUTRILOJA ORALKLASS ATAD	01:30:01
2	Tiago Pinto	1167	Individual	01:31:39
3	Pedro Vieira	1229	Endovelico Trail Team	01:34:20
SeniorF				
1	Célia Neto	1128	OPraticante.pt	01:55:05
2	Andreia Almeida	1222	Furfor Running Project	02:05:50
3	Kosta karas	1178	Individual	02:20:51
Veterano M40				
1	Nelson Loureiro	1031	OPraticante.pt	01:25:14
2	Luciano Manuel Silva Pereira	1130	HabCarpintaria	01:30:36
3	Carlos Manuel Sousa Monteiro	1262	Individual	01:36:37
veterano F40				
1	Lucília Resende	1230	Gaia-Running	02:10:23
2	Alice Pereira	1325	A.D.Amarante Trail Running	02:14:20
3	Célia Silva	1316	A.D.Amarante Trail Running	02:19:02
Veterano M50				
1	Agostinho Carneiro	1168	AD MARCO 09	01:39:10
2	Sérgio Martins	1147	Duo trail	01:50:47
3	Jose Oliveira	1160	Petro Basto	01:54:58
Veterano F50				
1	Clara Carvalho	1322	A.D.Amarante Trail Running	02:24:36
2	Ana Maria Magalhaes	1078	Team Shark	02:25:29
3	Martinha Alves	1206	Nós Acreditamos Run Team	02:27:29