



Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Int 1	Int 2	Segmento	Tempo	Ritmo
1	200	Dário Moitoso	Male	1	SenM	1	Individual	01:15:13	01:28:56	00:13:42	01:51:31	5'34"/km
2	448	Rodrigo Vieira	Male	2	S23M	1	Morcegos Trail	01:34:18	01:52:28	00:18:09	02:18:35	6'55"/km
3	261	Pedro Milhomens	Male	3	SenM	2	CDOL - Clube Desportivo Operário de Lagoa	01:42:35	02:03:04	00:20:29	02:34:07	7'42"/km
4	459	Luís Mendonça	Male	4	M50	1	Morcegos Trail	01:44:35	02:05:59	00:21:23	02:34:55	7'44"/km
5	455	José Braga	Male	5	M40	1	Morcegos Trail	01:44:33	02:05:55	00:21:22	02:36:35	7'49"/km
6	461	Rogério Brandão	Male	6	M50	2	Morcegos Trail	01:44:36	02:06:33	00:21:57	02:36:49	7'50"/km
7	317	João Cabral	Male	7	SenM	3	HL Runners Club	01:42:35	02:06:01	00:23:25	02:38:21	7'55"/km
8	226	Carlos Mesquita	Male	8	M50	3	Algarunners	01:48:55	02:11:57	00:23:02	02:42:15	8'06"/km
9	265	Paulo Azevedo	Male	9	M40	2	CDOL - Clube Desportivo Operário de Lagoa	01:47:40	02:10:55	00:23:15	02:43:04	8'09"/km
10	458	Renato Medeiros	Male	10	M40	3	Morcegos Trail	01:48:22	02:10:40	00:22:18	02:43:23	8'10"/km
11	339	André Arruda	Male	11	SenM	4	Clube Desportivo de Vila Franca	01:47:09	02:11:39	00:24:29	02:45:16	8'15"/km
12	275	Marco Batista	Male	12	SenM	5	Clube Desportivo de Vila Franca	01:50:45	02:14:35	00:23:49	02:45:51	8'17"/km
13	456	Mário Leitão	Male	13	M40	4	Morcegos Trail	01:46:54	02:12:55	00:26:00	02:46:21	8'19"/km
14	452	Carlos Antão	Male	14	M40	5	Morcegos Trail	01:55:30	02:17:24	00:21:54	02:49:19	8'27"/km
15	228	Maria Silva	Female	1	F40	1	Atlético Desportivo de São Pedro	01:53:06	02:17:42	00:24:35	02:49:29	8'28"/km
16	364	Ruben Medeiros	Male	15	SenM	6	Individual	01:52:31	02:19:07	00:26:36	02:54:49	8'44"/km
17	414	Paulo Dinis	Male	16	M40	6	Individual	01:56:44	02:22:15	00:25:31	02:56:53	8'50"/km
18	279	Rui Simas Santos	Male	17	SenM	7	Clube Desportivo de Vila Franca	01:56:35	02:23:07	00:26:32	03:01:09	9'03"/km
19	397	Dani Pardal	Male	18	M40	7	Individual	02:03:18	02:27:26	00:24:08	03:03:05	9'09"/km
20	297	Bruno Oliveira	Male	19	SenM	8	FUN&FIT Training	02:01:55	02:26:48	00:24:53	03:04:14	9'12"/km
21	230	Ricardo Martins	Male	20	M40	8	Atlético Desportivo de São Pedro	01:58:49	02:25:36	00:26:47	03:05:30	9'16"/km
22	207	João Viana	Male	21	SenM	9	#Letsrunazores	02:00:54	02:27:32	00:26:37	03:06:22	9'19"/km
23	371	Tiago Rodrigues	Male	22	SenM	10	Individual	02:07:27	02:31:45	00:24:18	03:06:35	9'19"/km
24	404	Hélder Fortuna	Male	23	M40	9	Individual	02:09:55	02:33:22	00:23:27	03:08:57	9'26"/km
25	231	Carlos Tavares	Male	24	M50	4	Atlético Desportivo de São Pedro	02:06:20	02:32:43	00:26:23	03:09:15	9'27"/km
26	415	Pedro Conceição	Male	25	M40	10	Individual	01:54:20	02:33:22	00:39:01	03:09:49	9'29"/km
27	305	Tiberio Cabral	Male	26	SenM	11	FUN&FIT Training	02:00:58	02:26:58	00:25:59	03:09:50	9'29"/km
28	411	Nuno Ferreira	Male	27	M40	11	CAPGO	02:09:56	02:33:39	00:23:43	03:10:19	9'30"/km
29	301	Manuel Pacheco	Male	28	SenM	12	FUN&FIT Training	02:04:37	02:32:11	00:27:33	03:12:03	9'36"/km
30	403	Flávio	Male	29	M40	12	Individual	02:07:29	02:34:00	00:26:31	03:12:29	9'37"/km
31	468	Diogo Silva	Male	30	SenM	13	RG2	02:05:57	02:34:01	00:28:03	03:12:55	9'38"/km
32	222	Paulo Alves	Male	31	M40	13	Active Clube Funcional	02:03:28	02:33:42	00:30:13	03:12:57	9'38"/km
33	450	Cidália Dutra	Female	2	F40	2	Morcegos Trail	02:10:44	02:37:13	00:26:28	03:13:34	9'40"/km
34	463	Luís Figueiredo	Male	32	SenM	14	O Mundo da Corrida	02:10:34	02:37:01	00:26:27	03:14:43	9'44"/km
35	257	Vanessa Duarte	Female	3	SenF	1	CDOL - Clube Desportivo Operário de Lagoa	02:08:10	02:36:34	00:28:23	03:14:44	9'44"/km
36	447	Marco Molha	Male	33	SenM	15	Morcegos Trail	02:08:50	02:36:06	00:27:16	03:16:00	9'48"/km
37	451	Beatriz Vieira	Female	4	F50	1	Morcegos Trail	02:12:32	02:40:08	00:27:36	03:17:28	9'52"/km
38	262	Carlos Domingues	Male	34	M40	14	CDOL - Clube Desportivo Operário de Lagoa	01:59:14	02:39:43	00:40:29	03:17:34	9'52"/km



Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Int 1	Int 2	Segmento	Tempo	Ritmo
39	312	Mário Sousa	Male	35	SenM	16	GRUPO DESPORTIVO DE SÃO VICENTE FERREIRA	02:04:51	02:35:42	00:30:50	03:17:59	9'53"/km
40	308	Isabel Parreiral	Female	5	F40	3	GEAR UP	02:10:47	02:38:38	00:27:51	03:18:27	9'55"/km
41	291	Ricardo Faria	Male	36	M40	15	Clube Desportivo Novo Banco dos Açores	02:07:33	02:37:32	00:29:59	03:20:23	10'01"/km
42	444	Joana Bettencourt	Female	6	SenF	2	Morcegos Trail	02:18:02	02:46:07	00:28:04	03:20:52	10'02"/km
43	396	Bruno Gonçalves	Male	37	M40	16	Individual	02:15:53	02:45:05	00:29:11	03:21:25	10'04"/km
44	274	Elson Resendes	Male	38	SenM	17	Clube Desportivo de Vila Franca	02:14:22	02:40:40	00:26:17	03:21:56	10'05"/km
45	296	Vitor Rego	Male	39	SenM	18	CrossFit PDL	02:07:34	02:38:43	00:31:08	03:22:11	10'06"/km
46	466	Belmiro Parada	Male	40	M40	17	Patrulha Pata	02:16:46	02:45:22	00:28:36	03:22:28	10'07"/km
47	380	Ana Pascoal	Female	7	F40	4	Active Clube Funcional	02:13:01	02:42:19	00:29:18	03:22:40	10'08"/km
48	472	Vitor Barreto	Male	41	SenM	19	RG2	02:06:20	02:36:01	00:29:40	03:24:19	10'12"/km
49	454	João Furtado	Male	42	M40	18	Morcegos Trail	02:13:54	02:46:23	00:32:28	03:25:37	10'16"/km
50	347	Joao Oliveira	Male	43	SenM	20	Individual	02:05:56	02:35:39	00:29:43	03:26:59	10'21"/km
51	206	Fabiano Sousa	Male	44	SenM	21	#Letsrunazores	02:18:30	02:47:44	00:29:14	03:28:02	10'24"/km
52	270	Melissa Custódio	Female	8	SenF	3	Clube Desportivo de Vila Franca	02:18:29	02:47:44	00:29:15	03:29:30	10'28"/km
53	469	João Ferreira	Male	45	SenM	22	RG2	02:14:11	02:45:07	00:30:56	03:29:39	10'28"/km
54	295	João Laia	Male	46	SenM	23	CrossFit PDL	02:16:06	02:47:52	00:31:46	03:31:42	10'35"/km
55	303	Mário Melo	Male	47	SenM	24	FUN&FIT Training	02:16:03	02:49:00	00:32:57	03:32:10	10'36"/km
56	350	João Vital	Male	48	SenM	25	Individual	02:16:34	02:47:53	00:31:18	03:33:07	10'39"/km
57	314	Pedro Gouveia	Male	49	M40	19	Grupo Desportivo Fidelidade	02:19:42	02:49:55	00:30:12	03:33:10	10'39"/km
58	376	Ana Simões	Female	9	F40	5	Individual	02:21:55	02:53:13	00:31:18	03:35:07	10'45"/km
59	335	Olga Piatko	Female	10	SenF	4	Individual	02:20:30	02:53:06	00:32:36	03:36:25	10'49"/km
60	212	Maria Martins	Female	11	F50	2	#Letsrunazores	02:23:18	02:54:49	00:31:30	03:37:07	10'51"/km
61	286	Nuno Martins	Male	50	M40	20	Clube Desportivo de Vila Franca	02:27:41	02:57:05	00:29:24	03:38:03	10'54"/km
62	394	Eugénia Izaias	Female	12	F50	3	Individual	02:13:26	02:45:34	00:32:07	03:38:29	10'55"/km
63	368	Rui Teixeira	Male	51	SenM	26	Individual	02:23:11	02:54:51	00:31:39	03:39:58	10'59"/km
64	439	Carlospíns	Male	52	M40	21	JIV - Juventude Ilha Verde	02:22:48	02:51:44	00:28:56	03:41:01	11'03"/km
65	423	Fernando Soares	Male	53	M50	5	Individual	02:18:32	02:52:39	00:34:06	03:41:33	11'04"/km
66	384	Helena Mendonça	Female	13	F40	6	Individual	02:24:29	02:57:13	00:32:43	03:41:38	11'04"/km
67	406	Luís Quadros	Male	54	M40	22	Individual	02:27:26	02:59:13	00:31:47	03:42:58	11'08"/km
68	227	Ana Rico	Female	14	F40	7	Atlético Desportivo de São Pedro	02:24:42	02:58:30	00:33:47	03:43:05	11'09"/km
69	252	Filipe Correia	Male	55	M40	23	CAL - Clínica do Aparelho Locomotor	02:22:30	02:57:15	00:34:45	03:44:02	11'12"/km
70	266	Alexandre Fontes	Male	56	SenM	27	Clube Desportivo de Santo Espírito - SMA	02:25:59	02:58:11	00:32:12	03:47:17	11'21"/km
71	418	Rui Amaral	Male	57	M40	24	Individual	02:28:51	03:01:29	00:32:37	03:47:56	11'23"/km
72	435	Sandra Gomes	Female	15	F40	8	JIV - Juventude Ilha Verde	02:31:28	03:04:23	00:32:55	03:48:14	11'24"/km
73	409	Miguel Fernandes	Male	58	M40	25	Individual	02:34:21	03:04:40	00:30:18	03:49:54	11'29"/km
74	385	Marília Azevedo	Female	16	F40	9	Individual	02:31:44	03:04:42	00:32:57	03:51:44	11'35"/km
75	427	José Borracha	Male	59	M50	6	Individual	02:34:50	03:07:57	00:33:07	03:54:28	11'43"/km
76	442	Bruno Pereira	Male	60	M40	26	Milhafres	02:23:55	02:56:17	00:32:22	03:54:36	11'43"/km
77	470	Ricardo Farinha	Male	61	SenM	28	RG2	02:28:29	03:01:30	00:33:00	03:55:31	11'46"/km
78	211	Susana Medeiros	Female	17	F40	10	#Letsrunazores	02:34:47	03:10:41	00:35:54	03:56:01	11'48"/km



Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Int 1	Int 2	Segmento	Tempo	Ritmo
79	365	Rúben Sousa	Male	62	SenM	29	Individual	02:24:10	02:58:03	00:33:53	03:56:27	11'49"/km
80	221	Sónia César	Female	18	F40	11	Active Clube Funcional	02:36:18	03:10:11	00:33:53	03:56:59	11'50"/km
81	233	Luís Santos	Male	63	M40	27	Caf Run Team	02:36:08	03:10:19	00:34:10	03:57:04	11'51"/km
82	460	Ricardo Costa	Male	64	M50	7	Morcegos Trail	02:29:25	03:04:45	00:35:19	03:57:40	11'53"/km
83	343	Filipe Paiva	Male	65	SenM	30	Individual	02:30:15	03:02:13	00:31:57	03:57:57	11'53"/km
84	381	Cláudia Pereira	Female	19	F40	12	Individual	02:34:43	03:11:03	00:36:19	03:59:18	11'57"/km
85	457	Paulo Branco	Male	66	M40	28	Morcegos Trail	02:29:48	03:08:43	00:38:55	03:59:18	11'57"/km
86	217	Francisco Faria	Male	67	M40	29	#Letsrunazores	02:34:38	03:09:13	00:34:34	04:00:15	12'00"/km
87	323	Andreia Machado	Female	20	SenF	5	Individual	02:42:02	03:18:46	00:36:44	04:01:29	12'04"/km
88	311	Nuno Alves	Male	68	M40	30	GEAR UP	02:32:24	03:09:41	00:37:16	04:01:50	12'05"/km
89	436	Sandra Melo	Female	21	F40	13	JIV - Juventude Ilha Verde	02:35:13	03:11:40	00:36:27	04:03:25	12'10"/km
90	425	Jorge Coelho	Male	69	M50	8	Individual	02:44:56	03:15:56	00:31:00	04:04:09	12'12"/km
91	422	Eduardo Rego	Male	70	M50	9	Individual	02:31:08	03:04:47	00:33:39	04:05:08	12'15"/km
92	232	Susana Barbeitos	Female	22	F40	14	Caf Run Team	02:35:44	03:08:07	00:32:23	04:06:27	12'19"/km
93	360	Nuno Ouro	Male	71	SenM	31	Individual	02:36:18	03:13:18	00:37:00	04:06:50	12'20"/km
94	430	Anabela Guerra	Female	23	SenF	6	JIV - Juventude Ilha Verde	02:44:01	03:17:37	00:33:35	04:07:13	12'21"/km
95	287	Emanuel Santos	Male	72	M50	10	Clube Desportivo de Vila Franca	02:38:26	03:17:25	00:38:58	04:07:58	12'23"/km
96	474	José Neto	Male	73	S23M	2	RG2	02:44:14	03:17:37	00:33:23	04:08:28	12'25"/km
97	378	Ana Almeida	Female	24	F40	15	Active Clube Funcional	02:42:26	03:19:00	00:36:34	04:08:29	12'25"/km
98	471	Rodrigo Cruz	Male	74	SenM	32	RG2	02:44:15	03:17:44	00:33:29	04:08:31	12'25"/km
99	473	Mariana Fidalgo	Female	25	S23F	1	RG2	02:43:41	03:17:38	00:33:56	04:08:32	12'25"/km
100	433	Ana Lousão	Female	26	F40	16	JIV - Juventude Ilha Verde	02:43:35	03:17:47	00:34:12	04:08:49	12'26"/km
101	428	Luís Machado	Male	75	M50	11	Individual	02:47:47	03:24:36	00:36:48	04:11:25	12'34"/km
102	313	Ricardo Botelho	Male	76	SenM	33	GRUPO DESPORTIVO DE SÃO VICENTE FERREIRA	02:38:00	03:16:00	00:38:00	04:11:37	12'34"/km
103	240	Lília Almeida	Female	27	SenF	7	CAL - Clínica do Aparelho Locomotor	02:43:57	03:21:58	00:38:00	04:13:56	12'41"/km
104	438	Carlos Alves	Male	77	M40	31	JIV - Juventude Ilha Verde	02:45:58	03:23:24	00:37:25	04:14:38	12'43"/km
105	285	Marco Correia	Male	78	M40	32	Clube Desportivo de Vila Franca	02:45:55	03:24:35	00:38:39	04:16:30	12'49"/km
106	246	Abel Alves	Male	79	SenM	34	CAL - Clínica do Aparelho Locomotor	02:24:52	03:03:57	00:39:04	04:16:39	12'49"/km
107	210	Raquel Borges	Female	28	F40	17	#Letsrunazores	02:54:03	03:31:10	00:37:06	04:17:48	12'53"/km
108	253	Luís Cabral	Male	80	M40	33	CAL - Clínica do Aparelho Locomotor	02:48:45	03:23:56	00:35:11	04:18:13	12'54"/km
109	300	Diogo Gomes	Male	81	SenM	35	FUN&FIT Training	02:46:53	03:24:12	00:37:18	04:18:24	12'55"/km
110	449	Ana Gaspar	Female	29	F40	18	Morcegos Trail	02:56:29	03:34:25	00:37:56	04:21:15	13'03"/km
111	254	Ricardo Rodrigues	Male	82	M40	34	CAL - Clínica do Aparelho Locomotor	02:48:53	03:27:13	00:38:19	04:22:12	13'06"/km
112	204	Raquel Ferreira	Female	30	SenF	8	#Letsrunazores	02:54:02	03:30:32	00:36:29	04:23:24	13'10"/km
113	349	João Frias	Male	83	SenM	36	Individual	02:46:57	03:23:59	00:37:02	04:25:32	13'16"/km
114	331	Manuela Cunha	Female	31	SenF	9	Individual	02:43:56	03:23:16	00:39:19	04:25:36	13'16"/km
115	250	Ana Rego	Female	32	F40	19	CAL - Clínica do Aparelho Locomotor	02:53:52	03:29:55	00:36:03	04:27:37	13'22"/km
116	237	Ana Galvão	Female	33	SenF	10	CAL - Clínica do Aparelho Locomotor	02:53:57	03:29:27	00:35:30	04:27:39	13'22"/km
117	220	Filipe Fernandes	Male	84	M40	35	ACM-A	02:49:52	03:30:12	00:40:20	04:31:31	13'34"/km
118	203	Marlene Arruda	Female	34	SenF	11	#Letsrunazores	02:57:11	03:37:50	00:40:39	04:34:01	13'42"/km



Pos	Dorsal	Nome	Sexo	Pos	Cat	Pos	Equipa	Int 1	Int 2	Segmento	Tempo	Ritmo
119	338	Vera Amaral	Female	35	SenF	12	Individual	02:56:58	03:37:51	00:40:53	04:34:02	13'42"/km
120	387	Paula Cabral	Female	36	F40	20	Individual	02:56:06	03:35:58	00:39:52	04:36:25	13'49"/km
121	319	Laudelina Amaral	Female	37	F50	4	HL Runners Club	03:04:42	03:44:37	00:39:55	04:37:54	13'53"/km
122	320	João Câmara	Male	85	M40	36	HL Runners Club	03:10:00	03:44:46	00:34:45	04:37:57	13'53"/km
123	256	Beatriz Esteves	Female	38	SenF	13	CDOL - Clube Desportivo Operário de Lagoa	03:19:27	03:55:48	00:36:21	04:42:42	14'08"/km
124	346	Henrique Figueiredo	Male	86	SenM	37	Individual	02:56:13	03:39:44	00:43:31	04:43:46	14'11"/km
125	269	Katherine Resendes	Female	39	SenF	14	Clube Desportivo de Vila Franca	03:02:15	03:44:05	00:41:50	04:46:19	14'18"/km